



MOLALLA AQUATIC CENTER

SPRING SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am								6:00am	
7:00am	Aquacise		HIIT & Abs		Aquabata		BOOK YOUR BIRTHDAY PARTY PACKAGE NOW! (503) 759- POOL	7:00am	
8:00am	LAP	LAP	LAP	LAP	LAP			8:00am	
9:00am	Tot Time	SWIM	Tot Time	SWIM	Tot Time	LAP		9:00am	
10:00am	LESSONS		LESSONS		Open Swim 10:00 A.M. - 12:00 P.M.	LESSONS		10:00am	
11:00am		Arthritis		Arthritis				11:00am	
12:00pm	Aquacise		Aquacise		Pilates	Tot Time		12:00pm	
1:00pm								1:00pm	
2:00pm	CLOSED 1:00 P.M. - 4:00 P.M.	CLOSED 12:00 P.M. - 4:00 P.M.	CLOSED 1:00 P.M. - 4:00 P.M.	CLOSED 12:00 P.M. - 4:00 P.M.	CLOSED 1:00 P.M. - 4:00 P.M.	OPEN SWIM SATURDAY & SUNDAY 1:00 P.M. TO 5:00 P.M.		2:00pm	
3:00pm								3:00pm	
4:00pm	Open Swim 4-5pm	LESSONS	Open Swim 4-5pm	LESSONS				4:00pm	
5:00pm	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	OPEN SWIM	LAP SWIM	CLOSED AVAILABLE FOR RENTALS	5:00pm	
6:00pm	Water Walking		Water Walking					6:00pm	
7:00pm	Hydrocise Plus		Hydrocise Plus					7:00pm	
8:00pm		Deep Water Fitness		Deep Water Fitness				8:00pm	
9:00pm								9:00pm	

**Subject to change, please refer to www.molallapool.com for updates

Effective April 2, 2019 - June 16, 2019