



MOVING CHECKLIST

8 WEEKS BEFORE MOVING

- ☐ Create a Moving Folder
 - ☐ Keep all moving-related documents, receipts, and quotes in one place.
- ☐ Set a Moving Budget
 - ☐ Determine your moving budget, including moving supplies, professional movers, and travel expenses.
- ☐ Research Moving Companies
 - ☐ Get quotes from multiple moving companies, check reviews, and book the one that best fits your needs.
- ☐ Sort and Declutter
 - ☐ Go through each room and decide what to keep, donate, sell, or discard.
- ☐ Start Packing Non-Essential Items
 - ☐ Begin packing items you don't use daily, such as seasonal clothing, books, and decor.
- ☐ Notify Schools and Request Records
 - ☐ If you have children, inform their current school of the move and request transcripts and records to be sent to their new school.



6 WEEKS BEFORE MOVING

- ☐ Order Moving Supplies
 - ☐ Purchase boxes, packing tape, bubble wrap, and markers for labeling.
- ☐ Notify Service Providers
 - ☐ Contact utility companies (electricity, water, gas) to schedule disconnection at your current home and connection at your new home.
 - ☐ Notify internet, cable, and phone providers of your move and schedule service transfer or disconnection.
- ☐ Update Your Address
 - ☐ Begin updating your address with important institutions, including the post office, banks, insurance companies, and subscription services.
- ☐ Plan for Pets
 - ☐ Make arrangements for moving your pets, including finding a pet-friendly hotel if needed or booking a pet transport service. Be sure to have current vaccination and vet records handy. Hawaii has special requirements for rabies control which can take six months or more to achieve, so be sure to take extra measures if this applies.
- ☐ Transfer Medical Records
 - ☐ Request medical records from your healthcare providers and find new providers in your new location if necessary.



4 WEEKS BEFORE MOVING

- ☐ **Confirm Moving Arrangements**
 - ☐ Confirm the moving date and details with the moving company or any friends/family assisting with the move.
- ☐ **Pack Essentials and Valuables Separately**
 - ☐ Pack a box with essential items you'll need immediately at your new home, such as toiletries, medications, clothes, and important documents. Keep valuables like jewelry and important documents in a small safe with you.
- ☐ **Begin Packing Room by Room**
 - ☐ Start packing up the rest of your home, labeling each box with its contents and the room it belongs to.
- ☐ **Notify Your Employer**
 - ☐ If you're moving to a new job, confirm the start date and any relocation benefits. If staying with your current employer, provide them with your new address.
- ☐ **Arrange for Childcare/Petcare on Moving Day**
 - ☐ If you have young children and/or pets, arrange for someone to watch them on moving day to keep them safe and out of the way.



2 WEEKS BEFORE MOVING

- ☐ Plan Meals
 - ☐ Start using up perishable foods and create a meal plan to minimize waste. Avoid buying groceries that won't be consumed before the move.
- ☐ Hire a handyman, or plan to patch and touch up paint nail holes
 - ☐ Remove anything that is not permanently attached, such as wall hangings not including curtain rods, and patch and paint the holes.
- ☐ Schedule a Final Clean
 - ☐ Arrange for a professional cleaning service or set aside time to thoroughly clean your current home and carpet after moving out.
- ☐ Confirm Address Change
 - ☐ Double-check that your address has been updated with the post office, banks, and any other critical services.
- ☐ Dispose of Hazardous Materials
 - ☐ Safely dispose of items that can't be moved, such as paint, chemicals, and flammable materials.



1 WEEK BEFORE MOVING

- ☐ Pack a Moving Day Kit
 - ☐ Include snacks, drinks, phone chargers, first aid supplies, and any other essentials you'll need on moving day.
- ☐ Defrost and Clean Appliances
 - ☐ Defrost your refrigerator and freezer at least 24 hours before moving to ensure they do not leak water during your move. Clean and dry all appliances.
- ☐ Prepare Payment for Movers
 - ☐ Set aside cash or a check for tipping movers and ensure you have payment ready for the moving company.
- ☐ Confirm Key Exchange
 - ☐ If selling or renting your current home, confirm the key exchange and final walkthrough details with your REALTOR®.



MOVING DAY

- ☐ Take Children and Pets To Their Care Provider Or Safe Area
 - ☐ Doors will be open frequently and Children and Pets are in extra danger of becoming lost, injured or stressed. Place them in your pre-arranged care provider's care for moving day..
- ☐ Supervise the Loading Process
 - ☐ Be present to answer any questions and ensure your belongings are handled with care.
- ☐ Double-Check Utility Disconnections
 - ☐ Ensure all utilities have been disconnected as scheduled.
- ☐ Do a Final Walkthrough
 - ☐ Check each room, closet, and storage space to ensure nothing is left behind
- ☐ Lock Up
 - ☐ Secure all doors and windows before leaving your old home for the last time.
- ☐ Travel to Your New Home
 - ☐ Keep your essentials and valuables with you, and travel to your new home, ready to start the next chapter.



AFTER MOVING

- ☐ Inspect Your New Home
 - ☐ Before unpacking, inspect your new home to ensure everything is as expected and that utilities are functioning.
- ☐ Unpack Essentials First
 - ☐ Start with the essentials box, refrigerated food, and gradually unpack the rest of your belongings starting with most frequently used items.
- ☐ Set Up Utilities
 - ☐ Confirm that all services such as home security systems have been connected and are working properly.
- ☐ Meet Your Neighbors
 - ☐ Take some time to introduce yourself to your new neighbors.
- ☐ Register Your Address
 - ☐ Update your address with your children's school and your local government offices, such as the DMV, and register to vote in your new location.
- ☐ Enjoy Your New Home
 - ☐ Take time to relax and enjoy your new space. You've earned it!