SHENANDOAH VALLEY SCHOOL DISTRICT

 GRADES PRE-K-6 LUNCH MENU

 DECEMBER 2024

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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| **LUNCH IS FREE TO ALL STUDENTS**THE COMPONETS OF THE MEAL ARE:2 OZ WG BREAD/WG ROLL2 OZ MEAT/MEAT ALTERNATE½ CUP FRUIT¾ CUP VEGETABLE8 OZ LOW-FAT MILKSTUDENTS ARE ENCOURAGED TO TAKE ALL 5 COMPONETS BUT,STUDENTS MUST TAKE 3 OF THE COMPONETS TO MAKE A MEAL AND ONE MUST BE A ½ CUP OF FRUIT OR VEGETABLE**WOW BUTTER DIP & WOW BUTTER PEANUT BUTTER** IS MADE IN A: **PEANUT FREE****TREE NUT FREE****FACILITY** | 2***NO SCHOOL*** | 3WG BREAKFAST SANDWAFFLE FRIESBABY CARROTSPEARSMILK |  4BREADED PORK CHOPMASHED POTATOESCELERY STICKSMIXED FRUIT & MILKWG COOKIE***NAT’L COOKIE DAY*** | 5MEATBALLS & SAUCEON A WG SUB ROLLBROCCOLIRST CHICKPEASFRUIT & CREAMMILK | 6WG PIZZA CRUNCHERSWINTER BLENDASST RAW VEGGIESICEE SIDEKICKSMILK |
| 9WG RAVIOLIWG GARLIC KNOTSGREEN BEANSCUCUMBER SLICES APPLE WEDGESMILK | 10WG STROMBOLIMARINARA SAUCEBROCCOLIPEARS MILK | 11GEN TSO CHICKENRICE & VEGGIESWINTER BLEND RST CHICKPEASMIXED FRUITMILK | 12CHEESEBURGERON A WG ROLLCRISPY FRIESCELERY & DIPPEACHESMILK | 13WG BAKED PIEROGIESCANADIAN BACONDICED CARROTSASST RAW VEGGIESASST FRUIT CUPSMILK |
| 16WG CHIX TENDERSWAFFLE FRIESWG MINI SOFT PRETZELCUCUMBER SLICESAPPLE WEDGESMILK | 17BEEF & CHEDDAR ON WG ROLLVEGGIE BLENDBAG CARROTSPEARS MILK | 18TURKEY & CHEESEON A WG ROLLLETTUCE & TOMATOBAKED BEANSMIXED FRUITMILK | 19OVEN RST CHIXMASHED POTATOESCELERY STICKSICEE SIDEKICKMILK | 20WG PIZZABROCCOLIASST RAW VEGGIESASST FRUIT CUPMILK |
| 23***NO SCHOOL*** | 24***NO SCHOOL*** | 25***NO SCHOOL******CHRISTMAS DAY*** | 26***NO SCHOOL*** | 27***NO SCHOOL*** |
| 30***NO SCHOOL*** | 31***NO SCHOOL*** |  | A house in the snow  Description automatically generated | **MENU****IS SUBJECT****TO CHANGE****WITHOUT NOTICE** |