



## MIDDLE SCHOOL & YOUTH BOYS RULES OF PLAY & SCHEDULE

- All players must have required team jersey, equipment & mouthpiece (bring your own water).
- NO CLEATS! Turf shoes or court shoes only.
- Practice sessions will start with a 30-minute skill period, followed by controlled game play.
- Games: Three, 15-minute running time periods with a 2-minute break between periods.
- NO one handed checks & NO hitting into the boards!
- Overtime is a shootout (each team must use 3 different shooters).
- Face-offs will be done (each team must have 2 players on their defensive side of the floor).
- The “7 goal lead rule” is in effect (team that is losing by 7 or more gets the ball at the mid-line after a goal is scored).
- The shot clock is 30 seconds once possession is gained.
- The shot clock resets when the ball hits the goalie or the goal, or when there is a change of possession.
- Any ball into the net or soccer goal will be a change of possession (except off a shot that hits the goal, goalie, or defensive player)
- Penalties are running time upon player entering the penalty box (2:00 min. personal foul; 5:00 min. major foul). A goal scored wipes the penalty out.
- Inappropriate language will result in a 10-minute player suspension (2<sup>nd</sup> offense=expulsion from game).
- Fighting will result in an automatic ejection from game or expulsion from the league.

Coach	Program Affiliation
David Blue	Cleveland Demons / Solon High School
Shawn Lengel	Greater Cleveland Lacrosse
Logan Parsons	Solon High School
Charlie Joyce	Cleveland Demons
Bobby Lyle	Cleveland Demons / Jackson High School
Dan Clem	Cleveland Demons / Archbishop Hoban High School
Hans Rydquist	Cleveland Demons / University School
Todd Sidle	Solon High School

Date	Session	Field 2 (4:00-6:00 pm)
12/1/18	Skills clinic	Youth & MS (grades 5-8)
12/8/18	Skills clinic / large team play	Youth & MS (grades 5-8)
12/15/18	Skills clinic / large team play	Youth & MS (grades 5-8)
1/5/19	Skills clinic / large team play	Youth & MS (grades 5-8)
1/12/19	Small team play	Youth & MS (grades 5-8)
1/19/19	Small team play	Youth & MS (grades 5-8)
1/26/19	Small team play	Youth & MS (grades 5-8)
2/2/19	Small team play	Youth & MS (grades 5-8)
2/9/19	Small team play	Youth & MS (grades 5-8)

All sessions will be played on Field 2.