

# THREE FAT GUYS

## D I N E R

### VEGETARIAN MENU

Bowl with Sautéed Brown Rice,  
Red Quinoa, Shelled Edamame, Carrots,  
Bell Pepper and Thai Style Seasoning

12

Bowl with Sautéed Multi-Grain Orzo Pasta,  
Carrots, Garbanzo Beans, Kale,  
Bell Pepper, Red Quinoa & Seasoning

12

Bowl with Sautéed Khorasan Whole Wheat  
(parts of Central Asia) , Red & Brown Rice,  
Crimini & Shiitake Mushrooms, Onion,  
Wild Rice, Green Onion, Roasted Garlic & Seasoning

12

### SANDWICHES

Avocado, Lettuce, Tomato, Red Onion, Spinach and Peppers

12

Veggie Burger

11

Grilled Cheese Sandwich

10