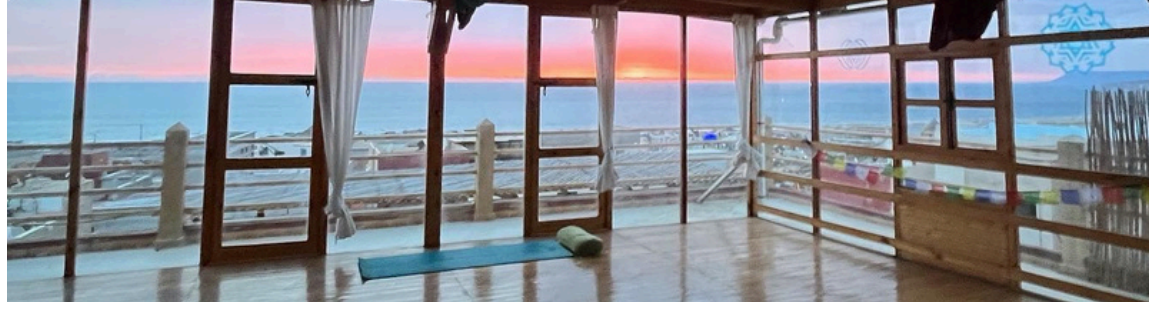


Surf & Yoga Retreat in Morocco

September 22–28, 2025 | Agadir Region

A Week of Movement, Ocean & Soulful Connection

As September approaches, the excitement is starting to build! We're counting down the days until we gather by the Moroccan coastline for a week of movement, ocean play, rest, and connection. This is the kind of week that lets you hit reset.



We'll flow through daily yoga practices in a dream shala overlooking the sea, breathing in the salty air and moving beneath wide Moroccan skies. Expect sunsets that make you pause, meals that nourish, and moments of calm that stay with you long after the week is over.



Join Us - Three Spots Left

The group is nearly complete with just 3 spaces remaining!

We have 2 spots available in shared triple rooms with private bathrooms at £1,150 per person, and 1 spot left in a shared room with a shared bathroom at £900.

Both options are all-inclusive, covering everything you need for a week of adventure, relaxation, and connection:

- 6-night stay in a serene setting near Agadir's beaches and surf spots
- Daily yoga including energizing morning flows, sunset stretches & soothing restorative sessions
- 3 guided surf lessons with certified instructors and equipment
- A day trip to Paradise Valley to visit an Argan oil collective, enjoy a local lunch & hike to the natural pools
- A visit to the local souk to immerse in Moroccan sights, scents, and flavors
- Wholesome daily meals, snacks, and drinks (excluding alcohol)
- Complimentary massage for each participant
- Airport transfers from Agadir Airport or Agadir Bus Station



What Does a Day on our Retreat Look Like?

Each day is designed to balance movement, rest, connection, and adventure. Here's a little glimpse into what you can expect:

8:00 AM

Morning Yoga Practice

Breathwork, meditation, and a dynamic yoga flow to wake up the body and mind.

10:00 AM

Brunch

A nourishing, wholesome meal to fuel your day.

11:00 AM Onwards

Surf / Ocean Time / Hike / Optional Activities

Catch waves, explore the coastline, or simply relax; this time is yours to enjoy.

4:00 PM

Snacks & Moroccan Tea

Enjoy delicious bakes and a cozy afternoon pause to reset.

6:00 PM

Sunset Yoga / Journaling / Workshops

Some evenings we'll unwind with soothing restorative practices and journaling, other times we'll energize with optional workshops that are playful, explorative, and strength-building.

7:30 PM

Dinner & Free Time

Share a nourishing meal with the group, then ease into the night however you like, stargazing, chatting, or simply resting.



Arriving Early? We've got you!

Many of our participants have chosen to arrive a day early, on Sunday September 21st, to settle in, soak up the atmosphere, and ease gently into retreat mode. If this sounds like something you'd enjoy, feel free to reach out and we'll be happy to share more details about this option.

Know Someone Who'd Love This?

If you're joining us - or thinking about it - and know a friend who'd love to share this experience, feel free to forward this email their way. Some of the best retreat moments happen when shared with someone you love to travel or practice with.

Ready to Come Along?

If you've been feeling the pull to reset, recharge, and immerse yourself in a week of mindful movement and ocean energy, we'd love to share this experience with you.

Simply reply to this email, and we'll send you all the booking details and payment info you need to secure your spot and start getting into retreat mode.

Sun, surf, and savasana await!

Tracy

