

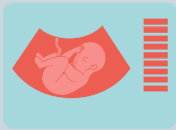
Pregnancy Help Center Services

Did you know that Respect Life provides FREE services to help new moms THRIVE in their motherhood?
Here's what we offer:



1. Pregnancy Tests

Women can receive a free pregnancy test. If the test is positive we discuss the resources available to her moving forward. If the test is negative, we discuss making healthy lifestyle changes.



2. Limited Ultrasounds

After a woman tests positive for pregnancy, she can qualify for an ultrasound. A limited ultrasound allows the woman to see the baby in her womb, how many weeks he or she is, her due date, and hear the baby's heart beat.



3. Peer Counseling

Peer counseling services are provided by trained client advocates to listen to the women and their circumstances and empower them with life-affirming information and resources.



4. Earn While You Learn Classes

Earn While You Learn classes are offered for women during pregnancy and postpartum (after the birth of their baby). During the class, they learn important topics, meet other mothers, and earn points to spend in our baby boutique for items such as brand-name diapers and new baby clothes.



5. Material Assistance

Material assistance can be provided for mothers from pregnancy until their baby is 2-years-old. Materials can include diapers, baby clothes, baby wash/shampoo/lotion, diaper cream, baby bottles, formula, baby food, bathtub, car seats, and strollers.



6. Project Joseph Groups

Project Joseph consists of groups for fathers to learn essential skills for realizing their own fatherhood and how to support both the mother and their child.



7. Project Rachel

Project Rachel is a post-abortion healing ministry for individuals who have directly experienced abortion. The program assists individuals in forgiving themselves and reconciling with their child, the Church, and God.

Read more on:

www.respectlifemiami.org