

CREATING YOUR VISION STATEMENT

Instructions: Take your time moving through each step of this worksheet. There are no right or wrong answers; this is an opportunity to reflect, imagine, and articulate a vision that feels aligned with who you are becoming. Use the prompts to guide your thinking and write freely without worrying about perfection. Your vision will evolve over time; this worksheet simply helps you name what feels true in this season. Use this worksheet to articulate a vision that feels aligned, energizing, and true to who you are in this season.

💡 What is a Vision? 💡

A **vision** is a clear, grounded picture of the life, work, and leadership you are moving toward. It reflects your aspirations, your values, and the impact you want to have.

Step 1 – Reflect on Your Future Self

Take a moment to imagine yourself 1–3 years from now. Consider the following prompts and jot down whatever comes to mind.

- What does your life feel like?
- How do you show up in your work or leadership?
- What kind of impact are you making?
- What feels aligned, grounded, or purposeful?

CREATING YOUR VISION STATEMENT

- What are you proud of in this future version of yourself?

Notes:

Step 2 – Identify Key Themes

Look at your reflections. What themes, patterns, or priorities stand out?

- _____
- _____
- _____

These themes will help shape your vision.

Step 3 – Draft Your Vision Statement

Using your themes, write a first draft of your vision statement.

Aim for 2–4 sentences that describe the life, work, and leadership you are moving toward.

CREATING YOUR VISION STATEMENT

Draft Vision Statement:

Step 4 – Refine for Clarity and Alignment

Use these questions to refine your draft:

- Does this vision reflect my values?
- Does it feel energizing and true to me?
- Is it clear enough to guide my decisions?
- Does it describe who I am becoming, not just what I want to do?

Revise your statement below.

Refined Vision Statement:

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Step 5 – Alignment Check

What feels aligned with this vision right now →

What feels out of alignment →

One shift I can make this month →
