

April
2025



Lord of Life Lutheran

Lifelines

Notes from David

My goal this semester is how much more I can bring a spiritual moment into my day-to-day life. One thing I have been experiencing and attempting to connect is my mind, body and soul. It is so easy to not think about their interconnectedness. When we think about working on our soul we pray. When we think about working on our body we eat right and exercise. When we think about working on our mental health, we do a hobby or activity that brings us peace and joy. We do know that those three parts of us are not stand-alone parts but of one whole.

Specifically, I have been able to work on each one individually. This semester I have been trying to add more spiritual or soul edifying time into my schedule. One of the ways that I have been attempting this is by working out and praying at the same time. I have been unsuccessful in that. When I have done cardio, running or biking, I can clear my mind enough to focus on a prayer. My exercises doing bodyweight and dumb bell workouts I cannot seem to focus my mind long enough. Focus is desperately needed to accomplish most things in our lives.

We all have different levels of focus overall and different levels of focus within our own lives at different times. I am an afternoon person. In the afternoon I can have my focus split between a couple of tasks and depending on the tasks if I can get it done. The other big consideration I have been wrestling with is what exactly constitutes a spiritual or worshipful moment. For the better part of my life, I have defined that by a focused moment in prayer, a connected conversation. But I am turning my mind and heart to the idea that it can be a worshipful moment of gratitude or praise for what God is doing in our lives. I do not have to find the right words or the correct posture. I can just be.

I think about one of the pillars of our faith, grace. God has grace for us in extreme abundance. Taking time throughout our day we remember God's grace. It means we can be forgiven and we can be thankful. God's grace is enough to cover the distance between our efforts and God. God is reaching out to us. God's grace means we can be the person God has made us to be.

Join us Easter Sunday!

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Dates to Note

Weds: 6:30pm Soup Supper/7pm Worship
10th: School Lunches in March
10th: 7pm Council Mtg
13th: Palm Sunday
18th: 6pm Good Friday
20th: Easter Sunday
25-27th: Synod Assembly

"LifeLines"

Council Minutes



Treasurer's report: Diana Lindhag provided Balance Sheet and Profit & Loss as of February 28.

David Ingram's report: Ash Wednesday Service went really well. No home/hospital, etc. visits. The New Member Class has one person attending. Kaylee Lindhag will coordinate Vacation

Bible School with Becky Peterson's assistance with kitchen duties.

President's report: Bank signature cards need to be updated on all bank accounts, signers to include the President, Secretary, Treasurer, and Dianna Keil-Lindhag, Past Treasurer. Becky will research obtaining background checks for those actively involved in various capacities.

Ongoing Business:

- ♦ Lord of Life's 50th Anniversary. Brent Strickland and Chris Dart have joined Kyle Renner, Coordinator, in the planning. Possible theme is Oktoberfest.
- ♦ Eric Peterson will contact Alaska Best Plumbing & Heating regarding leaky pipes and current invoices.
- ♦ After charging the battery, the elevator is now working.
- ♦ Kevin cleaned the printer, and it is working better. Less expensive toner may have contributed. Easter Sunday bulletins may be outsourced to ensure a nice outcome.
- ♦ Jo Schackman, Office Manager, returns the weekend of March 22nd.

New Business:

- ♦ John Dart resigned his Council position as he will be gone all summer and unable to be involved.
- ♦ John suggested remembrance services for long-time members of LoL. These folks were good friends with the congregation and contributed for many years. David will implement it as soon as possible.
- ♦ Two at-large council positions are now open. Council will contact people about joining.

Please Update Your Email

Lord of Life emails you now and then with weekly bulletins, prayer requests, special reminders...

Lately we're seeing a LOT of returned email. If you haven't gotten anything from us lately, please check your junk mail folder. Have you accidentally blocked us? If you've changed emails, we'd appreciate you letting us know that, too!

Lent & Easter Schedule

The Lenten journey begins with ashes to remind us that we are going to die and ends with Jesus on a dusty path that will lead to his crucifixion. Easter Sunday, and throughout the Easter season, we proclaim the good news of Christ's resurrection.

April 2 & 9. Wednesday evening Lenten worship at 7pm

A short, casual worship service will be held Wednesday nights. An informal **Soup Supper** precedes each service at **6:30pm** in the fellowship hall adjoining the kitchen. All are welcome!

Sunday of the Passion/Palm Sunday (April 13)

Worship at 10:30am. This service includes live palms, in remembrance of Jesus' ride into Jerusalem surrounded by shouts of glory, with palms strewn in his path. It will be streamed live on Facebook and will be available later on our website at www.lordoflifeak.com.

Maundy Thursday (April 17). An ecumenical service will be held at **New Hope Methodist Presbyterian Church** on 2371 Bradway Road in North Pole at **6pm** with fellowship at **5:30pm**.

Good Friday (April 18). Lord of Life will host a worship service at **6pm**. *Please note the time change.* Due to the somber nature of this service, fellowship will be held prior to worship at **5:30pm**.

Easter Sunday

Worship at 10:30am. Halleluia! He is risen! This traditional service celebrates Jesus' resurrection. It will be streamed live on Facebook and will be uploaded to our website for viewing any time. A delicious **Brunch** will be served from **9:30am to 10:30am** to the service in the fellowship area. Signup sheets for food donations and volunteers are near the church offices.

Someone CAREs

Careline:

- Offers free, immediate, and confidential help.
- Is available 24/7, 365 days a year.
- Treats callers with respect.
- Listens, without judging.
- Helps callers discover their own solutions and offers support along the way.
- Provides intervention to those considering suicide.
- Provides information to those who are concerned about someone else.



Toll-Free Statewide in Alaska: 1-877-266-4357 (HELP)

988 Suicide and Crisis Lifeline: Call or text 988

Easter: A Christian Festival That Feels Pagan



There's a lot of confusion about Easter – not least because it moves around from year to year, decided by a complex set of calculations based on the vernal equinox and the phase of the moon. Easter symbols – eggs, bunnies, lambs and the rest – give the festivities an air of paganism. So where do the origins of Easter really lie?

The first mention of Eostre is in the 8th century, in The Venerable Bede's cryptic account of the Anglo-Saxon calendar. April, or Eostremonath, is named for the goddess Eostre – but we only know that "feasts were celebrated" in her honor. So, if modern Easter is frequently a festival of overeating, it has tradition on its side. But Eostre was evidently significant enough for the Anglo-Saxons to later transfer her name to the Christian festival.

Easter coincides with the spring equinox, so a good deal of non-Christian lore is attached to the season. Easter is preceded by Lent, but it is also a season when, in pre-modern Europe, food would have been running low. There wasn't enough sun and spring growth for hens to start laying and cows to give milk. In a sense, then, Easter is a natural feast to celebrate passing out of that hardship.

The association of lamb with Easter is something we borrowed from Jewish tradition and Passover, the festival that Jesus and his disciples celebrated with their Last Supper. The Easter egg may also derive from Passover – which includes, among other symbolic foods, a roasted egg. Until recently, Easter was celebrated with decorated, hard-boiled hen's eggs rather than chocolate ones. **The earliest mention of decorated eggs comes in 1290, from the household accounts of King Edward I**, which records the purchase and decoration of 450 eggs, some gilded, some dyed.

As far back as the 15th century, Easter was marked in England by eating "tansies" – a custard pudding made with the bitter herb tansy.

The association of hares with Easter considerably predates chocolate bunnies. In 1682, Georg Franck von Franckenau's essay *About Easter Eggs* speaks of an Easter hare bringing colored eggs for children. The Easter hare was also known in the British Isles and was associated with having to hunt out eggs hidden by hares in the garden.

An Easter hare hunt survived as part of Leicester's ritual year as late as the 18th century. Jacob Grimm conjectured that the hare was sacred to the goddess Ostara, piling one conjecture on top of another.

Easter rituals today are an untidy collection of customs connected with celebrating spring growth and the end of austerity – a time for new clothes and rich food. Any connection with pre-Christian paganism is entirely coincidental.

--*The Conversation*, Jane Stevenson

**Fun fact:
Easter eggs
first rolled
on the
White
House lawn
in 1878**



Sun	Mon	Tue	Thu	Fri	Sat
30 <u>10:30 am</u> <u>Sunday</u> <u>Worship</u> <u>11 am</u> <u>Sunday School</u>	31 <u>10 am</u> <u>Bible Study</u> <u>8 pm</u> <u>AA</u>	April 1 <u>5:30 pm</u> <u>Girl Scouts</u>	2 <u>10 am</u> <u>TOPS Meeting</u> <u>12 pm</u> <u>Food Boxes</u> <u>5:15 pm</u> <u>TOPS Meeting</u> <u>6:30 pm</u> <u>Soup Supper</u> <u>7 pm</u> <u>Midweek</u> <u>Lenten Worship</u>	3 <u>9 am - 12 pm</u> <u>17-Mile</u> <u>Homemakers</u> <u>8 pm</u> <u>AA</u>	4
6 <u>10:30 am</u> <u>Sunday</u> <u>Worship</u> <u>11 am</u> <u>Sunday School</u>	7 <u>10 am</u> <u>Bible Study</u> <u>8 pm</u> <u>AA</u>	8 <u>5:30 pm</u> <u>Girl Scouts</u>	9 <u>10 am</u> <u>TOPS Meeting</u> <u>12 pm</u> <u>Food Boxes</u> <u>5:15 pm</u> <u>TOPS Meeting</u> <u>6:30 pm</u> <u>Soup Supper</u> <u>7 pm</u> <u>Midweek</u> <u>Lenten Worship</u>	10 <u>9 am - 12 pm</u> <u>17-Mile</u> <u>Homemakers</u> <u>12 pm</u> <u>School Lunches</u> <u>Prep</u> <u>8 pm</u> <u>AA</u>	11
13 <u>10:30 am</u> <u>Palm Sunday</u> <u>Worship</u> <u>11 am</u> <u>Sunday School</u>	14 <u>10 am</u> <u>Bible Study</u> <u>7 pm</u> <u>Council</u> <u>Meeting</u> <u>8 pm</u> <u>AA</u>	15 <u>5:30 pm</u> <u>Girl Scouts</u>	16 <u>10 am</u> <u>TOPS Meeting</u> <u>12 pm</u> <u>Food Boxes</u> <u>5:15 pm</u> <u>TOPS Meeting</u>	17 <u>9 am - 12 pm</u> <u>17-Mile</u> <u>Homemakers</u> <u>6 pm</u> <u>Maundy</u> <u>Thursday</u> <u>8 pm</u> <u>AA</u>	18 <u>6 pm</u> <u>Good Friday</u> <u>Worship</u>
20 <u>9:30 am</u> <u>Easter</u> <u>Breakfast</u> <u>10:30 am</u> <u>Easter Sunday</u> <u>Worship</u>	21 <u>10 am</u> <u>Bible Study</u> <u>8 pm</u> <u>AA</u>	22 <u>5:30 pm</u> <u>Girl Scouts</u>	23 <u>10 am</u> <u>TOPS Meeting</u> <u>12 pm</u> <u>Food Boxes</u> <u>5:15 pm</u> <u>TOPS Meeting</u>	24 <u>9 am - 12 pm</u> <u>17-Mile</u> <u>Homemakers</u> <u>8 pm</u> <u>AA</u>	25 <u>Synod</u> <u>Assembly</u>
27 <u>Synod</u> <u>Assembly</u> <u>10:30 am</u> <u>Sunday</u> <u>Worship</u> <u>11 am</u> <u>Sunday School</u>	28 <u>10 am</u> <u>Bible Study</u> <u>8 pm</u> <u>AA</u>	29 <u>5:30 pm</u> <u>Girl Scouts</u>	30 <u>10 am</u> <u>TOPS Meeting</u> <u>12 pm</u> <u>Food Boxes</u> <u>5:15 pm</u> <u>TOPS Meeting</u>	1 <u>9 am - 12 pm</u> <u>17-Mile</u> <u>Homemakers</u> <u>8 pm</u> <u>AA</u>	2
					3



Lord of Life Lutheran Church

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Intern Pastor's cell: (907) 322-2065

E-mail

Jo: office@lordoflifeak.com

Office Hours
Weekday mornings

Mission Statement
Sharing the Light &
Warmth of God's Love

2025 CHURCH COUNCIL

President: Becky Peterson
Vice President: Brent Strickland
Secretary: Ranae Browning
Treasurer: Heather Markel
At Large Members: Evan Keil
~~John Dart~~ **Resigned**
Eric Peterson
Vacant

Intern Pastor: David Ingram

Financial Secretary: Carol Dahl

Next Church Council Meeting: **April 14 @ 7pm**

Newsletter deadline: 20th of each month.

Get the latest on our website:

www.lordoflifeak.com/the-latest

or

Follow our Facebook page, worship live Sundays at 10:30am:
www.facebook.com/lordoflifeak

Special Prayers and Concerns

Birthdays

4/6 Sarah Gregory
4/7 Jacoppi Pahkamaa
4/20 Jo Small
4/22 Sam Aleshire
4/23 Caden Lindhag
4/26 Kaylee Aleshire



Prayers for:

~ Pananen family and friends
grieving Erland
~ Hoffmann/Fritsche family,
healing and strength
~ Brother of Jo S, undergoing
cancer treatment

~ Those with ongoing health
issues

Contact

office@lordoflifeak.com to
sign up for prayer chain emails

Anniversaries

4/1 Missy & Dan
Rees
4/3 Lisa & Sean
Garrison



*Is your important date missing?
please let us know so we can
celebrate with you!*

Alaska Synod Prayer Partner for April:

Joy Lutheran Church,
Eagle River, Alaska

Please pray for:

- The power of the Holy Spirit to work in our kids the faith that God gifts
- The love of Jesus Christ to support our community
- For Gods grace to be poured out into our world to bring about Gods' loving justice

