



MOLALLA AQUATIC CENTER

FALL SCHEDULE

DOWNLOAD OUR APP "Molalla Aquatic Center"

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday						
6:00am	LAP SWIM		LAP SWIM		LAP SWIM		LAP SWIM		LAP SWIM		PARTY PACKAGES AVAILABLE!		FACILITY & PARTY ROOM RENTALS		6:00am				
7:00am	LAP SWIM		LAP SWIM		LAP SWIM		LAP SWIM		LAP SWIM						7:00am				
8:00am	LAP	ShallowFit 7:45am	LAP SWIM		LAP	ShallowFit 7:45am	LAP SWIM		LAP	ShallowFit 7:45am					8:00am				
9:00am	LAP SWIM		Tot	LAP	LAP SWIM		Tot	LAP	LAP SWIM		Tot	LAP			Tot	9:00am			
10:00am	LAP SWIM		Water Walking		LAP SWIM		Water Walking		LAP SWIM		LAP SWIM				Tot	10:00am			
11:00am	Lessons	LAP SWIM	LAP	Hydrocise Plus	Lessons	LAP SWIM	LAP	Hydrocise Plus	LAP SWIM		LAP	Water Fitness	Inflatable Swim		11:00am				
12:00pm		Water Fitness	LAP	Arthritis		Water Fitness	LAP	Arthritis	LAP	Water Fitness	LAP SWIM				12:00pm				
1:00pm		LAP SWIM	LAP	Family Swim		LAP SWIM	LAP	Family Swim	LAP	Family Swim	LAP SWIM				1:00pm				
2:00pm	MHS PE	LAP SWIM	MHS PE	LAP SWIM	MHS PE	LAP SWIM	MHS PE	LAP SWIM	MHS PE	LAP SWIM	Family Swim		Family Swim		2:00pm				
3:00pm	Family Swim		LAP	Lessons	LAP SWIM	Family Swim	LAP	Lessons	LAP SWIM	Family Swim					LAP	3:00pm			
4:00pm	MAC Kids Club		Swim Team		Swim Team	MAC Kids Club			Swim Team	MAC Kids Club		Family Swim			4:00pm				
5:00pm	Swim Team	Water Walking				Swim Team	Water Walking			Swim Team	Swim Team	Swim Team	Family Swim	Inflatable Swim		RENTAL AVAILABLE	5:00pm		
6:00pm		Hydrocise Plus					Aqua Zumba 5:45 pm										Hydrocise Plus	Aqua Zumba 5:45 pm	6:00pm
7:00pm		LAP SWIM					Deep Water										LAP SWIM	Deep Water	7:00pm
8:00pm		LAP SWIM					LAP							LAP SWIM	LAP		8:00pm		
9:00pm													9:00pm						

Subject to change, please refer to www.molallaaquaticcenter.com for updates

Pre-register online or call (503) 759-(pool)7665.

Effective September 8, 2025 thru November 16, 2025

*Inflatable Swim everyone pays, \$12/\$15. Passes not applicable.



MOLALLA AQUATIC CENTER

SUMMER SCHEDULE

INQUIRE FOR MORNING LAP

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	PARTY PACKAGES AVAILABLE!	VISIT THE WEBSITE FOR MORE INFO!	6:00am
7:00am	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM			7:00am
8:00am	LAP ShallowFit 7:30am	LAP SWIM	LAP ShallowFit 7:30am	LAP SWIM	LAP SWIM			8:00am
9:00am	Lessons		Lessons		LAP SWIM	Tot		9:00am
10:00am	Lessons		Lessons		Water Walking	LAP SWIM		10:00am
11:00am	Lessons		Lessons		Hydrocise Plus	LAP SWIM	LAP Saturday Surprise	11:00am
12:00pm	Water Fitness	Arthritis	Water Fitness	Arthritis	LAP Water Fitness	LAP SWIM	Tot	Inflatable Swim*
1:00pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		1:00pm
2:00pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	2:00pm
3:00pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM			3:00pm
4:00pm							Family Swim	4:00pm
5:00pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team		5:00pm
6:00pm	Water Walking	Lessons	Water Walking	Lessons	Aqua Zumba 5:45 pm		PRIVATE RENTAL AVAILABLE 5:30pm- 7:30pm	6:00pm
7:00pm	Hydrocise Plus		Hydrocise Plus					7:00pm
8:00pm	LAP SWIM	LAP	LAP SWIM	LAP				8:00pm
9:00pm								9:00pm

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Download our app! Pre-register online or call (503) 759-POOL

Effective June 24, 2024 -September 1, 2024

*Inflatable Swim everyone pays, \$12/\$15. Passes not applicable.