

## Health + Wellness Resources Serving Ashe County

	<h3>AppHealthCare</h3> <p>Providing overall care including clinical (primary care, screenings, immunizations, and more), nutrition, community health, and dental services.</p> <p>T: 336-246-9449</p> <p>Web: <a href="#">AppHealthCare</a> Facebook: <a href="#">App</a></p>
	<h3>Ashe County DSS</h3> <p>DSS offers food &amp; nutrition services and Medicaid assistance programs.</p> <p>E: <a href="mailto:dssinfo@ashecountygov.com">dssinfo@ashecountygov.com</a> T: 336-846-5719</p> <p>Web: <a href="#">Ashe County DSS</a> Facebook: <a href="#">Ashe DSS</a></p>
	<h3>Ashe Medics</h3> <p>Ashe Medics operates three paramedic level ambulances to respond to emergencies 24 hours per day, 7 days per week. They also offer community CPR classes.</p> <p>T: 336-846-9111</p> <p>Web: <a href="#">Ashe Medics</a> Facebook: <a href="#">Medics</a></p>
	<h3>Ashe Medication Assistance Program</h3> <p>Offering assistance in finding and applying for low-to-no cost prescription medications to the residents of Ashe County.</p> <p>T: 336-846-6001</p>
	<h3>Ashe Memorial Hospital</h3> <p>Offering healthcare services including emergency, labor &amp; delivery, medical/surgical, urgent care, prenatal, women's and children's health, orthopedic surgery and sports medicine, rehab, oncology, urology, and general family medicine.</p> <p>E: <a href="mailto:info@ashememorial.org">info@ashememorial.org</a> T: 336-846-7101</p> <p>Web: <a href="#">Ashe Memorial Hospital</a> Facebook: <a href="#">AMH</a></p>



## Center for Medicare Advocacy

The Center for Medicare Advocacy's mission is to advance access to comprehensive Medicare coverage, health equity, and quality health care for older people and people with disabilities by providing exceptional legal analysis, education, and advocacy.

E: [info@medicareadvocacy.org](mailto:info@medicareadvocacy.org)

T: 860-456-7790

Web: [Medicare Advocacy](http://MedicareAdvocacy.org)

Facebook: [CMA](https://www.facebook.com/CMA)



## Centers for Medicare & Medicaid Services

CMS is the federal agency that provides health coverage through Medicare, Medicaid, the Children's Health Insurance Program, and the Health Insurance Marketplace. CMS works in partnership with the entire health community to improve quality, equity, and outcomes in the health care system.

T: 860-456-7790

Web: [Centers for MMS](http://CentersforMMS.gov)

Facebook: [CMMS](https://www.facebook.com/CMMS)



## NC Division of Health Service Regulation

The mission of the Division of Health Service Regulation is to provide for the health, safety and well-being of individuals through effective regulatory and remedial activities including appropriate consultation and training opportunities and by improving access to health care delivery systems through the rational allocation of needed facilities and services.

T: 919-855-4500

Web: [DivHSR](http://DivHSR.gov)



## Hunger & Health Coalition Pharmacy

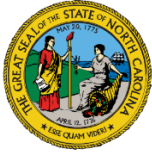
Providing life sustaining medication assistance to low income individuals.

E: [info@hungerandhealthcoalition.com](mailto:info@hungerandhealthcoalition.com) T: 828-264-5212

Web: [HungerandHealthPharmacy](http://HungerandHealthPharmacy.org)

Facebook: [HHC](https://www.facebook.com/HHC)

141 Health Center Drive, Suite C, Boone NC



# NCDHHS

## NC DHHS Services for the Blind

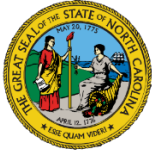
Helping people who are visually impaired, blind and deaf-blind to help them reach their goals of independence and employment.

E: [andrea.dickerson@dhhs.nc.gov](mailto:andrea.dickerson@dhhs.nc.gov)

T: 336-968-3800

Web: [NC DHHS: Services for the Blind](#)

Facebook: [DHHS](#)



# NCDHHS

## NC DHHS Services for the Deaf and Hard of Hearing

Helping people who are deaf, hard of hearing, or deaf-blind to communicate their needs and to receive information easily and effectively in all aspects of their lives, especially in their health and well-being.

E: [heather.foster@dhhs.nc.gov](mailto:heather.foster@dhhs.nc.gov)

T: 828-430-7185

Web: [NC DHHS](#)

Facebook: [DHHS](#)