

THE
Somatic Sovereignty
COLLECTIVE
EARTH | MIND | BODY | SPIRIT

Healing the Hidden Wounds of Adoption

A 2-Day
Systemic & Family Constellations Workshop
Sunshine Coast, 15 - 16 November, 2025

Bringing hidden stories to light, restoring connection and reclaiming belonging.

This workshop offers a compassionate space to explore the lasting impacts of adoption. For adoptees, birth parents and adoptive families, adoption often carries unseen grief and disconnection.

Through constellations, we gently reveal hidden dynamics, honour unspoken stories and open pathways to healing and belonging.

This program is proudly funded by **Jigsaw Qld**.

What to Expect...

Over two days, you'll be guided through Systemic & Family Constellations in a safe, supportive environment. Together we will:

- Gently uncover hidden dynamics and unspoken stories within family systems
- Honour what has been lost while creating space for new possibilities of connection
- Witness and support others on their healing journey, as part of a shared community

No previous experience with constellations is required—just a willingness to be present and open to the process.

Meet Your Guides



Margarete Koenning is a Social Worker, Senior Gestalt Psychotherapist and experienced Systemic & Family Constellations facilitator and trainer. She is known for her depth, sensitivity and decades of experience supporting healing within individuals, families and communities.



Monique Pangari is a therapist and group facilitator specialising in adoption trauma, attachment and somatic healing. She brings warmth, depth and compassion to her work, creating safe spaces for stories to be heard and for belonging to be restored.

Do you carry hidden wounds from adoption?

This 2-day workshop is for those impacted by past forced adoption policies and practices in Queensland—adoptees, birth parents and adoptive families. Together, we will use Systemic Family Constellations to uncover hidden dynamics, honour unspoken stories and open space for healing. Funded by **Jigsaw Qld**, this program offers a safe, supportive place to explore your story and take steps toward deeper understanding and connection.

