



## RULES OF PLAY & LEAGUE INFORMATION

*\*League rules can be modified or changed as needed.*

### **NO JERSEY = NO PLAY!**

- All players must be registered, have their own equipment & wear a mouthpiece (bring own water).
- Turf shoes or court shoes only, NO CLEATS!
- Any sharing of jerseys with a non-registered player will result in both parties being expelled from the league.
- **NO** 1-handed checks from behind, **NO** hitting into the boards, & **NO** reaching into the crease for loose balls.
- A 5-minute warm-up period will be prior to the game.
- Games are played as three, 15-minute running time periods with a 2-minute break between periods.
- Stop time in the last minute of the 3<sup>rd</sup> period only (if difference is 3 goals or less).
- Each team is permitted one, 30-second, time-out per game (posted on the shot clock).
- Overtime is a shootout (each team must use 3 different shooters).
- Teams must have a goalie or forfeit the game. Goalies must use regular field goalie sticks (unless agreed upon by the opposing coach).
- Face-offs will be done (each team must have 3 players on their defensive side of the floor).
- The "7 goal lead rule" is in effect (team that is losing by 7+ gets the ball at the mid-line after a goal is scored against them; if the offense scores, a face-off will be done).
- The shot clock is 30 seconds once possession is gained.
- The shot clock resets when the ball hits the goalie or the goal, or when there is a change of possession.
- Any ball into the net or soccer goal will result in a change of possession (except off a shot that hits the goal, goalie, or defensive player)
- Penalties are running time upon player entering the penalty box (2:00 min. personal foul; 5:00 min. major foul). A goal scored wipes the penalty out. Two goals wipe out a 5:00 minute penalty.
- The over and back rule is in effect for penalty killing teams only.
- Inappropriate language will result in a 10-minute player suspension (2<sup>nd</sup> offense=expulsion from game).
- Fighting will result in an automatic ejection from game or expulsion from the league.



## **GAME OPERATIONS**

**Field 2:** Game times at 4:00, 5:00, 6:00, & 7:00 pm

- Teams may use both doors (O & D system of substitution or 5-player rotation)
- Penalties will run off the shot clock's timer; Game clock kept on the scoreboard

**Field 3:** Game times at 3:40, 4:40, 5:40, and 6:40 pm.

- Teams may use both doors (O & D system of substitution or 5-player rotation)
- Penalties will run off the shot clock's timer; Game clock kept on the scoreboard

## **LEAGUE INFORMATION**

- 20 teams placed into Red, Blue, Green & Orange Divisions
- Each team will 8 games & have 2 bye weeks (no games on 11/30 & 12/28)
- Schedules and results will be posted online at GreaterClevelandLacrosse.com

Red Division	Schools	Jersey Colors	Director / Coach
Brotherhood	Chagrin Falls	White, Black, Orange	Zak Gebler & staff
Explorers	Hudson	Navy Blue, Grey, White	Brandon Schwind & staff
Polar Bears A	Jackson	Purple, Black, Yellow	Bobby Lyle
Vikings A	Hoover	Camouflage, Black, Orange	Matt Gregory & PJ Kavanaugh
Wildcats	St. Ignatius	Yellow, Navy Blue, White	Kyle Bernlohr & staff
Blue Division	Schools	Jersey Colors	Director / Coach
Battling Bees	Medina	White, Green, Yellow	Jake Kubasta
Fighting Trout	University School, BBHS	Burgundy, Black, White	Hans Rydquist
Grizzlies	Wadsworth	Cream, Red, Black	Nick Hassinger
Saints	Archbishop Hoban	Black, Gold, White	Dan Clem
Warriors	Walsh Jesuit	Grey, Maroon, Yellow	George Wright
Orange Division	Schools	Jersey Colors	Director / Coach
Griffins	Green, SMF, Strongsville, St. Ed's	Green, Yellow, White	Andrew Spreng & Mike Fink
Maple Leafs	Kenston, WG, GA	Navy Blue, Light Blue, White	Shawn Murphy & staff
Royals	CVCA	Red, Royal Blue, White	Michael Joyce
Spiders	Club program	Lime Green, Black, White	Paul Corto
Thunderhawks	Hawken School, Lake, Solon	Grey, Red, White	CB Pinkerton
Green Division	Schools	Jersey Colors	Director / Coach
Chargers	Copley, Hudson	Bright blue, Navy Blue, Yellow	Kevin Goehring & Hudson staff
Crusaders	CCC, Walsh Jesuit	Black, Green, White	Mike Dixon & staff
Metrostars	Kent, Shaker Hts., Hoban	Olive Green, Black, White	Zak Adair & staff
Polar Bears B	Jackson	Purple, Black, Yellow	Bobby Lyle
Vikings B	Hoover	Camouflage, Black, Orange	PJ Kavanaugh