



HOPE FOR A BETTER FUTURE

2019 Annual report

hope4abetterfuture.com



OUR VISION

We hope for a better future, providing the basic fundamental needs for women and children living in extreme conditions.



"After the menstruation education I can go to school and live my life normally, just like a boy can"

- Young woman in Marangu, Tanzania

OUR IMPACT

Hope for A Better Future supports women & children in East Africa with their fundamental needs. Our work is a result of deep commitment to these people. Our services directly supports women and children towards a better future. In 2019 we achieved:

Empowering women

- SACCOS founded: Savings and Credit Co-Operative Society (SACCOS) for the Women of Marangu operates to alleviate poverty within their community by empowering the Women with utilizing their resources to support economic growth. Elected Women board founded and a total of 48 women are members in the community bank.
- Education project: Monthly education are provided for our women group with various empowering subjects such as: business management, health and safety, and English.
- Menstruation & health education: In collaboration with Femme International our women group received a full education program including a reusable menstruation product. Making sure they can work even though they are menstruating.

Strengthening children

- School renovation project: We finished the renovations of a pre-school in Ghona Village, Tanzania in January. Enabling 80 children schooling & feeding program of one meal a day.
- Youth center opening: In December, we opened up a Youth center, in Marangu, facilitating activities during holiday & after school for young girls. Through education and creative activities we aim to strengthen the youth and increase educational support and their creative development.
- Menstruation & health education: In collaboration with Femme International 73 girls received a full education program including a reusable menstruation product. Making sure they can go to school even though they are menstruating.

2019 Financials

Hope for A Better Future's main funding are through private donations. A share of these donations are generated through events held. In February 2019, an event in Stockholm, Sweden with focus to generate donations for our menstruation and health education for our young girls in Marangu.



On February 12th, Hope for a Better Future and By a Thread will host their first event together to raise awareness and donations for menstrual health education in East Africa.

In time for Valentine's Day, we invite you to an evening filled with love in the theme of the color red, inspiring night of live music, yummy treats, and a few surprises.

2019 Budget

REVENUE	
Brought over from 2018 (current assets)	2 448 US\$
Donations	17 815 US\$
Total	20 263 US\$

EXPENDITURES	
Annual NGO cost in Tanzania (rent and salaries)	4 898 US\$
Women & Children Projects	8 633 US\$
Travel expenses	3 662 US\$
Administration costs	1 462 US\$
Total	18 655 US\$



Activity report 2019

January:

- Menstruation & Health education: 37 women received the education in collaboration with Femme international on January 23rd.
- School opening in Ghona village facilitating schooling for 80 children.



February:

- Education women group: Topic - Basic first aid, attendance 25 women on February 13th.
- Event to raise donations for menstrual training for young women held in Stockholm, Sweden.

In East Africa, menstruation is one of the biggest reasons why adolescent girls miss school. - Adding up to 20% of the school year.

Additionally, the taboos that surround menstruation and lack of sanitary pads, contributes to the feeling of shame.



March:

- Feeding program Ghona village initiated for 80 children of one meal a day.
- Education women group: Topic - Review of Basic first aid training & evaluation, 30 women (13/3)



April:

- Education women group: Topic - Sexual transmitted diseases (STD). Attendance 37 women on April 10th. A follow up and review of same topic was held on April 24th.

May:

- Founders travelled to Tanzania to work with:
 - Follow-up of women's projects
 - Start-up of SACCOS bank



June:

- Education women group: Topics for the month - Reproductive system, attendance 44 women on the 26th of June. Menstruation education follow up
- 1 - women group with Femme International
- Menstruation & Health education: 73 young women received the education in collaboration with Femme international.





August:

- Education women group: Topic - How to treat Diarrhoea, Attendance 11 women on August 14th & English lesson 1, attendance 28 women on August 29th.

September:

- Education: women group:
 - Menstruation education follow up 1 - Young women with Femme International
 - Menstruation education follow up 2 - Women group with Femme International

October:

- Education: Topic - English lesson 2, attendance 19 women on October 23rd.
- Founders travel to Tanzania to work with:
 - Follow-up SACCOS bank
 - Planning & preparation for opening of youth center





November:

- Small event to raise donations for youth center in Stockholm, Sweden
- Graduation of Montessori school student – completed funding 2 years of education for Gillian
- Education women group: Topic - English second language lesson 1 & 2 review, attendance 23 women on November 27th.

December:

- Education women group: Menstruation education follow up 2 - Young women with Femme International
- Youth center opening:





“After the menstruation education I feel secure to go to school without risk of leakage. Now I don't have to stay home anymore when menstruating. I feel like I have the same rights as a boy now”

– *Young woman*

“Thank you so much for the loan you gave me, even it was in a small amount but I was able to use it in my avocado business and I was able to refund the loan and remain with the profit”

– *Member SACCOS bank*



“We have been able to grow our business since we started. We are able to teach younger girls the work of tailoring and that makes me proud very proud. I am able to provide for my family”

– *Tailor shop owner*





Company & Contact Information

- **USA:** Hope For a Better Future (H4ABF) – US nonprofit, 501 (c)(3)
Federal Tax ID #47-4159389
- **SWEDEN:** Hope For a Better Future, Non-profit, organization
number: 802516-5500
- **TANZANIA:** Women's Better Future and Development
Organization (WBFDO), Registered NGO in Tanzania, Certificate
No.00NGO108315

BOARD OF COMMITTEE

- Diana Juelg - Executive director
- Nellie Lindeborg - Secretary general
- Stella Massawe - Finance and community coordinator
- Flora Urassa - Board member
- Praise Nyange - Board member

Contact information

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Thank you!

