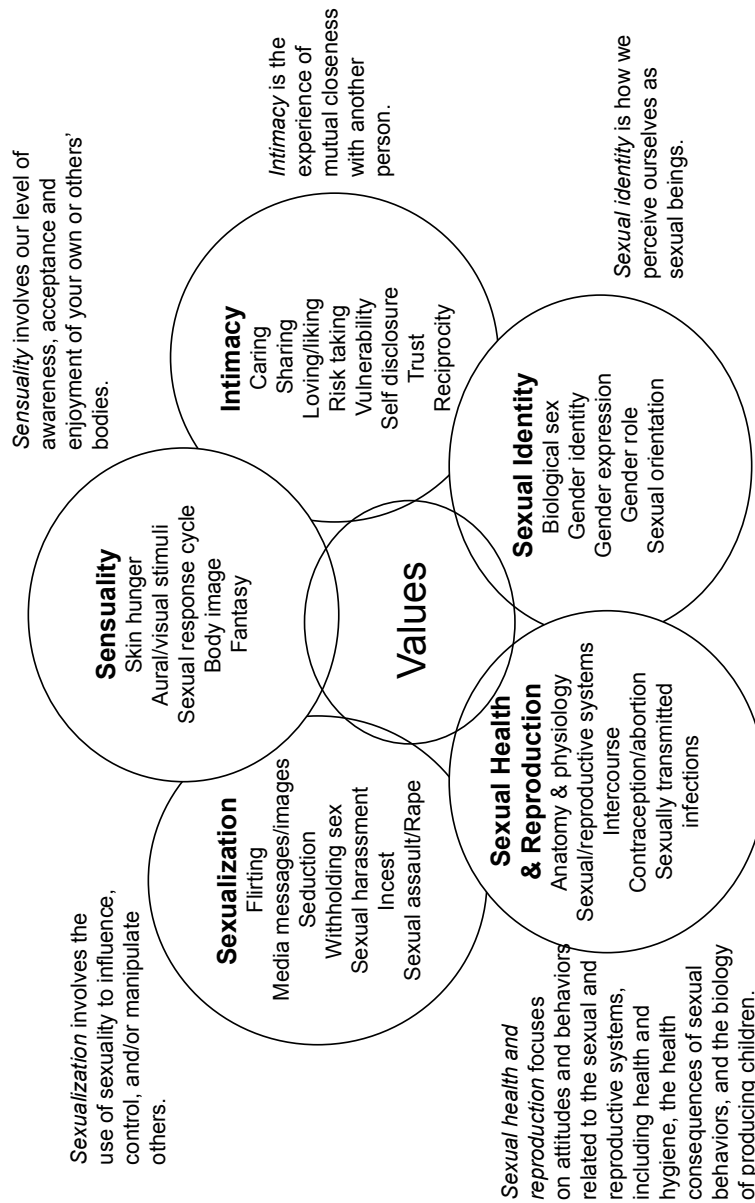


# Handout 1

## WORKSHOP 1: WHAT IS SEXUALITY?

### The Circles of Sexuality

Sexuality encompasses nearly every aspect of our being, from attitudes and values to feelings and experiences. It is influenced by the individual, family, culture, religion/spirituality, laws, professions, institutions, science and politics.



"Circles of Sexuality," adapted from *Life Planning Education*, 1995, Advocates for Youth, Washington DC [advocatesforyouth.org](http://advocatesforyouth.org), based on the original work of Dennis M. Dailey, Professor Emeritus, University of Kansas.

—adapted from D. Dailey, "Sexual Expression and Aging," in F. Berghorn & D. Schafer, eds., *The Dynamics of Aging* (Westview Press, 1981).