## Human Power Solutions, LLC

## **Critical Thinking**

Critical Thinking provides you with the skills to analyze and evaluate information. With these skills you are able to obtain the greatest amount of knowledge from a piece of data. It provides the best chance of making the correct decision, and minimizes damages if a mistake does occur.

Our Critical Thinking workshop will lead your participants to be a more rational and disciplined thinker. It will reduce their bias which will provide a greater understanding of their environment. This workshop will provide your participants the skills to evaluate, identify, and distinguish between relevant and irrelevant information which will provide an incredible boost in performance.



#### **Course Outline:**

#### **Module One: Getting Started**

- Icebreaker
- Housekeeping Items
- The Parking Lot
- Workshop Objectives

#### **Module Two: Components of Critical Thinking**

- Applying Reason
- Open Mindedness
- Analysis
- Logic
- Case Study
- Module Two: Review Questions

#### **Module Three: Non-Linear Thinking**

- Step Out of Your Comfort Zone
- Don't Jump to Conclusions
- Expect and Initiate Change
- Being Ready to Adapt
- Case Study
- Module Three: Review Questions

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## **Module Four: Logical Thinking**

- Ask the Right Questions
- · Organize the Data
- Evaluate the Information
- Draw Conclusions
- Case Study
- Module Four: Review Questions

#### Module Five: Critical Thinkers(I)

- Active Listening
- Be Curious
- · Be Disciplined
- Be Humble
- Case Study
- Module Five: Review Questions

### Module Six: Critical Thinkers(II)

- Seeing the Big Picture
- Objectivity
- Using Your Emotions
- Being Self-Aware
- Case Study
- Module Six: Review Questions

#### **Module Seven: Evaluate Information**

- Making Assumptions
- Watch out for Bias
- Ask Clarifying Questions
- SWOT Analysis
- Case Study
- Module Seven: Review Questions

#### **Module Eight: Benefits of Critical Thinking**

- Being More Persuasive
- Better Communication
- Better Problem Solving
- Increased Emotional Intelligence
- Case Study
- Module Eight: Review Questions

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### **Module Nine: Changing Your Perspective**

- Limitations of Your Point of View
- Considering Others Viewpoint
- · Influences on Bias
- When New Information Arrives
- Case Study
- Module Nine: Review Questions

## **Module Ten: Problem Solving**

- Identify Inconsistencies
- Trust Your Instincts
- Asking Why?
- Evaluate the Solution(s)
- Case Study
- Module Ten: Review Questions

### **Module Eleven: Putting It All Together**

- Retaining Your New Skills
- Reflect and Learn from Mistakes
- Always Ask Questions
- Practicing Critical Thinking
- Case Study
- Module Eleven: Review Questions

#### **Module Twelve: Wrapping Up**

- Words from the Wise
- Review of Parking Lot
- Lessons Learned
- Completion of Action Plans and Evaluations