

2025 MEASLES UPDATE

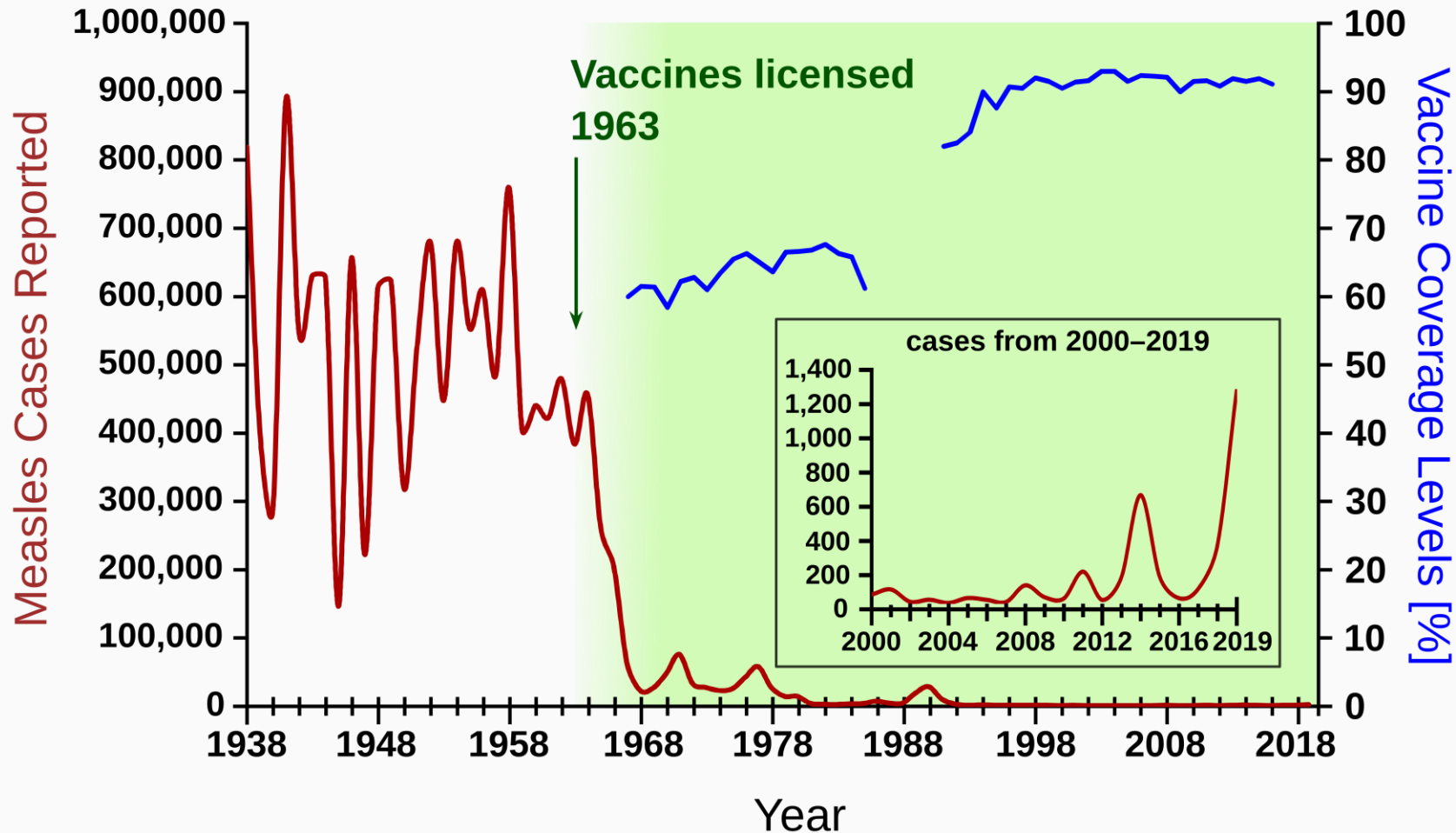
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Measles

IT ISN'T JUST A LITTLE RASH

Measles cases in the United States, 1938–2019



US Measles History

1912 – Notifiable condition w/ 6000 deaths per year

1963 – Vaccine is available

2000 – WHO declares measles eradicated in the US

MEASLES



is **highly contagious** and spreads through the air when an infected person **coughs or sneezes**.



It is so contagious that if one person has it, **9 out of 10 people** of all ages around him or her will also become infected if they are not protected.

Measles is HIGHLY CONTAGIOUS!

Signs and Symptoms

Measles

IT ISN'T JUST A LITTLE RASH



Measles can be dangerous, especially for babies and young children.

MEASLES SYMPTOMS TYPICALLY INCLUDE

- High fever (may spike to more than 104° F)
- Cough
- Runny nose
- Red, watery eyes
- Rash breaks out 3-5 days after symptoms begin



Two doses of the MMR vaccine are recommended by doctors as the best way to protect against measles, mumps, and rubella.

Children may get 2 doses of MMRV vaccine instead.

MMR & MMRV vaccines usually protect people for life against measles and rubella; but immunity against mumps may decrease over time.

One dose of MMR vaccine is:

- 93% effective against measles
- 72% effective against mumps
- 97% effective against rubella

Two doses of MMR vaccine are:

- 97% effective against measles
- 86% effective against mumps

Vaccination Recommendations

Current Measles Outbreaks

As of March 20, 2025, a total of 378 confirmed measles cases were reported by 18 jurisdictions: Alaska, California, Florida, Georgia, Kansas, Kentucky, Maryland, Michigan, New Jersey, New Mexico, New York City, New York State, Ohio, Pennsylvania, Rhode Island, Texas, Vermont, and Washington.

U.S. Cases in 2025

Total cases

378

Age

Under 5 years: **124 (33%)**

5-19 years: **159 (42%)**

20+ years: **86 (23%)**

Age unknown: **9 (2%)**

Vaccination Status

Unvaccinated or Unknown: **95%**

One MMR dose: **3%**

Two MMR doses: **2%**

U.S. Hospitalizations in 2025

17%

17% of cases hospitalized (64 of 378).

Percent of Age Group Hospitalized

Under 5 years: **27% (34 of 124)**

5-19 years: **11% (18 of 159)**

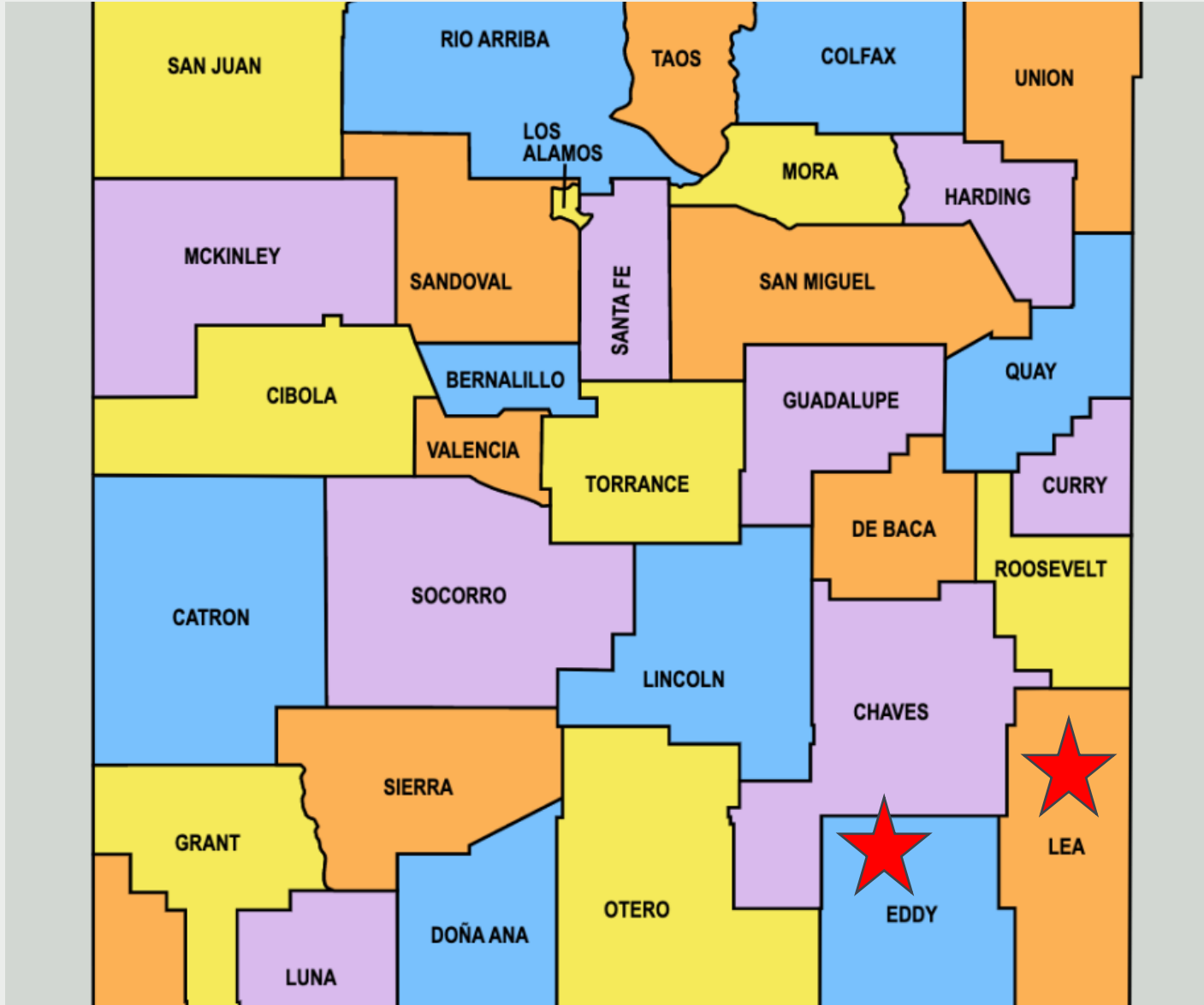
20+ years: **13% (11 of 86)**

Age unknown: **11% (1 of 9)**

U.S. Deaths in 2025

2

There has been [1 confirmed death](#) from measles, and [1 death under investigation](#).



Current Cases in NM

What if I'm exposed?!

What to do:

- Immediately contact your doctor.
- Determine if you are immune to measles based on vaccination record, age, and laboratory evidence.
- Follow your doctor's directions!!

What NOT to do:

- Follow treatment guidance found on the internet.

Questions?