



Calendar of meet-ups :

Jan 30- 1pm Empower Hour

February

Feb 3- 6:30pm NEW Meet-up!!!!

Feb 6- 1pm Empower Hour

Feb 9-12 pm- Monday Nooners , bring journals.

Feb 10-6:30pm- Meet-up

Feb 13- 1pm Empower Hour

Feb 16- 12 pm- Monday Nooners , bring journals.

Feb 17- 6:30pm- Meet-up

March

March 9-12 pm- Monday Nooners , bring journals.

March 10- 6:30pm- Meet-up

Located in Lighthouse Point FL

***Sign up online, or send a message.
Women only, \$20 each per session.**