




Threads of *the* Heart

— WORKSHOP —

Valentine's Day


February 14th at 5:30 PM

@ Desert Moon Yoga in Cave Creek



Cacao Ceremony

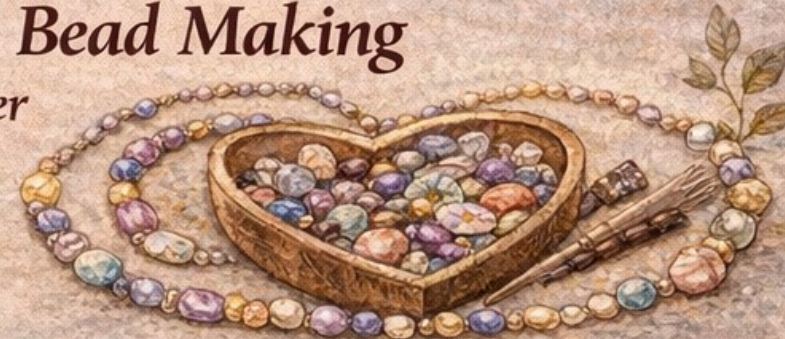
Opening the heart with cacao, setting intentions,
prayers, and gentle meditation



Intentional Bead Making


Create your own bracelet or choker
using precious stones & beads

Craft a meaningful piece to carry
positive energy with you



Closing Ceremony

Relax and receive as you lay back and
listen to the soothing sounds of drumming
and sound healing bowls



Share a Heart-Opening
& Creative Evening

