



The Cafeteria Department would like to welcome everyone back to a new school year! We would like to give you some important information about this school year.

The Shenandoah Valley School District would like to inform Parents & Guardians that all **breakfast** and **lunch** meals for this school year will be **FREE** to ALL students no application is needed for this! Students in grades 3rd through 12<sup>th</sup> can purchase ala carte items and snacks when available. Money can be deposited on the student lunch account through School Café payment system (instructions for this are on the school website under services and then under Cafeteria in English & Spanish). The student id number is the pin number he or she uses to purchase an ala carte or snack so please encourage your child to remember his or her specific number, it helps to make the lines move quickly. Remind your child this number should not be shared or given to other students, it is their specific number.

Menus for breakfast and lunch are posted on the school website for your convenience.

Parent & Guardians please remember if your child has an allergy, there are medical forms and instructions in English and Spanish on the school website under services and then cafeteria to be filled out so the Cafeteria Department can properly feed your child a nutritious and healthy meal. Forms are also available from the Cafeteria Department or Nurse.

This year we will be hosting the Fresh Fruit and Vegetable Program for all elementary students. A new fruit or vegetable will be introduced to your child during the afternoon in the classroom on Tuesday, Wednesday, and Thursday to let your child experience a healthy nutritious item that they may never have tried before. Ask your child about the fruits or vegetables they have tried, it will keep them interested in learning about healthy choices for snacks or meals.

We hope that this will be the Shenandoah Valley Cafeteria Department best year yet and look forward to seeing all of our students, staff, and families!

Inquires can be sent to Theresa Knipe Cafeteria Manager at e-mail [knipt@svbluedevils.org](mailto:knipt@svbluedevils.org) or 570-462-1950.