

## 5-Day Devotional on Biblical Thanksgiving

### Day 1 — Thanksgiving as God's Will

#### Scripture:

1 Thessalonians 5:18 — “Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

#### Devotional:

Thanksgiving isn’t an optional attitude—it’s God’s will. Gratitude becomes a spiritual anchor that stabilizes you in any season. God doesn’t ask you to give thanks for everything, but in everything, because gratitude is an act of trust. When you give thanks, you acknowledge that God is present, working, and sovereign, even when life feels chaotic.

#### Reflection:

Where is God inviting you to choose gratitude before you feel it?

#### Prayer:

Lord, help me practice gratitude today. Teach my heart to recognize Your goodness in every season. Amen.

### Day 2 — Thanksgiving as Worship

#### Scripture:

Psalm 100:4 — “Enter His gates with thanksgiving and His courts with praise.”

#### Devotional:

Thanksgiving is not just something you offer after God shows up—it’s how you approach Him. Gratitude is worship. When you give thanks, you shift your focus from problems to the presence of God. Worship grounded in thanksgiving realigns your heart with His goodness and opens spiritual gates that anxiety tries to shut.

#### Reflection:

How can you begin your day by “entering His gates with thanksgiving”?

#### Prayer:

Father, let my worship today begin with gratitude. Align my heart with Your goodness. Amen.

### Day 3 — Thanksgiving That Guards Your Heart

#### Scripture:

Philippians 4:6–7 — “In everything... with thanksgiving, present your requests to God. And the peace of God... will guard your hearts and your minds.”

**Devotional:**

Anxiety thrives where gratitude is absent. Thanksgiving interrupts fear by reminding your heart of God's faithfulness. When you bring your worries to Him with gratitude, His peace becomes a guard—shielding your mind from the “what ifs” that drain you. Gratitude doesn’t ignore reality; it anchors you in a greater reality: God is in control.

**Reflection:**

What anxieties do you need to bring to God with thanksgiving today?

**Prayer:**

Lord, fill my heart with Your peace. I bring my concerns to You with gratitude. Amen.

## Day 4 — Thanksgiving in the Hard Seasons

**Scripture:**

Psalm 50:23 — “The one who offers thanksgiving as his sacrifice glorifies Me.”

**Devotional:**

Sometimes gratitude is a sacrifice. In the hard seasons, thanksgiving becomes costly—but that's where it becomes most powerful. When you thank God in pain, confusion, or uncertainty, you declare your trust in His character, not your circumstances. That kind of gratitude honors God deeply and builds spiritual resilience.

**Reflection:**

What area of your life requires “sacrificial thanksgiving” right now?

**Prayer:**

God, strengthen me where gratitude feels hard. I choose to trust You even here. Amen.

## Day 5 — Thanksgiving as Testimony

**Scripture:**

Psalm 105:1 — “Give thanks to the Lord... make known His deeds among the peoples.”

**Devotional:**

Thanksgiving isn't just personal—it's missional. Gratitude is a testimony. When you share how God has been faithful, you plant seeds of hope in others. Your story of God's goodness can spark faith, encourage someone struggling, or remind your community that God is still moving.

**Reflection:**

Who needs to hear about something God has done for you?

**Prayer:**

Lord, make my gratitude a testimony that encourages others and brings You glory. Amen.