

# **Jesus: The Model of Non-Anxious Leadership**

## **Day 1: Peace in the Storm**

Scripture: Matthew 8:23-27

While the disciples were panicking in the face of a violent storm, Jesus was asleep. His rest was not ignorance-it was trust. Jesus knew who held the winds and the waves. He modeled how a leader can remain calm in chaos by trusting fully in God. A non-anxious leader doesn't ignore crises but responds from a place of peace rooted in faith.

Reflection: Where do you feel most overwhelmed or 'storm-tossed' in leadership or life? What would it look like to trust God in that area?

Prayer: Lord, help me to trust You in every storm. Give me the faith to rest in Your sovereignty, even when circumstances are out of my control.

## **Day 2: Leading from Identity, Not Insecurity**

Scripture: John 13:3-5

Jesus knew who He was-so He could stoop low. Leadership rooted in insecurity is reactive and prideful, but Jesus shows us a different way. Knowing His authority and future, He chose to serve. A non-anxious leader is secure in their identity in Christ and therefore able to lead with humility and confidence.

Reflection: Is your leadership motivated more by fear of failure or by the security of your calling in Christ?

Prayer: Jesus, remind me that my worth comes from You, not my role or performance. Help me to lead with humility and security in Your love.

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## **Day 3: Presence Over Panic**

Scripture: Matthew 26:47-56

When Jesus was arrested, He remained composed while Peter reacted anxiously. Jesus wasn't caught off guard-He knew the Father's plan. He didn't fight for control but yielded to God's will. As leaders, we often try to fix or force outcomes when we feel threatened. But Jesus teaches us to respond with presence, purpose, and peace.

Reflection: How do you typically respond to pressure-by panicking or pausing to seek God's will?

Prayer: Father, help me resist the urge to control outcomes. Teach me to stay present and grounded in Your purpose, even when things feel urgent or chaotic.

## **Day 4: Wisdom in Conflict**

Scripture: Luke 20:1-8

Jesus often responded to difficult questions with wisdom instead of defensiveness. He remained unshaken in the face of conflict. A non-anxious leader doesn't feel pressured to win every argument but seeks to lead with clarity and grace. Jesus models how to engage with criticism and challenge without letting it define us.

Reflection: How do you typically handle conflict or confrontation? Do you mirror anxiety or reflect Christ's calm?

Prayer: Lord, give me wisdom in difficult conversations. Let me respond with Your truth and grace rather than with fear or defensiveness.

## **Day 5: Courage Through the Cross**

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Scripture: John 18:4-11

Knowing that betrayal, suffering, and death were imminent, Jesus stepped forward. He didn't hide or hesitate-He moved in obedience. Non-anxious leadership requires courage rooted in calling. Jesus didn't let fear paralyze Him. He walked toward His mission with confidence in the Father's plan.

Reflection: What hard thing are you being called to face with faith? Are you shrinking back or stepping forward in trust?

Prayer: Jesus, give me courage to walk in obedience-even when the road is difficult. Thank You for showing me how to lead with boldness and surrender.