



## **Developing The Principles of Success**

Success principles are your values and ways that assist you to develop your work. They help you to create a foundation for ongoing success. Success practices assist you to implement success principles by using them effectively in your life and work.

This article shares some of the success principles in our work and ways to integrate them in your life and work.

These success principles are:

- Create Momentum
- Do 'More'
- Create Excellence
- Develop Your Knowledge
- Create Original Work

Here is a short description of each of them.

- Create Momentum

Momentum, the ability to move forward, is essential to achieving your goals successfully. Consistent actions is one of the ways to develop momentum and accomplish your goals effectively.

- Doing 'More'

There is always more you can do to achieve a goal. You can do 'more' by taking more of the same or similar actions, changing the way you are accomplishing a goal or modifying the goal itself.

One question which helps you to do 'more' is:

*“What more can I do to achieve this goal successfully?”*

There is always a next step - a way to do more. This can be by taking an inner or outer action. An inner action is an internal action such as writing or creating reminders of the goal or the actions you are taking to achieve it. Writing a Positive Goal Statement is an example of an inner action. This is a Statement about the goal as if you are already achieving it successfully. An outer action is an action you take in the outside world. A few examples are; doing research or having a meeting.

- Create Excellence

Creating excellence naturally results in success. Focusing on excellence helps you to take expansive actions which create new possibilities beyond your current goals.

- Develop Your Knowledge

Developing knowledge in an area of your life or work assists you to create success. For example, doing research helps you to understand in depth the area of your life or work you are developing. It helps you to gain a broader perspective of this area.

- Create Original Work

The way you integrate concepts and create new ideas helps you to develop original work. The uniqueness of your work may bring forth innovative and positive solutions which contribute to the wellbeing of people and society.

The first three success principles help you to develop new ways to achieve your goals. The other two assist you to expand your work. Both kinds of success principles are essential for creating success.

This exercise assists you to develop one or more of these principles.

#### Developing Success Principles Exercise

1. Choose one success principle you would like to develop in your life or work.
2. List the actions you will take within the next 60 or 90 days or a year.
3. Write a Success Principles Statement. This is a Statement about the principle as if it is already assisting you to create success. Here is an example which focuses on developing original work.

## Developing Original Work Statement

*I am achieving my goals by developing new water technologies for developing countries. These technologies purify water for households and businesses. This reduces disease and creates health and wellbeing for people in third world countries.*

4. Take at least one action each day to develop this principle in your life or work.
5. Each week, look at the actions you are taking and results. Modify your actions when this assists you to achieve your goals.
6. Each month, take another look at your actions and results.
7. At the completion of 60 days, 90 days or a year, decide to continue to work with the same principle or choose another to develop in your life or work.

Success principles and practices assist you to achieve your goals and create success. The first kind of success principle facilitates the way you accomplish a goal. The second type helps you to develop your work. Working with these principles assists you to reach higher levels of excellence and success and contribute to the lives of people and society in positive ways.

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