



NATIONAL AND INTERNATIONAL COMPETITION SELECTION POLICY 2024

Amendment Record

DATE	AMENDMENT	APPROVED BY
28/01/2024	First issue	Inaugural meeting

MANX POWERLIFTING ASSOCIATION – SELECTION POLICY

Objective

This document sets out the process and requirements for selection to compete at the Home Nations or Commonwealth Powerlifting Championships as part of the Manx Powerlifting team.

Manx Powerlifting Association does not believe it is in their best interests to be wholly quantitative in its selection process. Whilst rankings and medal performance during international competitions are the priority for the selection process, there are other components that make a team when traveling internationally, which this selection criterion seeks to reflect.

Terminology

For the purpose of this document, MPA refers to Manx Powerlifting Association and BP refers to British Powerlifting.

Home Nations Team Selection

The Home Nations competition scoring is based on the total Good Lift Points (GLP) for each team.

Home Nations teams are maximum 12 lifters, consisting of up to 6 male and up to 6 female lifters.

MPA Home Nations team selection criteria is as follows:

- Selection application will open 6 months prior to the competition date.
- Lifters who have competed in a Manx Powerlifting competition in the 12 months prior to the Home Nations competition date are eligible to express their interest personally through email to manxpowerlifting@gmail.com.
- Lifters who have not competed in a Manx Powerlifting competition in the 12 months prior to the Home Nations competition date, but have been granted dispensation by the executive committee are eligible to express their interest personally through email to manxpowerlifting@gmail.com.
- Lifters who express interest will be added to a pool of potential entrants with conditional offers. Lifters can request to be removed from the pool at any time.
- The conditional offer provides a temporary time frame where those in the pool are considered within the selection process. During this time potential performance, dedication and progress within Manx Powerlifting, the sport of powerlifting and its ethos on the Isle of Man will be monitored.
- The head coach will liaise with the executive committee and external advisors during selection. The decision of the head coach and executive committee will be final.
- Formal offers will follow.

Commonwealth Powerlifting Championships Team Selection

The MPA has two aims at the Commonwealth Powerlifting Championships:

1. To achieve the highest possible placings at the competition.
2. Provide opportunities for talented athletes who have the potential to compete internationally.

MPA Commonwealth Powerlifting Championships team selection will be in three stages:

Stage 1 – September 2023

- Lifters who have competed in the 2023 Manx Powerlifting Championships are eligible to express their interest personally through email to manxpowerlifting@gmail.com.
- Lifters who have not competed in the 2023 Manx Powerlifting championships, but have been granted dispensation by the executive committee are eligible to express their interest personally through email to manxpowerlifting@gmail.com.
- Lifters who express interest will be added to a pool of potential entrants with conditional offers. Lifters can request to be removed from the pool at any time.
- The conditional offer provides a temporary time frame where those in the pool are considered within the selection process. During this time potential performance, dedication and progress within Manx Powerlifting, the sport of powerlifting and its ethos on the Isle of Man will be monitored. Official offers will be made during stage 2.

Stage 2 – April 2024

- Those lifters who are deemed competitive in the Commonwealth team will be considered and provided with an official offer to compete within the team.
- Competitiveness in the Commonwealth team is determined by each athlete's potential to earn points / medals for Manx Powerlifting at the Commonwealth Championships.

Stage 3 – Summer 2024

- Any remaining spaces will be filled. These may include those who missed earlier stages, are new to MPA or those deemed to be an asset to the team by the head coach.
- The head coach will liaise with the executive committee and external advisors during selection. The decision of the head coach and executive committee will be final.

Additional Criterion

In addition to the specific selection criteria for each international competition, the following also apply:

- Lifters must possess a valid and active MPA membership at the time of selection.
- Lifters must have competed in a Manx Powerlifting Competition in the 12 months prior to the start of the International competition that they have been selected for.
- Lifters must not be serving any bans or suspensions imposed by the MPA or any other powerlifting or tested organisation.
- Lifters must not be under investigation with MPA or any other powerlifting or tested organisation.
- Lifters must comply with MPA's anti-doping regulations and any relevant drug testing requirements.
- [Article 14](#) of the Constitution of the International Powerlifting Federation applies. Accordingly, lifters who have competed internationally in a non-WADA compliant powerlifting event shall not be permitted to take part in any IPF international, regional, or national event for a period of 12 months from the date of that non-approved event and will therefore be ineligible for selection. Additionally, lifters competing in any competition or event which is organised by a Sporting Body, Federation or Organisation that has not received recognition from the World Anti-Doping Agency and is thus non-compliant with the Code and International standards shall not be permitted to take part in an authorised National or International Powerlifting or Bench Press event for a period of 12 months from the date of the last non-compliant event.
- Lifters must be physically fit and healthy and capable of performing their best during the event.
- Lifters must adhere to the MPA's Members Code of Conduct and ethics both in and out of competitions.
- Lifters must exhibit sportsmanship, fairness, and integrity in all interactions related to powerlifting.
- Lifters must promptly respond to MPA communication and be available for team meetings, practice and events.
- Lifters who have actively supported the growth and development of powerlifting on the Isle of Man, such as volunteering, coaching, or refereeing, may receive favourable consideration.

Transparency

Selection criteria and rationale behind decisions will be communicated clearly to all applicants.

Head coach makes recommendations to the committee who approve.

Equal Opportunity

Selection process will ensure equal opportunity for all eligible lifters regardless of gender, age, or background.

These criteria are subject to change and may vary depending on the MPA's Policies and Regulations.

These criteria will be reviewed annually.