

FOOTHILL HIGH SCHOOL

DANCE TEAM AUDITIONS

2019-2020

Dance Team Audition Information Meeting Wednesday, April 3RD – 6:30-8:00pm

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DANCER/PARENT INFORMATION PACKET

The 2019-2020 Dance Team Audition Informational Meeting is on Wednesday, April 3RD, from 6:30pm to 8:00pm in the Foothill High School Dance Room on the 2nd floor of the Event Center. All dance team applicants must attend this meeting along with at least one parent/guardian.

Please read the enclosed information very carefully and bring this entire packet with you to the information meeting.

Included are Membership Requirements, Dance Team Responsibilities, Finances, Application Requirements, Audition Format, Audition Timeline, Schedules, Audition Results Agreement, Teacher Evaluation Forms, Health Insurance, Liability Forms, and Candidate Questionnaire. A parent or guardian signature is required on designated forms and they are to be turned in at the times stated in this packet.

Any questions you might have will be answered the night of the Dance Team Audition Information Meeting, or please feel free to email Marrissa Maizland at Coachmarrissa@yahoo.com.

Sincerely,

Marrissa Maizland
Foothill High School
Dance Team Coach

I. MEMBERSHIP REQUIREMENTS

Your dancer has decided to audition for the 2019-2020 Foothill High School Dance Team. In order to be considered, she/he must be currently approved to attend Foothill High School for the 2019-2020 year. If selected for the FHS dance team, below are the requirements and expectations to participate.

The FHS Dance Team is an extremely competitive team much like any competitive dance studio that puts in long hard hours to be able to compete at an advanced and national level. Expectations are that each member treats this team as their number one priority above all other social and extracurricular activities. This may require a student to make changes to study habits, social obligations and work schedules. If you or your dancer is unable to make this commitment, this team may not be right for you.

- A. As a member of the Dance Team, our season is year round and our dancers are required to attend MANY activities in the afternoon, evenings, and weekends. It is estimated that our JV Team will spend approximately 12-15 hours a week and our Varsity Team will spend 15-20 hours a week at these functions. Each dancer will be required to attend at least three to five rehearsals per week and numerous athletic events and dance team competitions outside of required rehearsals.
- B. There are two teams: Varsity and JV Dance. The Varsity Dance Team is composed of students grades 9-12. The JV team is composed of students grades 9-11 only. Incoming freshmen may be considered for the varsity team, but the student must demonstrate *exceptional talent and maturity*. All returning Dance Team members are required to re-audition each year and previous membership **does not** guarantee that student a position on the 2019-2020 team. Placement on teams is based on the sole discretion of the judging panel.
- C. Every Dance Team member **MUST** be able to attend all new team practices beginning in May, all summer practices, summer camp and fundraising activities. Vacations should be scheduled during the approved 2-week break. No excuses will be accepted for missed dance team activities. Please see summer schedule.
- D. The commitments of the FHS Dance Team are as much as any athletic team on campus and students receive PE/Elective credit during 6th period for their participation. That being said, students will not be able to dual enroll in both athletics and dance. Dancers are encouraged, however, to participate in other extra-curricular activities including ASB, Choir and Drama as long as it does not conflict with practices or performances.
- E. A Dance Team member may hold a job, but it cannot conflict/interfere with Dance Team Activities.
- F. Dance Team Members must enroll in 6th period Pep/Leadership or PE/Pep class for the entire 2019-2020 school year. This class can be used as Elective or P.E. credits.
- G. Dance Team members must maintain a 2.0 GPA. If a member is unable to reach a 2.0 GPA, that member will be placed on academic probation for the succeeding grading period and must maintain satisfactory attendance (3 hours a week) in a designated tutorial class to remain eligible. If this does not happen the student will be declared ineligible. If, at the end of the probationary grading period the student has not achieved a 2.0 GPA, they shall be ineligible for the following grading period.
- H. Dance Team members must not receive two or more unsatisfactory (U) marks in citizenship in a grading period. If a student receives two or more "U" marks, that member will be declared immediately ineligible for extracurricular activities until the next grading period.
- I. Members of the Dance Team are expected to be model students, academically and socially. They are governed by a set of guidelines in the Dance Team Code. Violations of these guidelines in terms of conduct and/or poor academic standings can lead to their expulsion from the Dance Team.

II. DANCE TEAM RESPONSIBILITIES

- Will attend all scheduled practices, which may include weekends
- Will attend all sports events and all competitions as scheduled
- Will attend at least one technique class outside of regularly schedule practices
- Will attend all fundraising activities of the Dance Team and Booster Club
- Will attend Summer Camp and Summer Practices
- Will be in proper uniform at all athletic and Dance Team functions where a uniform is mandated
- Will maintain a 2.0 GPA with no more than two U's
- Will be enrolled in 6th period Dance for the 2019-2020 school year
- Will not be involved in any school activities that will interfere with Dance

III. FINANCES

- a. The FHS Dance Team is very expensive to maintain. It is a competitive program and all costs for competitions will be outlined in a cost per person. Last year's budget was around \$50,000. Throughout the year the booster club actively holds many fundraisers to help offset costs as well as pursue corporate sponsorships and donations. The booster club depends on the participation of all members to keep this club a success. All dancers are required to attend all fundraisers and lack of full participation will impact their grade. If the team does not meet fundraising goals, the team may have to do without previously planned activities/items. A list of fundraising goals will be presented at the new dancer meeting.

IV. AUDITION FORMAT

- a. Dancers will attend 2 days of intensives and 1 final audition day. Intensives will take place May 1st & 2nd from 3:30-7:00pm in the FHS Dance Room. Auditions will take place May 3rd by appointment beginning at 2:00pm.
- b. Dancers performance throughout this 3-day period will determine your selection for the FHS Dance Team as well as placement within each team. A portion of your audition will be based on your grades, teacher evaluations, past performance, attendance, attitude, working relationship, dependability, following directions, attentiveness, timeliness, learning skills and overall work habits. The largest portion of the audition will be based on the evaluation of physical aspects to include dance technique, dance style, advanced tricks, strength, coordination, flexibility, sharpness, placement, knowledge of the routine, jumps, ability to learn quickly, teaching ability, and showmanship. Evaluations of dancers will begin from the first day we meet to the last day of auditions.
- c. The judging panel including Coach Marrisssa will select placement for all teams. Junior Varsity team competes in two styles: Pom & Jazz. The Varsity team competes in three styles: Pom, Jazz & Team Performance. Squad size and composition will be determined by the natural break in ability. Alternate positions may be given but are not guaranteed.
- d. An applicant's eligibility to participate in competition will be continually evaluated based on the individual's dance, jump, flexibility and advanced trick technique. Being a part of the Dance Team is a privilege, not a right, and a member's participation in performances may be revoked at any time if the member fails to comply with all Dance Team rules and responsibilities. If a dancer is unable to dance during multiple practices because of an injury or illness she/he may be moved to an alternate.
- e. You must wear appropriate practice clothes (ex. Fitted shorts, a fitted top, a sports bra and jazz shoes). Please wear black, gold, white or all three colors on the day of final audition. Absolutely NO JEWELRY OR PIERCINGS OF ANY KIND. All of your hair must be up and in a tight ponytail with a hair tie (NO scrunchies or clamps). No gum is allowed. Please bring water.
- f. Throughout the audition process dancers will learn and be evaluated on the following material:
 - a. Strength and stretch combo
 - b. Across the floor and center floor technique

- c. Three (3) dance combos that includes advanced tricks, hip hop, jazz and pom technique
- d. Ability to learn choreography quickly and take correction
- e. Advanced Tricks: Leaps in second, Toe Touches, Switch Leaps, Leg Hold Turns, Turns in Second, Triple or More Pirouettes.

*All skills will be taught and demonstrated prior to evaluation as well as a detailed description of competitive dance team minimum requirements is attached below.

- g. Each day of auditions will be held in the **FHS dance room**. Please be early and begin warming up as soon as you get there. **DO NOT BE LATE!**

FAILURE TO FOLLOW ANY OF THE ABOVE DIRECTIONS WILL AFFECT YOUR OVERALL
STANDING.

- h. Notification of new squads will be emailed to both the dancer and the parent Saturday morning and will be posted on the Foothill Dance social media platforms and website. Competition teams will be posted in FHS Dance Room window. *If you are unable to fill the position you have been offered, please email Marrissa Maizland at Coachmarrissa@yahoo.com no later than Monday, May 6th by 2:00pm.*
- i. All decisions of placement and acceptance on the FHS Dance Team are FINAL. The FHS School Administration supports this. With so many talented dancers each year, it is an extremely difficult job for the judging panel to make these selections. It is done with much thought, expertise and professionalism. Each candidate will be diligently and carefully evaluated to make the best decision for the FHS competitive dance team. We understand that this audition process is difficult, time consuming and stressful. If you do not make the team, please feel free to reach out to Coach Marrissa if your dancer would like feedback once tryouts have been completed.

V. AUDITION REQUIREMENTS

- a. Dancer and a Parent/Guardian must attend the information meeting on **Wednesday, April 3RD** from **6:30-8 pm**.
- b. Dancer and a Parent/Guardian must fill out and sign the Grading Policy, Competitive Dance Team Minimum Requirements & Audition Application & Results Agreement.
- c. Dancer must have at least a 2.0 GPA with no more than two U's in citizenship on your Fall Semester Report Card or 3rd Quarter Grades to be eligible to audition. **Attach a copy of your Fall Semester Report Card or a transcript to the back of your tryout application.**
- d. Dancer must attach a recent picture of yourself to your Audition Application. (Photos will NOT be returned.)
- e. Dancer must complete the Personal Information Card & Skills Sheet.
- f. Foothill Athletic Clearance Form must be completed and uploaded to athleticclearance.com by THE FIRST DAY OF TRYOUTS.
- g. The signed Audition Application & Results Agreement, Grading Policy, Competitive Dance Team Requirements, copy of Report Card, recent Photo, Personal Identification Card, Personal Skills Sheet, Attendance Printout, and Discipline Printout *must all be turned in at the Parents' meeting on Wednesday, April 3RD.*
- h. Each dancer must have at least 3 recommendations submitted in an envelope. Two current schoolteacher evaluations and one current dance instructor. *They must be received by Monday, April 29TH, by 2:00 pm, attention Dance (Mailbox in Athletics Office).*
- i. All dancers must be free of any health problems which would be aggravated or make her unable to participate in ALL Dance Team requirements and activities, which include: strength and stretch, jumping, turning, etc.

IV. AUDITION TIMELINE

- A. PARENT/DAUGHTER AUDITION MEETING
 WEDNESDAY, April 3RD, 2019 6:30pm to 8:00pm Located in the Dance Room
- B. AUDITION INTENSIVES
 WEDNESDAY, May 1ST, 2019 3:30pm to 7:00pm Located in the Dance Room
 THURSDAY, May 2ND, 2019 3:30pm to 7:00pm Located in the Dance Room
- C. AUDITION
 FRIDAY, May 3RD, 2019 By Appointment Located in the Dance Room
- D. NEW SQUAD ANNOUNCEMENTS EMAILED AND POSTED
SATURDAY MORNING, May 4TH, 2019
- E. NEW SQUAD PARENT/STUDENT MEETING
 Students: TUESDAY, May 7TH, 2019 3:30pm to 5:30pm Located in the Dance Room
 Parents: WEDNESDAY, May 8TH, 2019 6:30pm to 8:00pm Located in the Dance Room
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**PREVIOUS MEMBERSHIP ON ANY DANCE TEAM DOES NOT GUARANTEE
 THAT STUDENT A POSITION ON THE 2019-2020 SQUAD.**

**PLEASE ATTACH THE FOLLOWING FORMS IN THIS ORDER
AND BRING TO THE MEETING ON April 3RD, 2019.**

NAME_____ GRADE_____

_____ **PERSONAL INFORMATION CARD WITH PICTURE**

_____ **PERSONAL SKILLS SHEET**

_____ **DETAILED MINIMUM REQUIREMENTS**

_____ **GRADING POLICY REQUIREMENTS**

_____ **APPLICATION AND RESULTS AGREEMENT**

_____ **ATTENDANCE PRINTOUT**

_____ **DISCIPLINE PRINTOUT**

_____ **CURRENT UNOFFICIAL TRANSCRIPT**

DUE APRIL 3RD

Personal Information Card

2019-2020 FHS DANCE TEAM AUDITIONS

Place Picture Below

Name _____

School Currently Attending _____

Grade _____ (2019-2020 School Year)

Home Address _____

City _____ State _____ Zip _____

Parents Name _____
(Mom) (Dad)

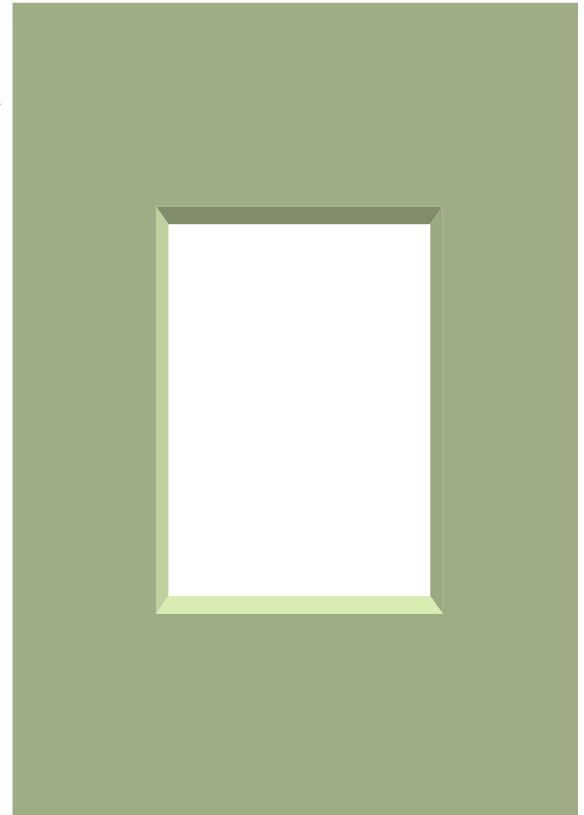
Home Phone _____

Student Cell _____

Student Email _____

Parent/Guardian Cell Phone _____

Parent/Guardian Email _____



SPIRITWEAR SIZES:
(Please Circle)

TEE: YS YM YL AS AM AL AXL

TANK: YS YM YL AS AM AL AXL

SPORTS BRA: S M L XL

SHORTS: XS S M L XL & 0 2 4 6 8 10

LEGGINGS: XS S M L XL & 0 2 4 6 8 10

TENNIS SHOES: _____

Squad(s) that you would like to be considered for: (please circle all that apply)

Varsity Dance

JV Dance

***note if you do not circle a squad you will not be considered for it.**

DUE APRIL 3RD

Personal Skills Sheet

2019-2020 FHS Competitive Dance Team

NAME _____ GRADE _____ (2019-2020 school year)

Do you have any dance experience? Please Circle: Yes No
How many years? _____ What programs? _____

Have you ever competed as a dancer? Please Circle: Yes No
How many years? _____ What programs? _____

What dance skills are you most proud of?

What is/are the most advanced dance skill(s) you can demonstrate?

Do you take any dance technique classes? Where and for how many hours per week?

What is your favorite type of dance? Why?

Why do you want to be a part of the FHS Dance Team?

Besides dancing, or athletic skills, what qualities could you add to a Foothill High School Dance Team?

DUE APRIL 3RD

Detailed Minimum Requirements

2019-2020 FHS Competitive Dance Team

Flexibility On Right & Left
Leg Hold On Right & Left
Triple/Quad+ Pirouettes
Triple+ Ice Skater Turn
Single+ Leg Hold Turn
90-Degree Single+ Toe Touch
Split Leap, Center Leap, Tilt Leap & Switch Leap On Right & Left
Turning Disc
Leg Extensions & Hold
Two 8 Counts Of A La Seconds Into Triple+
Change Spot A La Seconds Into Triple+
Reverse Spot A La Seconds Into Triple+
Specialty Dance Tricks A Plus

***All elements will be demonstrated prior to evaluation**

- CONSISTENCY THROUGH ALL TECHNIAL ELEMENTS
- STRONG, POWERFUL, CLEAN & TIGHT POM MOTIONS
- MEANINGFUL PERFORMANCE EXPRESSION THROUGH FACE & BODY
- ABILITY TO PICK UP CHOREOGRAPHY QUICKLY
- ABILITY TO DANCE & ACT AS A TEAM PLAYER & NOT A SOLOIST
- COMPLETE UNDERSTANDING OF ALL GUIDELINES, RULES & EXPECTATIONS OF THE FOOTHILL HIGH SCHOOL DANCE TEAM PROGRAM
- EXCEPTS THE RESPONSIBILITY TO TAKE OUTSIDE TECHNIQUE CLASSES THROUGHOUT THE SEASON TO MAINTAIN & CONTINUE IMPROVING AS A DANCER
- IF PLACED IN AN ALTERNATE POSITION, YOU ARE CONSISTANTLY STRIVING TO ACHIEVE PROVISIONAL MARKS WHICH WILL BE DISCUSSED WITH YOUR COACH

I/We understand the minimum requirements for the Foothill High School Dance Team. I/We understand that this is a highly competitive program that competes at the advanced level. If offered a position on the FHS dance team, I will continue to maintain and advance my skills.

Student's Signature

Parent's Signature

DUE APRIL 3RD

Grading Policy Requirements

2019-2020 FHS Competitive Dance Team

Your grade for this course is broken down into 4 areas. Everyone starts the course with 250 points. So the good news is everyone starts with an “A”! The bad news is you can lose the points very easily. Each time you don’t comply with the requirements of one of the four areas, you lose 10pts. That means if you get five marks against you, your grade goes down to a “B”. The following are the four graded areas:

- ❖ Being On Time- Being on time to everything! Practices, buses, competitions, games and more.
- ❖ Being Properly Prepared at Practice, Games and Other Events- You must be dressed in proper dress out uniform and performance ready at all times. If you lose an article of your uniform you must purchase another. No special items added to your uniform. (No jewelry, bright nail polish, etc.)
- ❖ Having A Positive Attitude - You must have a positive attitude at all times- no rude commentators, no divas, no whiners, no grumps! Foothill Dance Team members are here for a fun and competitive experience. They uphold a high moral standard and are ambassadors on and off campus. A positive attitude includes respect towards your fellow teammates, dance team parents, admin, Foothill students, fellow competitors and your coach.
- ❖ Having Regular Attendance- All practices are MANDATORY and work schedules, doctor appointments, vacations, haircuts, homework and life in general must be planned around the dance teams schedule. Football games, basketball games and competitions are MANDATORY. If your absence is unexcused thirty points will be automatically subtracted from your grade. If you have more than three unexcused absences you may be removed from the competition teams and or benched from the games. Leaving an event unexcused will result in removal from the program.

The grading scale is as follows:

100-90% of total points=A

89-80% of total points =B

79-70% of total points=C

69-60% of total points=D

I/We understand the grading policy requirements for the Foothill High School Dance Team. I understand this is a huge commitment and I am willing to put forth the effort to continue the excellence of this program.

Student’s Signature

Parent’s Signature

DUE APRIL 3RD

Application & Results Agreement

2019-2020 FHS Competitive Dance Team

Full Name: _____ Grade Entering: _____ Date of Birth: _____

Address: _____ City: _____ Zip: _____

Parent/Guardian's Full Name: _____

Parent/Guardian's Full Name: _____

Parent's Phone: _____ Student's Phone (if different): _____

Parent/Guardian's E-Mail Address: _____

Student E-Mail Address: _____

AUDITION AGREEMENT

I/We have read the guidelines for the Dance Team auditions and have discussed its implications with my/our student. I/We consent to having my/our student tryout for the Dance Team and to meet all tryout requirements.

I/We have reviewed our student's academic performance and the required time commitment involved in Dance Team. I/We believe that my/our student would be able to participate in Dance Team and still successfully achieve a satisfactory GPA.

I/We are committed to fundraising to meet the goals of the booster organization.

My/Our student has no health problems that would be aggravated or make he/she unable to participate in all Dance Team requirements and activities, to include, but are not limited to: lifting, basing, and catching tumbling.

RESULTS AGREEMENT

I/We understand and accept the audition process and its requirements for the FHS Dance Team.

I/We have discussed the audition process and its implications with my/our student and have prepared my/our student for any and all casting decisions.

I/We accept that all casting decisions of placement and acceptance on the FHS Dance Team are final.

Parent/Guardian's Signature_____
Date_____
Parent/Guardian's Signature_____
Date

STUDENT AGREEMENT

I have knowledge of, and am willing to fulfill all requirements of the Dance Team as described and listed on previous pages. I have read the guidelines for Dance Team auditions and agree to meet all tryout requirements and accept all casting decisions made.

Dance Team Candidate's Signature _____ Date _____

Foothill High School
Dance Team
2019-2020
Teacher Evaluation Form

Dance Team candidates must provide each teacher with an envelope

Dance Candidate Name: _____

Evaluator Name and Class: _____

Teachers: It is the mission of the dance team program at Foothill High School to select athletes that exemplify the highest moral, academic, and athletic standards. We thank you for taking the time to provide an honest evaluation of this candidate. Please place this evaluation in a signed and sealed envelope and return to "Dance" at Foothill High School. Dance box is located in the FHS Athletic Office.

Rating Scale:

5 – Excellent, outstanding

2 – Fair, needs a lot of work, definitely lacking

4 – Very good, superior

1 – Poor, inadequate, totally unacceptable

3 – Average, good, could be better

0 - Unattempt

0 1 2 3 4 5 Good Attendance (doesn't cut class, isn't tardy, number of absences)

0 1 2 3 4 5 Capability of leadership

0 1 2 3 4 5 Dependable and responsible

0 1 2 3 4 5 Self-discipline and motivation

0 1 2 3 4 5 General attitude and disposition

0 1 2 3 4 5 Ability to accept constructive criticism

0 1 2 3 4 5 Ability to work well in groups and with a variety of students

0 1 2 3 4 5 Appearance (dress/hair appropriate, follows school dress code, etc.)

0 1 2 3 4 5 Good representative for FHS

_____ / 45 possible points

Any additional comments or concerns about this candidate?

If there is anything specific that you do not feel comfortable sharing in this form, you may direct those concerns to CoachMarrissa@yahoo.com.

Signature: _____ Date: _____

Due MONDAY, APRIL 29TH!

**Foothill High School
Dance Team
2019-2020
Teacher Evaluation Form**

Dance Team candidates must provide each teacher with an envelope

Dance Candidate Name: _____

Evaluator Name and Class: _____

Teachers: It is the mission of the dance team program at Foothill High School to select athletes that exemplify the highest moral, academic, and athletic standards. We thank you for taking the time to provide an honest evaluation of this candidate. Please place this evaluation in a signed and sealed envelope and return to "Dance" at Foothill High School. Dance box is located in the FHS Athletic Office.

Rating Scale:

5 – Excellent, outstanding

2 – Fair, needs a lot of work, definitely lacking

4 – Very good, superior

1 – Poor, inadequate, totally unacceptable

3 – Average, good, could be better

0 - Unattempt

- | | | | | | | |
|---|---|---|---|---|---|--|
| 0 | 1 | 2 | 3 | 4 | 5 | Good Attendance (doesn't cut class, isn't tardy, number of absences) |
| 0 | 1 | 2 | 3 | 4 | 5 | Capability of leadership |
| 0 | 1 | 2 | 3 | 4 | 5 | Dependable and responsible |
| 0 | 1 | 2 | 3 | 4 | 5 | Self-discipline and motivation |
| 0 | 1 | 2 | 3 | 4 | 5 | General attitude and disposition |
| 0 | 1 | 2 | 3 | 4 | 5 | Ability to accept constructive criticism |
| 0 | 1 | 2 | 3 | 4 | 5 | Ability to work well in groups and with a variety of students |
| 0 | 1 | 2 | 3 | 4 | 5 | Appearance (dress/hair appropriate, follows school dress code, etc.) |
| 0 | 1 | 2 | 3 | 4 | 5 | Good representative for FHS |

_____ / 45 possible points

Any additional comments or concerns about this candidate?

If there is anything specific that you do not feel comfortable sharing in this form, you may direct those concerns to CoachMarrissa@yahoo.com.

Signature: _____ Date: _____

Due MONDAY, APRIL 29TH!

Foothill High School

Dance Team

2019-2020

Dance Teacher Evaluation Form

Dance Team candidates must provide each teacher with an envelope

Dance Candidate Name: _____

Evaluator Name and Class: _____

Teachers: We thank you for taking the time to provide an honest evaluation of this candidate. Please return signed and sealed envelope to Student, which will then be delivered to "Dance" at Foothill High School.

Rating Scale:

5 – Excellent, outstanding

4 – Very good, superior

3 – Average, good, could be better

2 – Fair, needs a lot of work, definitely lacking

1 – Poor, inadequate, totally unacceptable

0 - Unattempt

0	1	2	3	4	5	Flexibility
0	1	2	3	4	5	Pirouettes
0	1	2	3	4	5	Jumps/Leaps
0	1	2	3	4	5	Turns in Second
0	1	2	3	4	5	Ability to Pick of Choreography
0	1	2	3	4	5	General attitude and disposition
0	1	2	3	4	5	Self-discipline and motivation
0	1	2	3	4	5	Ability to work well in groups
0	1	2	3	4	5	Stage Presents/Performance Ability

_____ / 45 possible points

Any additional comments or concerns about this candidate?

If there is anything specific that you do not feel comfortable sharing in this form, you may direct those concerns to CoachMarrissa@yahoo.com.

Signature: _____ Date: _____

Due MONDAY, APRIL 29TH!