

August  
2019



Lord of Life Lutheran

Lifelines

## Greetings from Pastor Amanda!

Greetings of peace and love to you, people of Lord of Life! Thank you for the gift of the last 10 weeks for a sabbatical! I used the time to finish projects at home, read, journal, camp, play piano, garden, giggle with kids, pray, and relax.

But honestly, I have a hard time putting words to the experience. (I feel like a pastor shouldn't admit that she can't find the words...) See, I could talk about what I did over the 10 weeks or how each element fit that "Go Deeper" theme, but what I "did" isn't enough to describe sabbatical. I could give you a glimpse into how awfully heavy my spirit felt before leaving and how energized and excited I am to be back, but even that doesn't fully explain the shift that happened during this time.

Back in May, I could not imagine the ways God would work to renew my spirit, to release stress that killed motivation and vision and compassion, and to set my own spirit back on solid ground. I'm left with this vague explanation: during sabbatical, God did some serious work on my heart.

Faith things can be hard to talk about because they happen so deep within our hearts. When God meets us in our despair or loneliness or weakness and puts something else in its place, it transcends words. We are left with gratitude the depth of which only God knows.

But here's the true gift of a sabbatical: this renewal is not just for

me to hang on to and enjoy all by my lonesome. The things I learned about prayer and pause, the relief from finishing those back-burner projects, the dreams that have come to the surface, and the fresh sense of adventure and creativity and joy will be poured out in our ministry together. And what **you** have learned from God in your own lives and through Pastor Dan and in reading "Where God Meets Man", will inform our ministry together as well.

Our task now is in Paul's words from Philippians 3 that I shared back in May, "Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus."

We have done some good and faithful work while we have been apart – even if all you did was live your life. I am excited to discover together the big dreams God has for Lord of Life as we try to put words to the great love we receive in Christ.

In Christ's  
Peace,  
~Pastor  
Amanda



### Welcome Back, Pastor Amanda

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#### Dates to note

Aug. 2: 10th Anniversary of Pastor  
Amanda's 1st Sunday @ LoL  
Aug. 6: Kuwaa resumes  
Aug. 12: Council Meeting 7pm  
Aug. 25: Welcome to...Education

"LifeLines"

## Council Highlights

Bible study led by Liz Sandbo: 1 Corinthians 12:27-31. What are your spiritual gifts? How do we use our gifts, show them and share them with the community? How do we lead when there are difficult times for people and the church?



Upcoming events: July 14 Love INC “Love Cruise”; July 21 Pastor Dan’s thank you potluck; July 22 Pastor Amanda’s return; July 27 Two Harbors youth group staying overnight; Love INC giving a talk during service Aug. 11; Loving Families host week Sept 8-15.

- ◆ Treasurer’s report: Undesignated checking: \$2,811.53, Designated Checking: \$18,204.25. Debit Card checking: \$774.21, Savings: \$5,217.04. Building fund for the septic has \$1,052.42 after septic repairs. Remainder will stay in the building fund unless discuss moving to another fund. Last beef payment came in.
- ◆ Pastor's report: Pastor Dan Bollerud noted that he only had two weeks left.
- ◆ Evangelism: Everything is up to date and getting done between Nancy Uptgraft and Janis Robertson.
- ◆ Facilities: Septic repair went well (see Ongoing Business). Amanda asked that a shed be built for the mower and other items and leftover rock from septic repairs be used for the floor. Extra rock will be used in the parking lot. Trees will be trimmed and brush cleared to improve visibility. Curt Renner suggested a work request form for building repairs, for congregational use. Tim Schackman will review the form with the Office Manager.

Ongoing business: Septic repairs came in way under budget; everything owed has been paid. Many members contributed materials, funds, and labor. VBS went really well, with 17 kids attending. Next year’s theme is “Into the Wild,” based on Moses’ story. 10th anniversary celebration: Dates are Amanda’s first day at work (July 27), first Sunday @ LoL (August 2), installation (Reformation Sunday). There will be a celebration Reformation Sunday.

New business: Welcome to...Education event discussed for August 25. Sam Aleshire, Liz Sandbo and Cheryl Park are on a constitution, bylaws and protocol review team; protocols to be approved by council,

## “Welcome to...Education” Event



How much do you remember from your Sunday school days? Chances are you’ve got a song or two and a few Bible stories stuck in that brain somewhere, but how much really sank in? Is there still something valuable in church-led education programs?

You’re invited to stick around after church on **August 25** for lunch and our next “Welcome To...” event! We will play with

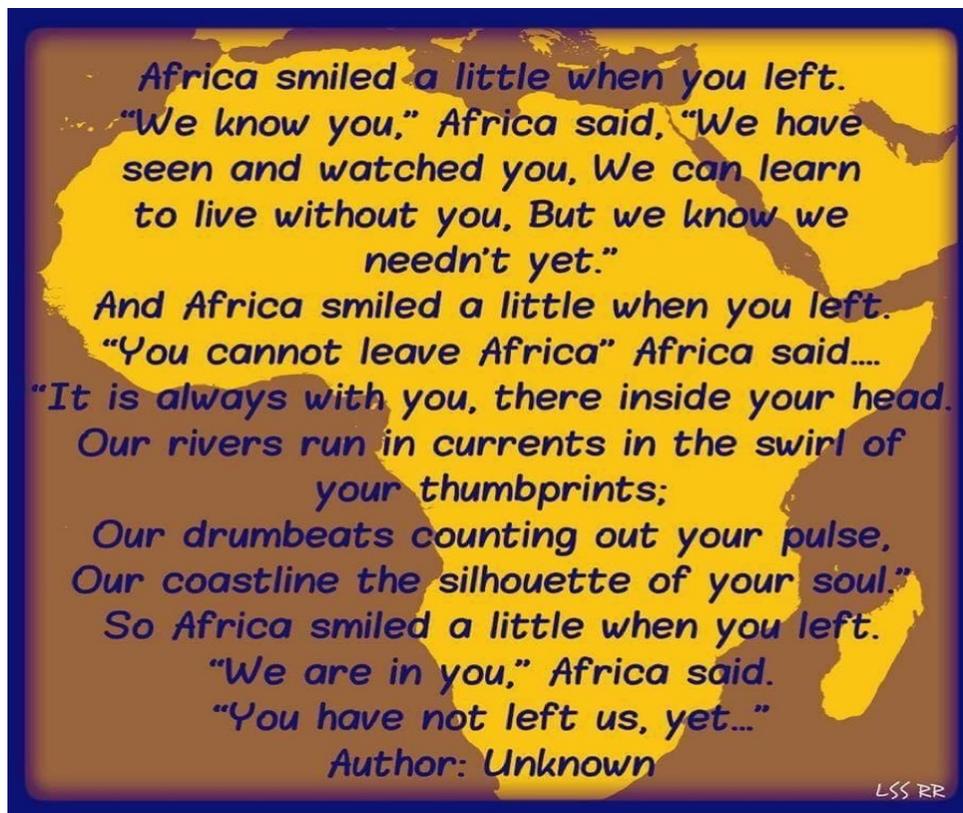
these questions, practice lectio divina, and listen to each other to better hear God’s voice.

Let Pastor Amanda know if you’d like to join the meal-prep team!

## A Kuwaa Thank You

Half way through this year, it is now a good time to say thank you. First, we say thank you to our God for allowing us to help our Kuwaa brothers and sisters find a way to Him, and that they have a good Pastor, Rev. Paye, who is leading them spiritually. Second, we thank the Kuwaa people who helped with the projects – digging new or repairing old nonfunctional wells, building and repairing the road system, repairing class rooms, and building a fully functional clinic. Third, we thank God for helping our volunteers and the Kuwaa women to work together in training mothers on better child care and prenatal care. Fourth, for helping volunteers teach Vacation Bible Schools and for providing school teachers on location training and training on how to teach Bible classes. Fifth, for providing funds for training Evangelists and others. It has been a wonderfully blessed 10 years.

I want to thank God also for the people who have taken the message about Kuwaa Mission to heart. I also want to thank our God for touching peoples' hearts so that they dedicated some time to serve over there, especially Stan Olsen and Cindy Ellis Bye.



Now is the time that decisions have to be made. New Board Members are needed. Volunteers willing to go to Liberia to help supervise work projects are needed. Offerings are needed to carry out the projects.

The Board of Directors are praying and asking for God's direction in work projects. They have decided to focus on engaging new people, groups of people, and congregations to get them involved. Can you help the Mission by volunteering your service? The Kuwaa people still need our help. It takes people power and funds to do it

May God bless our willingness to help and support the Work

of the Mission. May he also bless you, my Christian brothers and sisters.

—Dick Thompson, a founding father of the Mission

Donations can be given in two ways:

1. Make out check to: **Kuwaa Mission, PO Box 90513, Anchorage, AK 99509**
2. Go to the Kuwaa Mission Website at [www.kuwaamission.org](http://www.kuwaamission.org): use PayPal to make a one time or automatic monthly donation

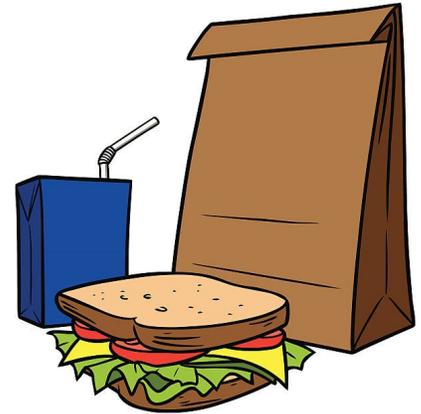
## School Lunch Assembly Resumes

Can you believe it? School starts August 19! That means we will again be providing cases of food for NP Elementary and NP High School. We will resume assembling school lunches the second Friday in September, **Friday the 13th, at 10 a.m.** in the church kitchen and fellowship room. We now provide 45 lunches, split between the schools.

I deliver snacks to NPE and cup-o'-soups to NPHS the first Thursday of the month, to be distributed as needed. **Always needed:** individually packaged goldfish/peanut butter sandwich crackers, cup-o'-soups. **Needed by Sept. 3:** 3 cases of snacks, 1 case of cup-o'-soups. Please place donations beneath the church mailboxes.

**Needed for Sept. 13th assembly:** 5 jars Orchard preserves, 45 fruit cups, 45 bags chips, 45 cheese sticks, 20 cup-o'-soups.

Thank you all for your help and support! —Janis Robertson



## Worship Leadership Workshop



Would you like to learn more about leading worship as a lay assistant?

**What:** A free workshop to explore the many ways God's people are called to worship together and how best to lead the congregation in worship.

**When:** Friday, August 9th from 6-9 PM and Saturday, August 10th from 9 AM to 3:00 PM.

**Where:** St. Mark Lutheran Church in Anchorage.

**Who:** This workshop is open to anyone. Classes led by area pastors and musicians.

**Topics:** How Lutherans Worship, Singing the Liturgy, Presiding at the Lord's Supper, Working with the Church Musician and more.

RSVP Rev. Carol George at St. Mark Lutheran at [pastorcarol@gci.net](mailto:pastorcarol@gci.net) or contact the St. Mark office at (907) 276-6231.

## 2019 ELCA Churchwide Assembly

Voting members from congregations and synods will convene Aug. 5-10 for the 2019 ELCA Churchwide Assembly at the Wisconsin Center in Milwaukee. This will be the 15th gathering of the assembly, the primary decision-making body of the ELCA.

This year's theme is "We Are Church," and voting members will spend the week participating in plenaries, discussions, Bible studies and worship while deliberating the work of the church.

Download the ELCA Guidebook at <https://elca.org/cwa-2019/guidebook> for up-to-date information before and during the assembly. To follow along with the assembly from home, livestream the proceedings at <https://elca.org/cwa>.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>28</b> <u>10:30 am</u> Worship <u>11:30 am</u> Fellowship	<b>29</b> <u>10 am</u> Bible Study <u>8 pm</u> AA	<b>30</b>	<b>31</b> <u>12 pm</u> Food Boxes	<b>August 1</b> <u>8 pm</u> AA	<b>2</b>	<b>3</b>
<b>4</b> <u>10:30 am</u> Worship <u>11:30 am</u> Fellowship	<b>5</b> <u>10 am</u> Bible Study <u>8 pm</u> AA	<b>6</b> <u>9 am - 1 pm</u> Kuwa Sewing Group	<b>7</b> <u>12 pm</u> Food Boxes	<b>8</b> <u>2:45 pm</u> Band Practice <u>8 pm</u> AA	<b>9</b>	<b>10</b>
<b>11</b> <u>10:30 am</u> Worship <u>11:30 am</u> Fellowship	<b>12</b> <u>10 am</u> Bible Study <u>7 pm</u> Council Meeting <u>8 pm</u> AA	<b>13</b> <u>9 am - 1 pm</u> Kuwa Sewing Group	<b>14</b> <u>12 pm</u> Food Boxes	<b>15</b> <u>8 pm</u> AA	<b>16</b>	<b>17</b>
<b>18</b> <u>10:30 am</u> Worship <u>11:30 am</u> Fellowship	<b>19</b> <u>10 am</u> Bible Study <u>8 pm</u> AA	<b>20</b> <u>9 am - 1 pm</u> Kuwa Sewing Group	<b>21</b> <u>12 pm</u> Food Boxes	<b>22</b> <u>2:45 pm</u> Band Practice <u>8 pm</u> AA	<b>23</b>	<b>24</b>
<b>25</b> <u>10:30 am</u> Worship <u>11:30 am</u> Fellowship <u>11:30 am - 1 pm</u> 'Welcome To...Education' Event!	<b>26</b> <u>10 am</u> Bible Study <u>8 pm</u> AA	<b>27</b> <u>9 am - 1 pm</u> Kuwa Sewing Group	<b>28</b> <u>12 pm</u> Food Boxes	<b>29</b> <u>8 pm</u> AA	<b>30</b>	<b>31</b>



## 2019 CHURCH COUNCIL

President:	Liz Sandbo	687-1918
Vice President:	Sean Garrison	888-2052
Secretary:	Cheryl Park	488-4167
Treasurer:	Sam Aleshire	488-4692
Education:	Paula Fritsche	488-3017
Mission & Social Ministry:	Evie Freeman	385-9588
Worship & Music:	Curt Renner	488-4405
Youth:	Jacoppi Pahkamaa	388-2620
Stewardship:	<b>open</b>	
Evangelism:	Nancy Uptgraft	378-4633
Facilities:	Tim Schackman	210-488-5961
Financial Secretary:	Amie Maranville	488-0552
Pastor:	Amanda Kempthorne	322-2065 (cell)

## Lord of Life Lutheran

1005 Saint Nicholas Drive  
North Pole Alaska, 99705  
Website: [www.lordoflifeak.com](http://www.lordoflifeak.com)

Phone: 907-488-6720  
Pastor Amanda's cell: 907-322-2065

### E-mail:

Pastor Amanda: [pastor@lordoflifeak.com](mailto:pastor@lordoflifeak.com)  
Jo: [office@lordoflifeak.com](mailto:office@lordoflifeak.com)

### Office Hours:

Monday - Friday 9am to 1pm

### Mission Statement

"God's word moves us to make connections by welcoming all, strengthening and serving the healthy and hurting."

Next Church Council Meeting: August 12 @ 7:00 pm

Newsletter deadline: 20th of each month.

Website updates:  
[www.lordoflifeak.com](http://www.lordoflifeak.com)

or

Follow our Facebook page: [www.facebook.com/lordoflifeak](http://www.facebook.com/lordoflifeak)  
(even if you don't have a Facebook page!)

## Special Prayers and Concerns

### Birthdays

8/8 Heather Uptgraft  
8/10 Wayne Lindquist  
8/11 Carol Dahl  
James Kuhnert  
8/12 Knox Knutson  
8/18 McCoy Lindquist  
Becky Peterson  
8/20 Vanessa Knutson  
8/23 Bob Thoma



### Anniversaries

8/1 Ann & Jered Dulany  
Penny & John Warnke  
8/3 Dianna & Jerome Lindhag  
8/5 Liz & Cliff Sandbo  
8/6 Cheryl & Rob Park  
8/14 Dixie & Evan Keil  
8/16 Christine & Wayne Lindquist

8/24 Nona & Jeff Elliott

*If your info is missing, let us know!*

### Prayers for:

- \* Mary A—less isolation and improved connections
- \* Continued healing—Evie F, Curt R
- \* Steve H.—continued healing with cancer treatment
- \* Scheduled for additional surgeries: Paula F
- \* Ongoing health concerns: Meg O

Contact:

[office@lordoflifeak.com](mailto:office@lordoflifeak.com) to sign up for our prayer chain emails!

### August Prayer Partner: Resurrection Lutheran Church, Juneau, AK

#### Please pray for:

- Thanks for food pantry dinner for 200 on Mondays – good support and involvement!
- Joy for new worship leaders being trained
- Congregation member, Randy Sutak, serving Prince of Wales Island Lutheran
- God's direction in their search for the next mission project

