SHENANDOAH VALLEY SCHOOL DISTRICT

GRADES PRE-K-6 LUNCH MENU

DECEMBER 2024

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| **LUNCH IS FREE TO ALL STUDENTS**  THE COMPONETS OF THE  MEAL ARE:  2 OZ WG BREAD/WG ROLL  2 OZ MEAT/MEAT ALTERNATE  ½ CUP FRUIT  ¾ CUP VEGETABLE  8 OZ LOW-FAT MILK  STUDENTS ARE ENCOURAGED TO TAKE ALL 5 COMPONETS BUT,  STUDENTS MUST TAKE 3 OF THE COMPONETS TO MAKE A MEAL AND ONE MUST BE A ½ CUP OF FRUIT OR VEGETABLE  **WOW BUTTER DIP & WOW BUTTER PEANUT BUTTER** IS MADE IN A:  **PEANUT FREE**  **TREE NUT FREE**  **FACILITY** | 2  ***NO SCHOOL*** | 3  WG BREAKFAST SAND  WAFFLE FRIES  BABY CARROTS  PEARS  MILK | 4  BREADED PORK CHOP  MASHED POTATOES  CELERY STICKS  MIXED FRUIT & MILK  WG COOKIE  ***NAT’L COOKIE DAY*** | 5  MEATBALLS & SAUCE  ON A WG SUB ROLL  BROCCOLI  RST CHICKPEAS  FRUIT & CREAM  MILK | 6  WG PIZZA CRUNCHERS  WINTER BLEND  ASST RAW VEGGIES  ICEE SIDEKICKS  MILK |
| 9  WG RAVIOLI  WG GARLIC KNOTS  GREEN BEANS  CUCUMBER SLICES  APPLE WEDGES  MILK | 10  WG STROMBOLI  MARINARA SAUCE  BROCCOLI  PEARS  MILK | 11  GEN TSO CHICKEN  RICE & VEGGIES  WINTER BLEND  RST CHICKPEAS  MIXED FRUIT  MILK | 12  CHEESEBURGER  ON A WG ROLL  CRISPY FRIES  CELERY & DIP  PEACHES  MILK | 13  WG BAKED PIEROGIES  CANADIAN BACON  DICED CARROTS  ASST RAW VEGGIES  ASST FRUIT CUPS  MILK |
| 16  WG CHIX TENDERS  WAFFLE FRIES  WG MINI SOFT PRETZEL  CUCUMBER SLICES  APPLE WEDGES  MILK | 17  BEEF & CHEDDAR  ON WG ROLL  VEGGIE BLEND  BAG CARROTS  PEARS  MILK | 18  TURKEY & CHEESE  ON A WG ROLL  LETTUCE & TOMATO  BAKED BEANS  MIXED FRUIT  MILK | 19  OVEN RST CHIX  MASHED POTATOES  CELERY STICKS  ICEE SIDEKICK  MILK | 20  WG PIZZA  BROCCOLI  ASST RAW VEGGIES  ASST FRUIT CUP  MILK |
| 23  ***NO SCHOOL*** | 24  ***NO SCHOOL*** | 25  ***NO SCHOOL***  ***CHRISTMAS DAY*** | 26  ***NO SCHOOL*** | 27  ***NO SCHOOL*** |
| 30  ***NO SCHOOL*** | 31  ***NO SCHOOL*** |  | A house in the snow  Description automatically generated | **MENU**  **IS SUBJECT**  **TO CHANGE**  **WITHOUT NOTICE** |