



Called to Grow

Confronting the Dangers of Spiritual Stagnation

A Soul Fuel Devotional & Study Guide

The Bible speaks directly and indirectly about the danger and consequences of failing to grow spiritually, morally, and in character. Growth is an expectation for all believers, and remaining stagnant often signals spiritual immaturity, disobedience, or hardness of heart.



Day 1: God Expects Growth

Scripture: Hebrews 5:12–14

“By this time, you ought to be teachers... but you need milk, not solid food!”

Devotional:

Spiritual maturity isn't optional, it's expected. The writer of Hebrews expresses disappointment that the believers haven't matured. God desires that we not only believe but grow in depth, discernment, and leadership.

Reflection Question:

Where in your spiritual life have you stayed comfortable or immature?

Prayer:

Lord, awaken me to the areas where I've become complacent. Teach me to hunger for Your Word and pursue maturity.

Notes:



Day 2: Fruitlessness Has Consequences

Scripture: John 15:2

“He cuts off every branch in me that bears no fruit...”

Devotional:

Jesus is clear: those who remain in Him will bear fruit. Fruitlessness isn't neutral—it has consequences. Growth is visible through love, obedience, and service. God prunes even fruitful branches, but cuts off the lifeless ones.

Reflection Question:

What kind of spiritual fruit is evident in your life? Are there areas that need pruning?

Prayer:

Father, help me remain in You. Shape my character and increase my fruitfulness for Your glory.

Notes:



Day 3: Complacency Displeases God

Scripture: Revelation 3:15–16

“Because you are lukewarm... I am about to spit you out of my mouth.”

Devotional:

Lukewarm faith is dangerous. It's not rebellion, but indifference—and that deeply offends God. We were never called to coast, but to burn with passion for Christ.

Reflection Question:

Has your faith become lukewarm? What habits or attitudes need to change?

Prayer:

Jesus, reignite my heart. I don't want to settle for half-hearted faith. Make me passionate again.



Day 4: Growth Requires Effort

Scripture: 2 Peter 1:5–8

“Make every effort to add to your faith... For if you possess these qualities in increasing measure...”

Devotional:

Growth isn't passive. It requires intentional, disciplined effort. Adding virtue, knowledge, self-control, and love isn't just about doing more—it's about becoming more like Christ.

Reflection Question:

Which of these qualities are missing in your life today? What one step can you take to grow this week?

Prayer:

God, give me the strength to grow. Help me build a life marked by Your character, one step at a time.

Notes:



Day 5: Immaturity Leaves You Vulnerable

Scripture: Ephesians 4:14

“Then we will no longer be infants, tossed back and forth by the waves...”

Devotional:

Without growth, believers are unstable and easily deceived. The more we mature in truth and love, the more secure we become in our walk with God.

Reflection Question:

How have you seen immaturity lead to confusion or poor decisions in your life or others’?

Prayer:

Father, help me become rooted and grounded in Your Word. Teach me to grow in truth and stability.

Notes:

Bible Study Guide: Failing to Grow A Biblical Warning

Objective:

To examine the dangers of spiritual stagnation and explore how we can pursue lasting growth in Christ.

♦ **Opening Prayer**

Invite the Holy Spirit to guide your time and renew your hunger for growth.

♦ **Icebreaker**

"Have you ever had a plant that didn't grow or died? What happened?"

♦ **Scripture Stations (Choose 2–3 or assign all 5):**

- Hebrews 5:12–14
- John 15:1–6
- Revelation 3:15–16
- 2 Peter 1:5–8
- Ephesians 4:11–14

Discussion Prompts:

- What is the main message of the passage?
- What warning or encouragement does it give?
- How does it challenge you personally?

♦ **Group Reflection**

- Why do some Christians stop growing?
- What are the signs of spiritual maturity?
- How can your community help you grow?

♦ **Application & Accountability**

- Identify one area in your life where growth is needed.
- What practical step will you take this week?
- Who can you ask to pray with and check in?

♦ **Closing Prayer**

Ask God to prune anything that hinders growth and plant seeds of lasting fruit.
