

You may choose to read all Scriptures at each time of prayer (how do you hear them differently at different times?) or spread them throughout the day.

5th week of Lent

March 26th – looking forward to Sunday

Thursday: Psalm 130
Ezekiel 1:1-3, 2:8-3:1
Revelation 10:1-11

Friday: Psalm 130
Ezekiel 33:10-16
Revelation 11:15-19

Saturday: Psalm 130
Ezekiel 36:8-15
Luke 24:44-53

Sunday Worship
Ezekiel 37:1-14
Psalm 130
Romans 8:6-11
John 11:1-45

March 30th – reflecting on Sunday

Monday: Psalm 143
1 Kings 17:17-24
Acts 20:7-12

Tuesday: Psalm 143
2 Kings 4:18-37
Ephesians 2:1-10

Wednesday: Psalm 143
Jeremiah 32:1-9, 36-41
Matthew 22:23-33

6th week of Lent

April 2nd – looking forward to Sunday

Thursday: Psalm 31:9-16
1 Samuel 16:11-13
Philippians 1:1-11

Friday: Psalm 31:9-16
Job 13:13-19
Philippians 1:21-30

Saturday: Psalm 31:9-16
Lamentations 3:55-66
Mark 10:32-34

Sunday Worship, Passion Sunday
Matthew 21:1-11
Isaiah 50:4-9a (first part of verse 9)
Psalm 31:9-16
Philippians 2:5-11
Matthew 27:11-54

April 6 – beginning of Holy Week

Monday: Isaiah 42:1-9
Psalm 36:5-11
Hebrews 9:11-15
John 12:1-11

Tuesday: Isaiah 49:1-7
Psalm 71:1-14
1 Corinthians 1:18-31
John 12:20-36

Wednesday: Isaiah 50:4-9a
Psalm 70
Hebrews 12:1-3
John 13:21-32

Morning Prayer Format before daily life begins:

Opening:

- * O Lord, open my lips, and my mouth shall proclaim your praise.
- * Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever, amen.

Psalmody:

- * Morning Psalm of praise: 95:1-7a, 63:1-8, 67, or 100
- * Read another Psalm slowly, breathing between each line

Word:

- * Reflect on the daily reading(s) with silence, music, art,
- * May also choose to read brief works of daily devotions
- * Often, the song of Zechariah is read, go to Luke 1:68-79

Prayers:

- * Mighty God of mercy, we thank you for the resurrection dawn, bringing the glory of our risen Lord who makes every day new. Especially we thank you –
 - for the sustaining goodness of your creation...
 - for the new creation in Christ and all gifts of healing and forgiveness...
 - for the gifts of relationship with others...
 - for the communion of faith in your church...(other thanksgivings may be added)
- * Merciful God of might, renew this weary world, heal the hurts of all your children, and bring about your peace for all in Christ Jesus, the living Lord. Especially we pray –
 - for those who govern nations of the world...
 - for the people in countries ravaged by strife or warfare...
 - for all who work for peace and international harmony...
 - for all who strive to save the earth from carelessness and destruction...
 - for the church of Jesus Christ in every land...(other intercessions may be added)
- * We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all harm and danger. We ask that you would also protect us today from sin and all evil, so that our life and actions may please you. Into your hands we commend ourselves: our bodies, our souls, and all that is ours. Let your holy angels be with us, so that the wicked foe may have no power over us, amen. (Luther's morning prayer)
- * Pray the Lord's Prayer
- * Blessing (may choose to make the sign of the cross): Almighty God, the Father, the Son, and the Holy Spirit, bless and preserve us, amen.

Go about your day, confident of God's presence with you and attuned to God's work!

Evening Prayer Format for the end of the work day:

Opening: (changes based on the season)

- * God is our light and our salvation, our refuge and our stronghold.
From the rising of the sun to its setting, we praise your name, O God.
For with you is the fountain of life, and in your light we see light.
- * Hymn of Light (may light candles while singing/reading an evening hymn)
- * Prayer: We give you thanks, O God, for in the beginning you called light into being, and you set lights in the sky to govern night and day. In a pillar of cloud by day and a pillar of fire by night you led your people into freedom. Enlighten our darkness by the light of your Christ; may your Word be a lamp to our feet and a light to our path; for you are merciful, and you love your whole creation, and with all your creatures we give you glory, through your Son Jesus Christ, in the unity of the Holy Spirit, now and forever. Amen.

Psalmody:

- * Evening Psalm of protection: 141, 121, or others you choose

Word:

- * Reflect on the daily reading(s) with silence, music, art
- * Often, the song of Mary is read – go to Luke 1:46-55

Prayers:

- * In peace, let us pray to the Lord. Add your prayers –
for peace within your spirit
for peace in the world
for peace in the church of God around the world
for the health of creation
for public servants
for those sick and suffering
- * We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have graciously protected us today. We ask you to forgive us all our sins, where we have done wrong, and graciously to protect us tonight. Into your hands we commend ourselves: our bodies, our souls, and all that is ours. Let your holy angels be with us, so that the wicked foe may have no power over us, amen. (Luther's evening prayer)
- * Pray the Lord's Prayer
- * Blessing: The peace of God, which surpasses all understanding, keep our hearts and our minds in Christ Jesus, amen.

Enter into evening with the day's stress and worry put to rest, so you may be at peace.

Night Prayer Format as you prepare for rest:

Opening:

* Almighty God grant us a quiet night and peace at the last, amen.

It is good to give thanks to the Lord, to sing praise to your name, O Most High to herald your love in the morning, your truth at the close of the day.

* Night Hymn (may extinguish candles while singing/reading an evening hymn)

* Confession: Holy and gracious God, I confess that I have sinned against you this day. Some of my sin I know- the thoughts and words and deeds of which I am ashamed- but some is known only to you. In the name of Jesus Christ I ask forgiveness. Deliver and restore me, that I may rest in peace.

Forgiveness: By the mercy of God we are united with Jesus Christ, in whom we are forgiven. We rest now in the peace of Christ and rise in the morning to serve.

Psalmody:

* Read (or sing) a Psalm of trust in God: 4, 33, 34, 91, 130, 134, 136

Word:

* Choose 2-3 verses to reflect on. Suggestions:

Jeremiah 14:9, Matthew 6:31-34, Matthew 11:28-29, John 14:27,

Romans 8:38-39, 2 Corinthians 4:6-7, 1 Peter 5:6-9a, Revelation 22:5

* Conclude your reading with the following: Into your hands, O Lord, I commend my spirit. You have redeemed me, O Lord, God of truth. Glory to the Father, and to the Son, and to the Holy Spirit.

* Often, the song of Simeon is read with a prayer: "Now, Lord, you let your servant go in peace: your word has been fulfilled. My own eyes have seen the salvation which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people Israel." Guide us waking, O Lord, and guard us sleeping, that awake we may watch with Christ and asleep we may rest in peace.

Prayers:

* Hear my prayer, O Lord; listen to my cry. Keep me as the apple of your eye; hide me in the shadow of your wings. In righteousness I shall see you; when I awake your presence will give me joy.

* (There are many excellent prayers to choose from in ELW pages 325-326)

Be present, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in you, through Jesus Christ our Lord, amen.

* Pray the Lord's Prayer

* Blessing: Almighty and merciful God, Father, Son, and Holy Spirit, bless, preserve, and keep us, this night and forevermore, amen.

Lay down and rest in the peace of God's watchful care.