

# COALITION FOR YOUTH & FAMILIES

*"Every Person Matters, Every Moment Counts"*

## **MEETING AGENDA**

**LOCATION:** Zoom

**DATE:** 05-13-2020

**MEMBERS:** Amanda Jennings, April King, Chelsey Eaton, Chuck Amerein, Doug Johnson, Estasia Collins, Joe Helm, Joe Huether, Kristina Brown, Martha Lanman, Michele Smith, Tasha Willoughby, Tom Anderson, Zach Weatherford

**TIME:** 9:00 am - 10:00 am

### **I. CALL TO ORDER**

### **II. INTRODUCTIONS**

a) Name

### **III. NEW BUSINESS**

a) Youth Mental Health

(1) Reminder: Columbia County has moved into Phase II, recreation with 5 or less people per week that do not live in your household is allowable

ii) Services

(1) From Kristina Brown: Tasha and Wayne from the hospital are meeting with students virtually every Monday. Students are recommended by the teachers as having a need for support. The school has asked all the staff to create office hours; time they can use to make connections with students, and an opportunity to build social/emotional learning skills with students.

(2) From Doug Johnson: Kristina and some of the elementary teachers have been doing home visits/wellness checks with some students who haven't had contact with teachers for a period of time. The school has also partnered with Columbia County Public Transportation to deliver roughly 230 breakfasts and 230 lunches daily to anyone 18 and under. Most of these are dropped off at central locations, others are delivered straight to the students' homes. They are also utilizing this service to deliver homework packets and Chromebooks.

The mission of the Coalition is to promote and support a healthy and safe environment, free from alcohol, Tobacco, and other drug abuse, violence, and related social issues affecting our youth and families.

iii) Opportunities

- (1) Columbia County in partnership with Walla Walla County has received \$80,000 for the Mental Health Promotion Program, which will be used to train teachers and community leaders, promote programs such as Sources of Strength, create materials such as bags and stickers with positive mental health messages, and push mental health ads on several social media platforms.

iv) Concerns

- (1) From Joe Helm: The Sheriff's Department has seen an increase of calls relating to mental health concerns in adults, as well as mental health and substance abuse issues with youth, mostly ranging from age 15-25.
- (2) From Tasha Willoughby: Adult patients have been declining, seeing an increase in symptoms in adults, and an increase in depression and boredom in minor patients. Working with kids on how to stay safe and healthy while hanging out with friends.
  - (a) Chelsey and Amanda will work on messaging to kids regarding safety while recreating with friends.

v) Recovery options

vi) Education

b) Community Survey

- i) This is a self-reported survey for anyone 18+ in the community. Most of the responses from our community are similar to the statewide responses. The Coalition will brainstorm and work on ideas for an adult survey, and also how to reach more of the parents of the focused age range for our Coalition.

c) COVID-19 Support & Questions

- i) Public Health has received funds that will allow us to purchase banners to promote the “Columbia County First” message- asking businesses to be mindful of serving Columbia County residents first, to reduce the traffic into our community from other counties, and to reduce the spread of COVID-19 in our county.
- ii) Public Health webpage is updated daily, so far we have only had 1 diagnosed case of COVID-19, that person has recovered. There are usually pending cases, which means that people have been tested and are awaiting results.
- iii) The hospital does have testing capabilities for a potential community outbreak, this was required for Columbia County to move to Phase II. At this time, Coalition members are uncertain of criteria that determine who gets tested, or if the testing capacity is such that anyone could be tested. This is a concern for employers who may wish for their employees to be tested before returning to work. Public Health recommends that anyone wishing to be tested first call their primary care physician, and to make sure the office at which you receive care has correct and updated place of residence and contact information on file. This is important for Public Health reporting and contact tracing.

**IV. MEMBER SHARING & CELEBRATION!**

**V. ADJOURNMENT @10:00 AM**

Next meeting scheduled for Tuesday, June 9<sup>th</sup>, 2020 via Zoom