

Preparing for Upper Endoscopy (Esophagogastroduodenoscopy, or EGD)

Date of your scheduled upper endoscopy: _____

You will be called one day prior to the procedure by the surgery center with the time of your procedure.

- **General preparation**

- Make arrangements for copay and deductibles with surgery center
- Please call at least 3 days prior to the procedure with cancellations as a courtesy to others
- Do not take diabetic medications the evening prior or the morning of your procedure
- Please call the office at (727) 232-2462 at any time if you have any problems, questions, or concerns

- **7 days prior to the procedure**

- Stop taking NSAID medications (examples include but are not limited to Advil, Aleve, Celebrex, Ibuprofen, Naprosyn), Vitamin E, Multi-vitamins, diet pills, or other herbal supplements
- You may take Tylenol as needed
- If you take blood thinners (examples include but are not limited to Coumadin, Plavix, Xarelto, Pradaxa, Eliquis, Brilinta, Aggrenox), make sure that you have discussed with your physicians whether and when you may stop taking these medications prior to the procedure
- You **MUST** arrange for a driver to accompany you; the procedure will not be performed otherwise

- **1 day prior to the procedure**

- Do not eat any solid food after 7pm
- Between 7pm and midnight, you may have clear liquids only, and nothing containing alcohol
- Do not take anything by mouth after midnight

- **Day of the procedure**

- Take only your blood pressure medication and any other heart or lung medications discussed with your doctor at 6AM, with a sip of water