



## **MEMBERS CODE OF CONDUCT**



# MANX POWERLIFTING ASSOCIATION – MEMBERS CODE OF CONDUCT

## Objective

The Manx Powerlifting Association is committed to promoting fair play, sportsmanship, and a positive environment within the powerlifting community. This document sets out the expected behaviour and ethical standards for all members of the Manx Powerlifting Association.

This Code of Conduct is in addition to the rules and regulations set forth in the Constitution and By Laws.

## Terminology

For the purpose of this document, MPA refers to Manx Powerlifting Association and BP refers to British Powerlifting.

## Compliance

All MPA members must comply with these rules whilst taking part in training sessions, competitions, or other group activities. Complaints about any members will be fully investigated which may result in disciplinary action being taken, which could include temporary or permanent bans being put in place.

All members must comply with the rules, regulations and policies set forth by the MPA and BP and follow instructions from authorised personnel of either organisation. Ignorance of the rules is not an excuse for non-compliance.

## Respect

MPA are committed to following the BP Equality & Diversity policy.

Members shall treat everyone with respect, regardless of age, gender, race, ethnicity, sexual orientation, religion, ability, or role or position within MPA. Harassment, discrimination, or any form of disrespectful behaviour towards others will not be tolerated and may be subject to disciplinary action.

Members shall respect the decisions made by MPA and/or BP officials and referees.

## Sportsmanship

Members shall always demonstrate good sportsmanship, both on and off the platform, and encourage others to do the same. This includes showing respect for officials, volunteers, and fellow competitors.

## Fair Play

All members are expected to compete within the rules and spirit of the sport. Cheating, doping, or any form of unfair advantage is strictly prohibited.

## Positive Attitude

All members shall maintain a positive attitude, promote a positive atmosphere, and support fellow lifters in their endeavours both on and off the platform.

## Integrity

Members shall act with integrity both within and outside of the competition setting. Any form of dishonesty, including lying, false accusations, theft, or unauthorized access to information, is unacceptable.

## Ethical Conduct

Members are expected to adhere to ethical conduct standards both within and outside of competitions, upholding the integrity of the sport.

## Anti-Doping Compliance

Members are required to abide by and comply with the anti-doping policies of British Powerlifting and relevant international anti-doping regulations. The use of banned substances or methods is strictly prohibited.

## Safety

Members shall prioritise the safety of themselves and others during training and competitions. Use appropriate equipment and report any unsafe conditions to officials.

Members understand that in order to provide safety, there may at times be a need for physical contact. If this is felt to be inappropriate, concerns should be raised with the DSC at [dsc@manxpowerlifting.gmail.com](mailto:dsc@manxpowerlifting.gmail.com)

## Co-Operation

Members are expected to collaborate and co-operate with MPA officials, coaches, and fellow members to foster a sense of unity and community.

## Conflict Resolution

Members shall handle conflicts and disagreements in a respectful and constructive manner, seeking resolution through appropriate channels either through MPA or BP.

## Privacy and Consent

Members shall respect the privacy and consent of others, obtaining necessary permissions before sharing any personal information or media, including posts on social media.

## Representation

When representing the MPA, members are expected to uphold the organisation's reputation and values through positive behaviour and conduct.

## Volunteering

Members should contribute to the growth of powerlifting by volunteering time, skills, or resources to support MPA activities and events, including competitions and fundraising events.

## Inclusivity

Members shall embrace diversity and inclusivity, treating all individuals equally and creating an environment free from discrimination.

## Social Media Use

Members shall exercise responsible and respectful behaviour on social media platforms when discussing or representing the MPA or any affiliated clubs. The bringing of the sport or MPA into disrepute by means of comments, published articles, TV or radio broadcasts or posts on social media will not be tolerated.

## Reporting Violations

Members who witness violations of this Code of Conduct should report them to MPA. The organisation is committed to addressing and resolving such issues promptly and fairly.

## Consequences of Non-Compliance

Violations of this Code of Conduct may result in disciplinary action, including, but not limited to warnings, suspension, or expulsion from MPA as outlined in MPA policies.

## Conclusion

By becoming a member of the MPA, individuals commit to upholding the principles outlined in this Code of Conduct, fostering a culture of respect, integrity, positivity, and excellence within the powerlifting community.

This Code of Conduct helps maintain the MPA's reputation and contributes to the overall positive experience for all participants.

**This policy will be reviewed annually.**