

# *Theresa Campbell Counselling & Consulting Services*

Theresa Campbell, MSW, RSW.

## **CONSENT FOR SERVICE FORM**

**COUNSELLING** is a confidential process designed to help you address your concerns, come to a greater understanding of yourself, and learn effective personal and interpersonal coping strategies. It involves a relationship between you and your counsellor, who has the desire and willingness to help you accomplish your individual goals. Counselling involves sharing sensitive, personal, and private information that may at times be distressing. During the course of counselling, there may be periods of increased anxiety or confusion. The outcome of counselling is often positive; however, the level of satisfaction for any individual is not predictable. Your counsellor is available to support you throughout the counselling process.

### **CONFIDENTIALITY:**

All interactions with Theresa Campbell Counselling Services, including scheduling of or attendance at appointments, content of your sessions, progress in counselling, and your records are confidential. You may request in writing that your counsellor release specific information about your counselling to persons you designate.

### **EXCEPTIONS TO CONFIDENTIALITY:**

- If there is evidence of clear and imminent danger of harm to self and/or others, your counsellor is legally required to report this information to the authorities responsible for ensuring safety.
- If your counsellor learns of, or strongly suspects, physical or sexual abuse or neglect of any person under 18 years of age, your counsellor is mandated to report suspicions to child protection services.
- A court order, issued by a judge, may require your counsellor to release information contained in records and/or require your counsellor to testify in a court hearing.

### **SCHEDULING OF APPOINTMENTS:**

I appreciate prompt arrival for appointments. If you are unable to attend the scheduled appointment and notify me more than 24 hours prior to the appointment time, there will be no charge. If you do not provide 24 hours notice, there will be a fee of \$50.00. Any no-show's will be charged for full session. Cancellations can be made 24 hours a day via voicemail, email or text to [tcampbell@tccounselling.ca](mailto:tcampbell@tccounselling.ca) or 250-794-8853.

Fee for the assessment process for couples counselling is \$650.00. This will include 2-couples' sessions, 2-individual sessions, the assessment and my time to review assessment.

Fee for counselling service is \$150.00 per session for individual and couples counselling. It is expected that counselling services are paid at the time of each session via e-mail transfer, cheque or cash. A receipt will be provided upon payment. A reduced rate is available for those who demonstrate financial need.

Email transfer payments are to be made to: [tcampbell@tccounselling.ca](mailto:tcampbell@tccounselling.ca)

I have read and discussed the above information with my counsellor. I understand the risks and benefits of counseling, the nature, and limits of confidentiality, and what is expected of me as a client of the Counselling Services.

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*Signature of Client 1*

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*Signature of Client 2 (if applicable)*

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*Theresa Campbell, MSW, RSW*

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*Date Signed*