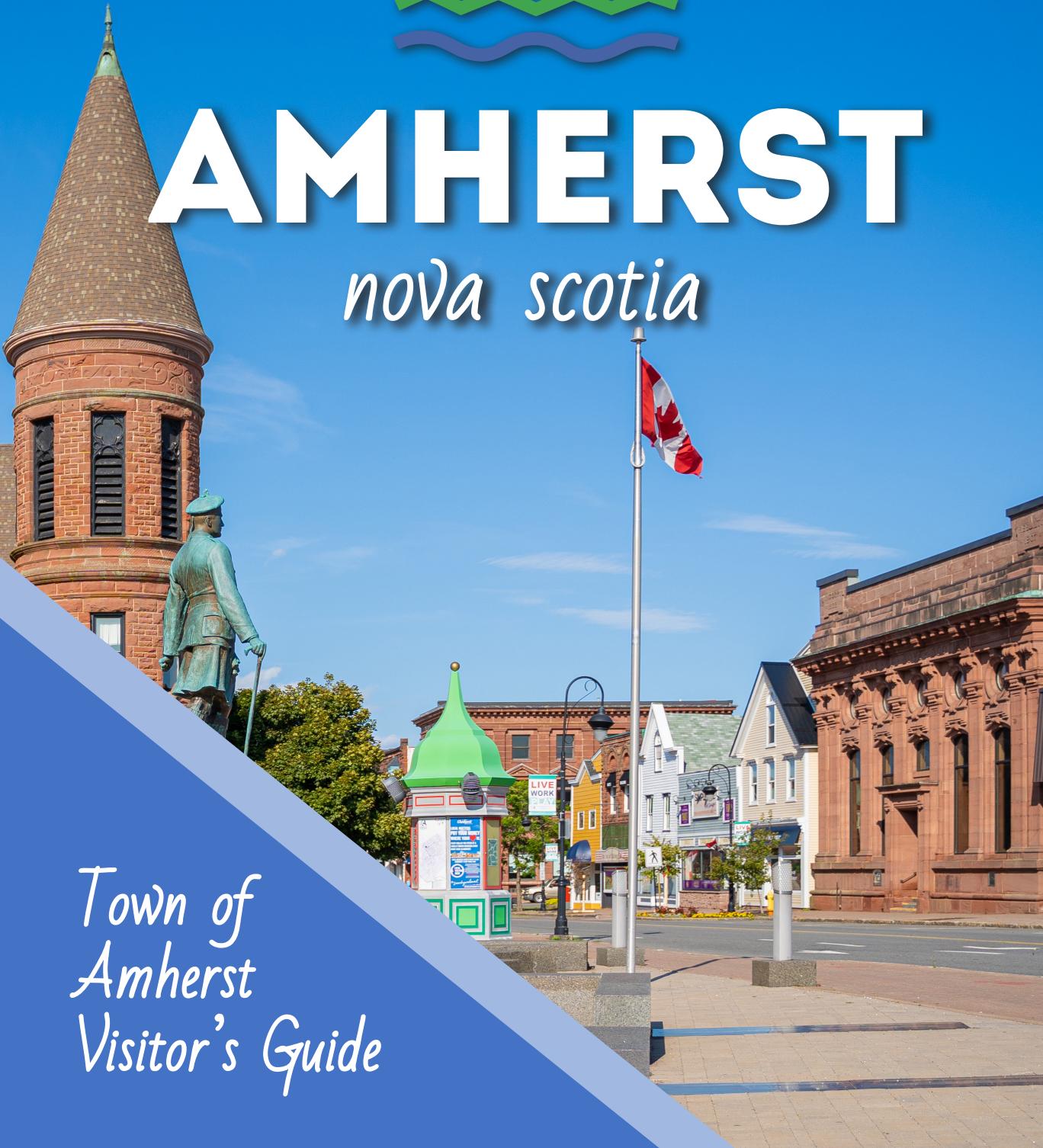




# AMHERST

*nova scotia*



*Town of  
Amherst  
Visitor's Guide*



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**AMHERST**  
**THE GATEWAY TO NOVA SCOTIA**  
**THE CENTRE OF THE MARITIMES**

# About Amherst

Population: 9,404

As Nova Scotia's historic border town, Amherst is the first community to welcome visitors to the province traveling from New Brunswick via the Trans Canada Highway. The town is centrally located to both the Bay of Fundy, home to the world's highest tides, and the Northumberland shore, where several warm-water ocean beaches await.

Stately Victorian homes line the streets of Amherst, with some restored and transformed into inns, bed and breakfasts, or guest homes. Spend the night in one of these intricately decorated grand homes in the area, many situated on beautifully landscaped properties.



Live, Work, Play

SEE WHY WE LOVE IT

Stay in a beautiful historic B&B or a contemporary hotel and take day trips to hunt for 300-million-year-old fossils by the Bay of Fundy and the Cliffs of Fundy Unesco Global Geopark, swim at Nova Scotia's warmest ocean beaches, and enjoy fresh seafood at the shore.

Shop more than 100 local artisans at Maritime Mosaic and the Amherst Artisan Gallery, take a rug hooking workshop at Deanne Fitzpatrick Studio, and immerse yourself in nature at the Migratory Bird Sanctuary. Stroll past gorgeous sandstone buildings and kick up your heels to live music.

Located in the centre of the Maritimes, Amherst is just a 2-hour drive from Halifax, 90 minutes from Stanfield International Airport, an hour from Prince Edward Island, and 15 minutes from New Brunswick. When you visit the town Amherst, the fun is never far away, and it all starts here: at the Gateway to Nova Scotia.



# Things to Do

Explore a blend of beauty and heritage. Visit the Cumberland County Museum and Archives at historic Grove Cottage, linked to one of the fathers of Canada's Confederation. Enjoy the scenic Amherst Golf Club, hit the tennis courts or the local skate park, explore the Amherst Point Migratory Bird Sanctuary, or simply take a walk downtown to admire some of the oldest sandstone structures in the Maritimes.

## Stroll Through Downtown Amherst TAKE A WALK THROUGH TIME

Amherst is home to some of the oldest and most historic sandstone buildings in the Maritimes, constructed from materials provided by The Amherst Red Stone Quarry. Many of these buildings, which once housed nationally recognized businesses, are still standing today. Take a stroll along Amherst's Victoria Street and enjoy the bygone craftsmanship of these industrial artifacts.



## Amherst Golf Club FREE TIME IS TEE TIME

The Amherst Golf Club offers high-quality golf and outstanding service in a pastoral setting with views of the Tantramar marsh. Enjoy an 18-hole course with lush fairways and fast greens. The club features a pro shop with brand-name equipment and professional instruction from a PGA of Canada Pro.

## Amherst Migratory Bird Sanctuary

### THIS ONE'S FOR THE BIRDS

Situated along the Maccan River, this winged wildlife haven spans approximately 1,000 hectares of marsh and forest and offers 8 km of trails. Home to 228 bird species, enjoy hiking, bird watching, and wildlife spotting year-round. For winter visitors, enjoy snowshoeing and skiing.



## Cumberland County Museum

### MAKE OUR HISTORY YOUR OWN

This historic building was once home to R.B. Dickey, a Father of Confederation. Explore Cumberland County's natural and human history up to the early 20th century. Enjoy art galleries, extensive archives, beautiful gardens, and gift shop.



## That's Not All!

### MORE ACTIVITIES TO EXPLORE

There are lots of other activities to explore in Amherst. Pamper yourself by making an appointment with Damaris Spa and Wellness Centre, hit the local YMCA, or checkout HaTha Yoga Room. For history buffs, consider visiting the Nova Scotia Highlanders Regimental Museum. Scan the QR Code to find activities to fill out your itinerary!



# Places to Eat

In Amherst, dining is a diverse experience featuring only the freshest, most creative dishes in welcoming and friendly atmospheres. From breakfast to dinner time and everything in between, the town of Amherst offers something for every plate and palate.



## Breakfast at Brittney's

### THE GO-TO SPOT FOR BREAKFAST

Enjoy generous portions and outstanding food at Amherst's go-to spot for breakfast and brunch. The friendly staff enhance the dining experience, while the charming decor, complete with local paintings, creates a welcoming atmosphere. Regulars and newcomers alike appreciate the hearty breakfasts and recommend this spot for its great taste and excellent service. Open daily from 7 am to 2 pm.

## The Art of Eating Deli PLATE YOUR MASTERPIECE

The Art of Eating Deli & Catering in Downtown Amherst is renowned for fresh, delicious food and a welcoming atmosphere. With generous portions, friendly service, and local artwork, it offers a delightful dining experience. Known for its creative menu, quality ingredients, and excellent service, it is perfect for breakfast, lunch, or catering events. This local favourite is open daily from 7 am to 3 pm.





## Frank & Gino's FINE ITALIAN FARE

Frank & Gino's in Amherst is highly regarded for its exceptional Italian cuisine. Customers consistently praise the restaurant for its flavourful dishes, attentive service, and cozy ambiance. The menu is celebrated for its authenticity and diverse offerings, making it a favourite spot for both casual dining and special occasions. Open Sundays to Thursdays from 11 am to 9 pm and on Fridays and Saturdays from 11 am to 10pm.

## Sarasoza's Cuisine A TASTE OF THE PHILIPPINES

Sarasoza's Cuisine is praised for its authentic flavours and friendly environment. Customers consistently highlight the restaurant's excellent service, diverse menu options, and delightful dining experience. Known for its fresh ingredients and skillfully prepared dishes, it is a favourite among locals for both casual meals and special events. Open Tuesdays through Saturdays from 11 am to 8 pm.



## That's Not All! MORE PLACES TO EAT

Amherst has many other spots to satisfy your stomach. If you're after Asian food, consider Szeto's Wok, Woo's Kitchen, or Yuan of Asia Restaurant & Lounge. For pizza, try Freddie's Pizza & Donair, Bob's Pizza & Shawarma, or Bambino's. For more international fare, stop into Portlander's Jamaican Restaurant or Al Chehade Middle East Cuisine. Scan the QR Code to learn more!





# Places to Stay

Amherst offers a charming mix of accommodations to suit every traveller, from cozy bed-and-breakfasts to an R.V. Park. Visitors can enjoy the warmth of historic inns, many of which reflect the rich architectural heritage of the region.



## Super 8 Amherst WITH ONSITE POOL & HOT TUB

Offering 50 guestrooms and suites, Super 8 Amherst provides an assortment of rooms designed to meet the needs of today's travellers. Whether your agenda in Amherst is business, pleasure, or a mix of both, Super 8 has it all, with an onsite pool and terrific accommodations just moments away from Exit 4 on the Trans-Canada Highway. With great, pet-friendly rooms and a convenient location, Super 8 Amherst awaits your arrival!

## The Travelodge Amherst OFF-HIGHWAY ACCOMMODATIONS

Enjoy the rugged beauty of Nova Scotia as well as free Wi-Fi, parking, daily breakfast, a gym, and indoor pool. Located off NS-104, this wheelchair-accessible hotel is just minutes from local restaurants and attractions. Make day trips to Prince Edward Island, Moncton, Nova Scotia's North Shore, and Shédiac — plus, easily travel on to Halifax, Cape Breton Island, and Annapolis Valley with immediate access to the Trans-Canada Highway.





## The Comfort Inn Amherst

### COMFORT IS IN THE NAME

No matter the nature or length of your stay, the Comfort Inn offers welcoming accommodations, friendly staff, and plenty of free amenities, including breakfast and Wi-Fi. Enjoy access to local points of interest, such as the Amherst Town Square shopping center, where you can enjoy a convenient meal and stock up on travel essentials. Providing clean, pet-friendly accommodations, so you can enjoy peace of mind during your stay.



## Brown's Guest Home Bed & Breakfast

### A CLASSIC HOME WITH MODERN AMENITIES

Brown's Guest Home Bed & Breakfast is a quiet, restored 100-year-old Victorian home that has served travellers for over 60 years. Stroll downtown and enjoy Amherst's Victorian architecture and heritage homes. Accommodations include three rooms with two shared baths. Other modern amenities include a lounge with a television, Wi-Fi, as well as a complimentary healthy light breakfast.



## Loch Lomond R.V. Park

### FOR YOUR INNER CAMPER

A little bit of country close to town! Loch Lomond R.V. Park offers 150 serviced and un-serviced sites, including amenities like power hookups, a heated pool, and Wi-Fi. Enjoy access to Blair's Lake, a playground, and an amusement center. This spot is perfect for families looking for a summer getaway, offering a relaxing, fun-filled stay with nature trails and fishing opportunities right next to town and the highway.



# Places to Shop

Amherst boasts a charming shopping experience with local boutiques, antique shops, and specialty stores offering unique items. Retail centers feature national brands, while local markets provide fresh produce and artisan crafts, blending modern convenience with small-town appeal. Shoppers can also find quaint cafes and delightful eateries.

## Dayle's Grand Market

### A TREASURE TROVE OF LOCAL RICHES

This historic 1906 landmark emporium with sweeping staircases and original tin ceilings offers an eclectic variety of businesses inside the walls of a former department store. These include The Copper Tree Boutique & Music, Maritime Mosaic, and many more. All that shopping can work up an appetite, so be sure to stop for a bite at the charming Bliss Crystal Cafe.



## Curly's Sports & Supplements

### SUPPLEMENTS, COLLECTIBLES, & TREATS

Established in 2019 at Dayle's Grand Market, Curly's Sports & Supplements has quickly become one of the top destinations for supplements, as well as pop culture and sports-related collectibles, in Cumberland and Westmoreland counties. The store is also home to The Amherst Candy Shoppe, offering a wide selection of flavourful treats.

## Mansour's Menswear FINE CLOTHING & EVEN FINER SERVICE

With 100 years of service, Mansour's Menswear is not only one of the oldest family-run businesses in Amherst, but one of the oldest men's wear stores in the Maritimes. The store is known for its large selection of some of the finest men's wear brands on the market, in-house alterations, and friendly staff who are always eager to help their customers, whether it's their first visit or their 100th.



## 30 Church Street THE BEST IN WOMEN'S FASHION

Located just across the street from Mansour's Menswear at the address that bears its name, 30 Church Street offers the finest selection of women's clothing. Stocking only the highest-quality brands on the market, the store is devoted to helping its customers feel confident in what they wear and offers the same dedication to exceptional service as its counterpart.

## Maritime Tartan Company NO MORE MONKEY BUSINESS

Sherrie Kearney's small business of selling sock monkeys online has turned into a thriving love letter to Maritime pride. With more than 40 years of sewing experience, Sherrie's handmade tartan products have sold all over the world, as far as Hong Kong. The store is also an official retailer of the East Coast Lifestyle brand and its associated apparel.



## That's Not All! MORE PLACES TO SHOP

Amherst is home to many other shopping spots, from big chains like Walmart, Superstore, and Sobeys, to more independent stores like Vicky Comeau Designs, Angela's Heavenly Embrace Bra Boutique, and Mrs. Pugsley's Emporium. To explore more places to shop in the town of Amherst, simply scan the QR Code and plan your visit today!





# Day Trips FROM AMHERST, NS



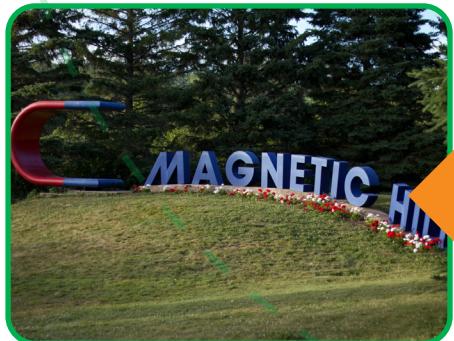
Day trips and weekend getaways are the perfect way to explore Nova Scotia during the fall and winter months. No matter where you are in the province, plenty of adventure awaits nearby. Whether you're visiting family favourites or looking for a new community to check out, here are a few ideas to get you started, all within a few hours' drive of Amherst.



## Sackville, New Brunswick

15-MINUTE DRIVE

Sackville is a small town in New Brunswick, Canada. It is known for its beautiful scenery and rich history. Some of the popular tourist attractions in Sackville include the Sackville Waterfowl Park, the Campbell Carriage Factory Museum, and the Owens Art Gallery. It is also home to the prestigious Mount Allison University.



## Moncton, New Brunswick

45-MINUTE DRIVE

The region is packed with some of the province's best restaurants and bistros. You can get your arts and culture fill at the Capitol Theatre, Aberdeen Cultural Centre, and Dieppe Arts Centre; take a chance or two at Casino New Brunswick; and yes, you can shop till you drop — Moncton is one of the Maritimes' premier shopping destinations.

## Shediac, New Brunswick

45-MINUTE DRIVE

Renowned as the "Lobster Capital of the World," it boasts beautiful sandy beaches, particularly the famous Parlee Beach, where tourists can relax and soak up the sun. Shediac is also home to the impressive Shediac Bay Cruises, offering delightful boat tours along the picturesque coastline.



## Tatamagouche, Nova Scotia

1-HOUR DRIVE

A not-to-be-missed quaint village with a bustling Main Street, you'll find a craft brewery, farmers' market, handmade chocolates, fresh baked goodies, chowder, bike rentals, and restored rail cars that are now an inn, all within a one-kilometer stretch. Tatamagouche is ideally located less than 30 minutes from three provincial parks, all offering warm-water beaches.



## Charlottetown, PEI

1.5-HOUR DRIVE

PEI's capital city, Charlottetown, might be small, but it's bursting with big energy and Island hospitality. This seaside city is a historical hub of culture, festivals and events, artisan shops, world-class restaurants, and so much more. What are you waiting for? It's time to discover Charlottetown.



## Halifax, Nova Scotia

2-HOUR DRIVE

The Halifax Waterfront is a bustling hot spot in the city. With one of the world's longest urban boardwalks spanning the length of the waterfront — 4 kilometers (2.5 miles) from Pier 21 at the Halifax Seaport to Casino Nova Scotia — it is easy to spend a day exploring Nova Scotia's capital city.



## The Annapolis Valley, Nova Scotia

3-HOUR DRIVE

Travel to Atlantic Canada's scenic wine country and richest agricultural region, full of fields, dikes, orchards and many vineyards waiting to be explored. The power of nature is apparent here with the world-famous Bay of Fundy tides, ever-changing landscape of rocky shores, and idyllic towns like Wolfville and Kentville.



## Amherst's Four Seasons of Fun

Looking for year-round outdoor adventure? The town of Amherst and its neighbouring regions offer scenic views and exciting experiences no matter the season. Visit one of our beautiful provincial parks, hit the links at our iconic golf courses, dip your toes in the warmest waters north of the Carolinas, or grab your gear and suit up for the ski hill. We've got something for everyone, 365 days a year.



One of the greatest things about Amherst is that you can actually experience all four seasons as nature intended. We have beautiful snowfall in the winter, a gorgeous spring watching nature come back to life, sensational summers with unlimited sun, sand and sea, and breathtakingly beautiful fall colours that have to be seen to be believed.

### Spring

Mid March to late April: 0 to 10 °C (32 to 50 °F)

Late April to mid June: 10 to 20 °C (50 to 70 °F)

### Summer

Mid June to mid September: 20 to 25 °C (70 to 80 °F)

though temperatures can reach 30 to 32 °C (86 to 90 °F) with humidity.

### Fall

Mid September to mid November: 10 to 20 °C (50 to 70 °F)

Mid November to mid December: 0 to 10 °C (30 to 50 °F)

### Winter

Mid December to mid March: -15 to +5 °C (5 to 41 °F)



# AMHERST'S PROMISE TO YOU

Experience the charm of Amherst, where stunning sunsets paint the sky at the centre of the Maritimes. Enjoy a variety of outdoor adventures, including extensive hiking trails, ski hills, waterfalls, and miles of beautiful coastline and beaches all at your fingertips.

Amherst offers affordable accommodations, excellent local cuisine, and a vibrant shopping culture, all with the intimate feel of a classic Maritime small town. Explore our rich industrial history and immerse yourself in our friendly community.

With easy access to all the Maritimes, Amherst is perfect for a getaway in any season. Once known as "Busy Amherst," our small bordertown is now the ideal place to unplug and get away from it all while being the perfect home base for exploring mainland Atlantic Canada. Our friendly locals will warmly welcome you, making your visit truly unforgettable. There's something for everyone in Amherst. Come and see why we love it!





# AMHERST

*nova scotia*

