

# CAPTURING THE LIGHT

"If I hadn't been in such a dark place - I may not have seen the light"

## "Heading Home"

I wanted to push myself with a colour theme that popped but also gave off a warmth and a sense of calm for this long winter.

Painting is done on Arches 140lb cold press. Mixture of paint brands and colours (Winsor&Newton, M.Graham, Da Vinci)



## "Hootie"

Growing up on a farm gave me a love of outdoors and wildlife. I enjoy painting nature scenes because it allows me to focus on the details and play with the realistic side of my artwork.

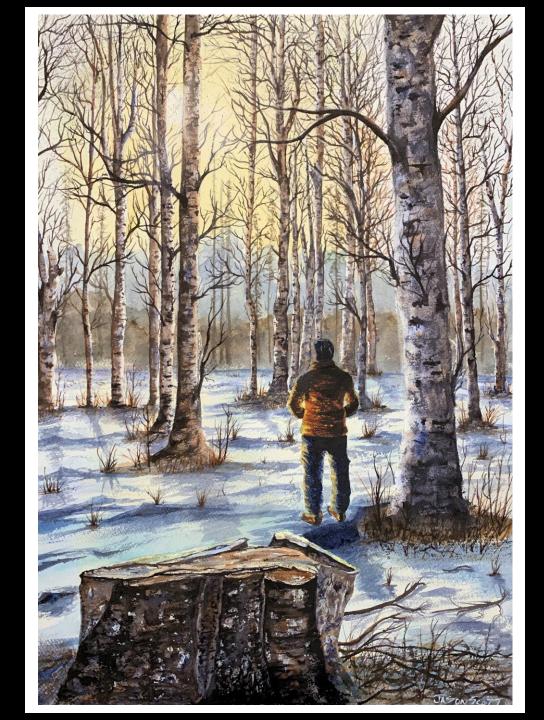


### "Lost in the Woods"

This was the first painting I completed where I truly left a large part of myself on the paper. It spoke to the battle inside of me and the loneliness and isolation that depression can make you feel.

However, it also is a great reminder that no matter how lost you may feel, there is always light to be found. You may have to just look a little harder for it sometimes.

Watercolour - 14" x 20" - 2020 -





### Art By: Jason Scott

#### My focus in art

Currently my focus has been mostly in the watercolour medium and digital art. Since 2016 I've been working hard on my watercolour fundamentals from the ground up. I've been lucky to follow some great mentors and teachers as I slowly find my own style. I continually try to challenge myself with different themes in the watercolour medium. I have also worked with acrylics, oil, charcoal and other mediums including drawing, sketching and digital painting. My computer skills help in my own painting layouts, graphic designs, digital art and marketing tools.

At 48 years young, I am full of excitement as a "new artist". I look forward to continuing my hard work and bringing some of my own light to more art lovers.

#### Background

In 2015 I suffered a mental crash that brought Major Depression into my life. I have spent these last few years working very hard on my wellness, my mental health, my family, and literally staying alive. I have always been a creative person; however, I never really gave my artistic side the attention or commitment it needed to really build and flourish. Through the years of my battle with depression my creative side began to emerge, and I found that at times it was the only light I could see. So, with the help of my mother-law Beth Gaffney, who became my mentor, teacher, friend and second mother, I began my journey into the watercolour world.

I have been working extremely hard on learning the basics from the ground up. I am still working on my own style, which I would say at this time is almost a battle between detail and the wanting to bring some looseness to my pieces. It can be a difficult mix and I look forward to continuing to grow as an artist.







Landscape Watercolour pieces







Urban/City Scape Watercolour pieces







Wildlife/Pets/Still life Watercolour pieces

### **Art for me**

Is when one leaves a piece of themselves on the paper or canvas. That creativity then brings an emotional response from someone that connects with that individual piece.

Sometimes those connections are positive, happy or inspirational. Others can be sad, lonely, or even a bit unsettling.

I have found nothing more satisfying than having a person share with me the emotions they have felt after seeing one of my pieces.

## Jason Scott

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