







Crisis Resources Serving Ashe County

	<h3 style="text-align: center;">988 Lifeline</h3> <p>Free and confidential support for people in distress.</p> <p style="text-align: right;">T: 988</p> <p>Web: 988 Facebook: 988</p>
	<h3 style="text-align: center;">American Red Cross</h3> <p>When disaster strikes, the Red Cross is ready to provide a place to sleep, warm meals, clothing, emotional support and hope to those affected.</p> <p>E: scott.loudermelt@redcross.org T: 828-264-8226</p> <p>Web: American Red Cross Facebook: Red Cross</p>
	<h3 style="text-align: center;">A Safe Home for Everyone (A.S.H.E.)</h3> <p>Services for victims and survivors of domestic violence including safe emergency and transitional housing and short-term crisis intervention counseling and support.</p> <p>Crisis Line: 336-246-5430 T: 336-982-8851</p> <p>Web: A.S.H.E. Facebook: Partnership</p>
	<h3 style="text-align: center;">Ashe County DSS</h3> <p>DSS offers food & nutrition services, Medicaid assistance, investigation and intervention with suspected child and adult abuse, neglect, and/or exploitation, Work First emergency assistance, and energy assistance.</p> <p>E: dssinfo@ashecountygov.com T: 336-846-5719</p> <p>Web: Ashe County DSS Facebook: Ashe DSS</p>

 <p>Blue Ridge Opportunity Commission, Inc. <i>"helping others help themselves"</i></p>	<p>Blue Ridge Opportunity Commission</p> <p>BROC services include rental assistance, electric assistance, heating fuel, crises food assistance, and prescription assistance.</p> <p>E: brocashe@gmail.com T: 336-384-4543</p> <p>Web: BROCinc.com Facebook: BROC</p>
	<p>Cannon Memorial Hospital</p> <p>Behavioral health services include an outpatient clinic in Linville as well as an inpatient behavioral health hospital. Cannon also has telehealth available for outpatient.</p> <p>Crisis line: 866-275-9552 T: 828-737-7888</p> <p>Web: UNC Health Appalachian</p>
	<p>Daymark Recovery</p> <p>Providing mental health and substance abuse treatment options.</p> <p>24-hour crisis hotline: 866-275-9552 T: 336-246-4542</p> <p>Web: Daymark Facebook: Daymark</p>
 	<p>High Country United Way</p> <p>Uniting people and resources to improve lives in the High Country.</p> <p>E: info@highcountryunitedway.org T: 828-265-2111</p> <p>Web: High Country United Way Facebook: HCUW</p>
 <p>WeCAN LENDING A HAND</p>	<p>Hospitality House WeCan Crisis Assistance</p> <p>Providing assistance for eviction, utility cutoffs, heating fuel shortages, and prescription medication needs.</p> <p>E: info@hosphouse.org T: 828-264-1237</p> <p>Web: WeCAN Crisis Assistance Facebook: Hospitality</p>



Jefferson Oddfellows

The Jefferson Lodge assists with all emergent needs, as funding is available, including heating, groceries, medications, and more.

E: jeffersonoddfellows@gmail.com T: 336-620-1167

Web: [Odd Fellows](#)

Facebook: [OddFellows](#)



Legal Aid of North Carolina

Providing legal support to those who are unable to afford an attorney. Services include domestic abuse, eviction, immigration, subsidized housing, and criminal record expungement.

T: 828-355-4890

Web: [Legal Aid NC](#)

Facebook: [Legal AidNC](#)

NORTH CAROLINA



Safe Surrender
BABY BOX



Safe Haven Baby Box

A safety device that allows a mother in crisis to safely, securely, and anonymously surrender their newborn (less than 30days old) if they are unable to care for their newborn. The baby will be medically assessed and then safely placed in a new home through Ashe County Department of Social Services.

Located at the Ashe County Sheriff's Office on an exterior wall at the front of the building.

Web: [Safe Haven Baby Boxes](#)



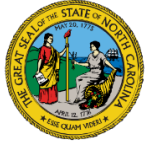
Somethings

A program providing NC teens the support they need in the way that they want. They connect teens (13+) with Peer Support Mentors (20-28 years old) who provide reliable guidance they need to navigate challenging times. Mentors are supervised by Licensed Mental Health Clinicians.

E: hello@somethings.com

T: 800-273-8255

Web: [Somethings®](#)



NCDHHS

Statewide Peer Warmline

Non-clinical support and resources to those in crisis; “peers” who are living in recovery with mental illness and/or substance abuse disorder who provide support to others who can benefit from their lived experience.

Crisis Line: 855-733-7762

Web: [NC DHHS: Crisis Services](#)



Vaya Health

Vaya provides a 24-hour crisis line for those in distress and in immediate need of support. This provides the ability for a confidential conversation with a trained professional.

Crisis Line: 800-849-6127

Web: [Crisis Help | Vaya Health](#)

Facebook: [Vaya Health](#)