

NAME \_\_\_\_\_ POSITION \_\_\_\_\_

Thank you for applying for work at DayCo Concrete Company, Inc. Below is a description of the essential physical requirements for our starting positions:

**You must be 18 years of age to work around or operate machinery.**

**Physical Requirements:**

- Ability to lift 100 + pounds
- Frequent lifting and carrying of 100 + pounds
- Pushing or pulling a wheelbarrow of 100 + pounds
- Frequent bending, stooping, squatting and kneeling
- Ability to do all of the above for 8 hours a day
- Ability to understand and follow safety rules and regulations

**Work Hours:**

- Monday through Friday. 7:00 a.m. to 3:30 p.m.
- You may be requested to start earlier or work later during the busy summer season

**When would you be able to start work?** \_\_\_\_\_

**Please list any other information you think would be helpful to us in considering you for employment:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I have read the above physical requirements and understand them as a condition of employment.**

\_\_\_\_\_  
**Signature** **Date**