

COMPETITION COACHING PRICING

- ✓ Weekly Check-in with your coaches
- ✓ Calculated calories and macros
- ✓ Direct messaging and responses within 24 hours
- ✓ Access to an exclusive app with live demonstrations and tracks your progress, meals, etc
- ✓ Posing and show day guidance
- ✓ Takes you through prep to the stage!!
- ✓ Float Coaching (if applicable)

\$247 / month

Ask about our PIF discounts!