

Panama

Independence Day



Brief Information

When is it?
November 3rd!

Panama received
its independence
from Colombia

Panama

Capital: Panama City
**Panama language and
population:** Spanish/4.5
million

Famous for: Panama canal,
biodiversity, and culture

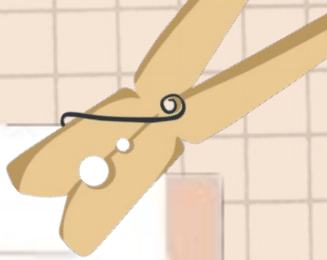




National Dish

- national dish is called **Sancocho**
- hearty and comforting chicken soup
- it is traditionally made with simmering chicken and root vegetables
- yuca, plantains, corn, etc
- herbs including cilantro
- often served with a side of rice





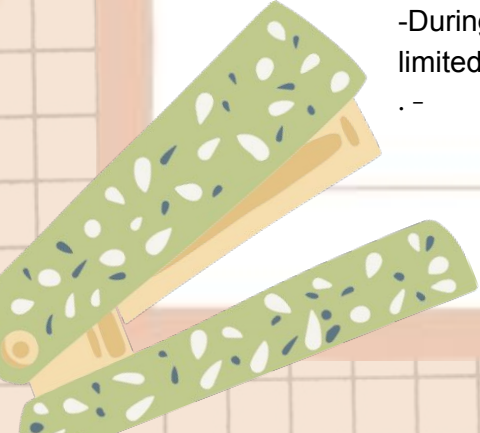
History

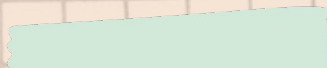
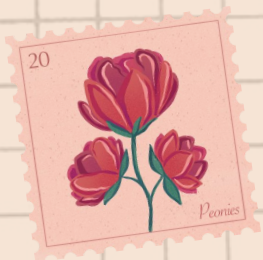
-Panama was first explored by the Spanish in the early 1500s and quickly became an important trade route between the Atlantic and Pacific

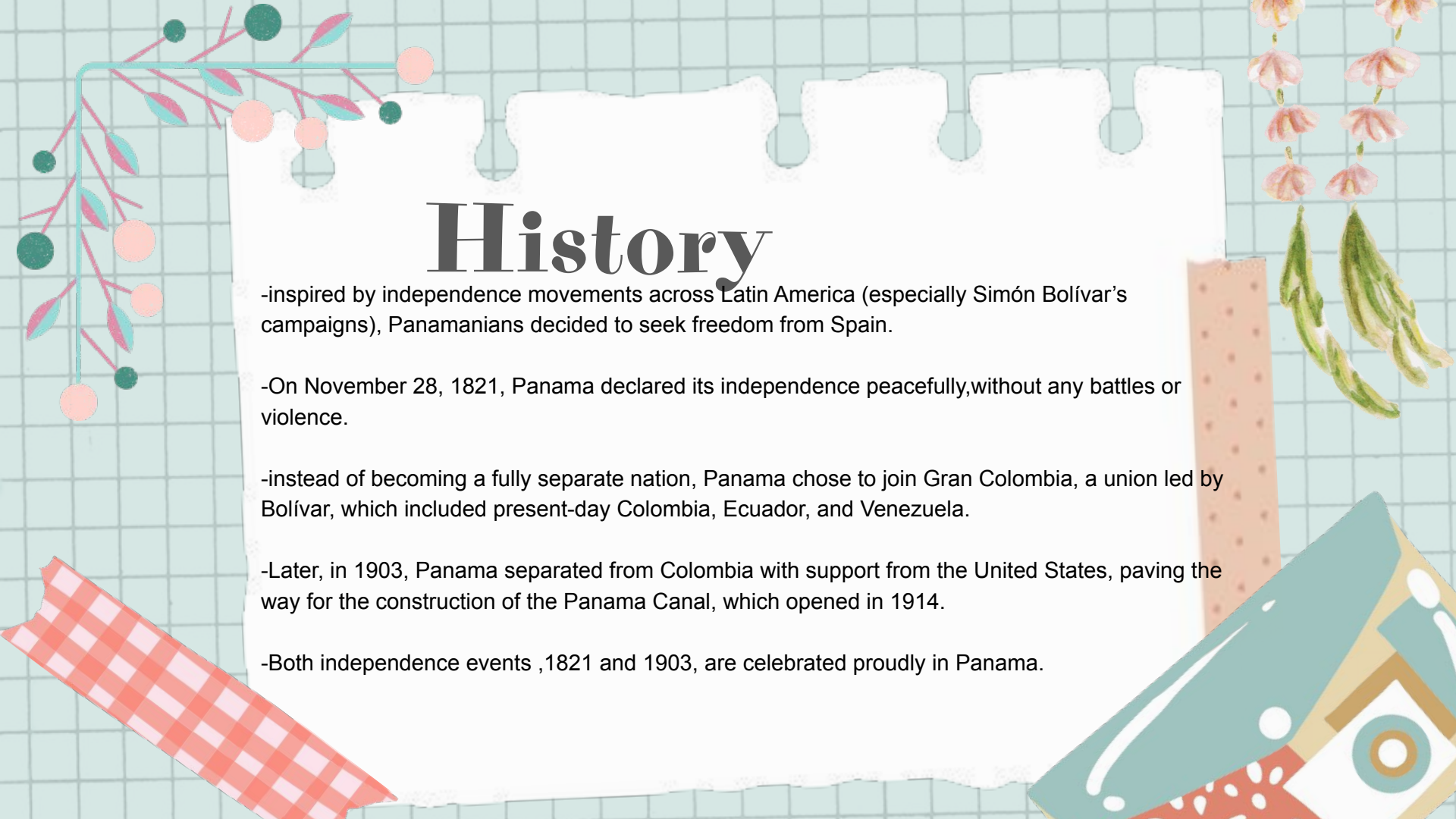
-The city of **Panama Viejo**, founded in 1519, was one of the first European settlements on the Pacific coast

Because of its location, Panama was used to transport gold and silver from South America to Spain

-During colonial times, Panamanians experienced strict Spanish rule, heavy taxes, and limited local control, leading to growing dissatisfaction and unfair treatment







History

-inspired by independence movements across Latin America (especially Simón Bolívar's campaigns), Panamanians decided to seek freedom from Spain.

-On November 28, 1821, Panama declared its independence peacefully, without any battles or violence.

-instead of becoming a fully separate nation, Panama chose to join Gran Colombia, a union led by Bolívar, which included present-day Colombia, Ecuador, and Venezuela.

-Later, in 1903, Panama separated from Colombia with support from the United States, paving the way for the construction of the Panama Canal, which opened in 1914.

-Both independence events, 1821 and 1903, are celebrated proudly in Panama.

Celebrations!



-Panama celebrates Independence Day with joyful parades, marching bands, and traditional costumes across towns and cities.

-Streets are decorated with red, white, and blue flags and filled with the sounds of drums and trumpets.

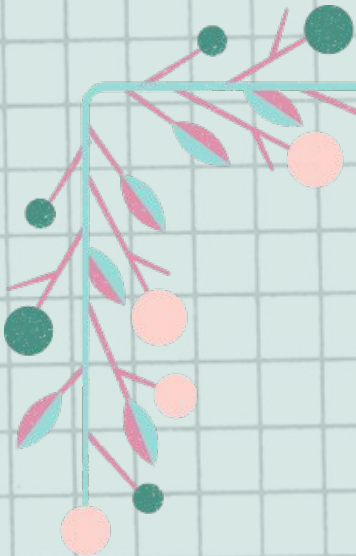
-School parades play a huge role, where students march in uniforms carrying flags and musical instruments.

-Traditional dances like the tamborito and cumbia are performed,

-people wear the pollera, Panama's national dress.

Families gather to watch the festivities and show their national pride.





More Videos + Links

<https://www.caribbeanlife.com/grand-panamanian-parade-this-saturday-in-brooklyn/>

<https://www.youtube.com/watch?v=7txLWzRVGSO>

<https://www.youtube.com/watch?v=LMNwIj4WcE>