



RULES OF PLAY & LEAGUE INFORMATION

**League rules can be modified or changed as needed.*

NO UNIFORM = NO PLAY!

- All players must be registered, have their own equipment & wear a mouthpiece (bring own water). Players will check in with their coach or scorekeeper before each game.
- Turf shoes or court shoes only, **NO CLEATS!**
- Any sharing of uniforms with a non-registered player will result in both parties being expelled from the league.
- A 5-minute warm-up period will be prior to the game.
- Games are played as three, 15-minute running time periods with a 2-minute break between periods.
- Stop time in the last minute of the 3rd period only (if difference is 3 goals or less).
- Each team is permitted one, 30-second, time-out per game (posted on the shot clock).
- **NO** timeouts in the last 2 minutes of the game.
- Overtime is a shootout (each team must use 3 different shooters).
- Teams must have a goalie or forfeit the game. Goalies must use regular field goalie sticks (unless agreed upon by the opposing coach).
- Face-offs will be done (each team must have 3 players on their defensive side of the floor). *Note: The center circle is for the draw players only until possession is gained.*
- **NO** 1-handed checks from behind, **NO** hitting into the boards (contact near the boards is part of the game), & **NO** reaching into the crease for loose balls.
- Players must be over the midline & within 3 feet of the boards for substitutions.
- Players must play the ball first. Playing the body will result in an interference call & possession awarded to the opposing player.
- Offensive players must make a “move” after a setting a pick or screen; **NO** blow-ups!
- The shot clock is 30 seconds once possession is gained.
- The shot clock resets when the ball hits the goalie or the goal, or when there is a change of possession.
- Any ball into the netting will result in a change of possession (except off a shot that hits the goal, goalie, or defensive player)
- Penalties are running time upon player entering the penalty box (2:00 min. personal foul; 5:00 min. major foul). A goal scored wipes the penalty out. Two goals wipe out a 5:00 minute penalty.
- The over and back rule is in effect for penalty killing teams only (10 second clearing rule)
- Inappropriate language will result in a 10-minute player suspension (2nd offense=expulsion from game).
- Fighting will result in an automatic ejection from game or expulsion from the league.



GAME OPERATIONS

Field 2: Game times at 4:00, 5:00, 6:00, & 7:00 pm

- Teams may use both doors (O & D system of substitution or 5-player rotation)
- Penalties will run off the shot clock's timer; Game clock kept on the scoreboard

Field 3: Game times at 3:40, 4:40, 5:40, and 6:40 pm.

- Teams may use both doors (O & D system of substitution or 5-player rotation)
- Penalties will run off the shot clock's timer; Game clock kept on the scoreboard

LEAGUE INFORMATION

- 20 teams placed into Red, Blue, Green & Orange Divisions
- Each team will 8 games & have 2 bye weeks (no games on 11/29 & 12/27)
- Schedules and results will be posted online at GreaterClevelandLacrosse.com
- GameSheet will be the official application for scoring of the games.

Red Division	Schools	Colors	Coach / Director
Explorers	Hudson	Camouflage (grey)	Brandon Schwind
Polar Bears	Jackson	Purple	Bobby Lyle
Vikings	Hoover	Black	Matt Gregory / PJ Kavanagh
Wildcats	St. Ignatius	Navy Blue	Kyle Bernlohr
Yardbirds	St. Edward	Camouflage (green)	Brian Stepanek
Blue Division	Schools	Colors	Coach / Director
Beavers	Riverside, Lake Catholic	Dark Grey	Dan Adair
Grizzlies	Wadsworth	Red	Nick Hassinger
Knights	Archbishop Hoban	White	Dan Clem
Swarm	Medina, Highland	Black	Jake Kubasta
Warriors	Walsh Jesuit	Yellow	George Wright
Orange Division	Schools	Colors	Coach / Director
Bombers	Kenston, Padua	Columbia Blue	Shawn Murphy
Fighting Trout	University School	Black	Mike Perrino
Iron Horse	Strongsville, Ignatius, CCC, Chardon	Dark Green	Andrew Spreng
Royals	CVCA, Revere	Royal Blue	Alek Kungle
Tigers	Chagrin Falls	Stripes (white)	Zak Gebler
Green Division	Schools	Colors	Coach / Director
Chargers	Copley, Hudson	Light Grey	Kevin Goehring / Hudson staff
Polar Bears B	Jackson	Purple	Bobby Lyle
Renegades	Kent, WJ, Wooster, St.V-M, Mayfield	Camouflage (cream)	Zach Adair / WJ staff
Thunderhawks	Hawken School, Lake, Solon	White	CB Pinkerton
Vikings B	Hoover	Black	PJ Kavanagh