



# **COOKING INSTRUCTIONS PRE-COOK EMPANADAS**

## **Conventional Oven – Pre-Cooked, Frozen:**

Preheat the oven to 375°F. Place the frozen, pre-cooked empanadas on a baking sheet. Bake for 10 minutes, or until fully heated and the exterior is crisp.

## **Conventional Oven – Pre-Cooked, Refrigerated (40° F)**

Preheat the oven to 375°F. Place the refrigerated, pre-cooked empanadas on a baking sheet. Bake for 5 minutes, or until fully heated and the exterior is crisp.