



COOKING INSTRUCTIONS FROZEN EMPANADAS

Whisk 1 egg or substitute, then brush the tops of
the empanadas.

Air Fry From Frozen:

Pop the frozen empanadas
right into your air fryer and air
fry **350F** for about **14 minutes**,
turning halfway until golden
and hot.

Heating Instructions:

Place frozen empanada on a
sheet pan and heat in oven at
375°F for **15-18 minutes** or
until internal temperature of
the products reaches **165°F**
measured by a calibrated
food thermometer.