

Nicole M. Guerton, MS, MCHES®, NBC-HWC, PMP®

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Professional Summary

Program and project leader with 20+ years of experience delivering clinical, allied health, and public health services. Driven to engage, equip, and inspire individuals, teams, and communities to work collaboratively toward meaningful outcomes. Proven leader of diverse groups ranging from international conference workshop facilitator to local non-profit board of directors' president.

Professional Experience

Portfolio Manager: Injury Prevention Coordinator

October 2020–Present

MAYO CLINIC TRAUMA CENTER, Rochester, MN

- Lead data surveillance to drive informed, strategic decision-making
- Conduct or review needs assessments to determine in-scope projects and programs
- Co-design, implement, and monitor injury prevention projects and programs for pediatric and adult populations
- Develop and manage project and program budgets
- Manage inventories for pediatric and adult programs
- Provide injury prevention leadership at local, state, regional, and national levels
- Offer expert guidance on injury prevention initiatives within the institution and among
- Manage coordination of multi-disciplinary teams and volunteers among community partner agencies

Clinical and Executive Wellness Coach

September 2019–October 2020

MAYO CLINIC HEALTH LIVING PROGRAM, Rochester, MN

- Served as a board-certified clinical health and wellness coach for executive health program patients
- Co-designed patient-centered resiliency and health promotion programs
- Co-developed the Capacity Coaching research program
- Earned promotion to Assistant Professor in Health Care Administration for the Mayo Clinic College of Medicine and Science

Employee Well-being Specialist

March 2014–September 2019

MAYO CLINIC DAN ABRAHAM HEALTHY LIVING CENTER, Rochester, MN

- Served as a leader and expert board-certified coach, certified fitness trainer, quantitative fitness evaluator, and certified health educator
- Led the quality improvement project for the preventive/internal medicine third-year medical residents
- Managed medical resident schedules, communications, and qualitative evaluations.
- Conducted interdepartmental qualitative research
- Co-authored a Capacity Coaching publication in a peer-reviewed journal
- Earned promotion to Instructor in Family Medicine and Instructor in Health Care Administration

Program Manager: Therapeutic Exercise

January 2012–March 2024

CAMBRIDGE CHIROPRACTIC CLINIC, Cambridge, MN

- Initiated, facilitated, and managed the rehabilitative exercise program
- Developed 1:1 rehabilitative and preventative exercise programs for patients
- Assisted in administrative duties and patient record management

Cardiopulmonary Exercise Physiology Technician

August 2008-December 2010

CLEARWATER HEALTH SERVICES, Bagley, MN

- Provided ACLS-certified EKG technician services for emergency department, hospital inpatient, and clinical outpatient populations
- Conducted clinical exercise stress tests and pulmonary function tests
- Applied, transmitted, documented, and disseminated 24-hour Holter monitor and 30-day event monitor equipment and results
- Cardiac and Pulmonary Rehabilitation administrative duties and direct patient care responsibilities
- Designed, implemented, and managed the employee wellness program

Adult Foster Care Mental Health Rehabilitation Worker

October 2006 – September 2010

RULE 26 LTD. OF DULUTH, Bemidji, MN

- Delivered direct services as part of a collaborative team for adults living in short- to mid-term foster care homes, addressing needs of individuals with severe and persistent mental illness
- Responded immediately and effectively to emergent needs
- Developed and implemented personalized care plans to enhance residents' psychiatric stability, improve social competencies, improve likelihood of independent living success, and to enhance community engagement skills

Education

MS, Health Education and Behavior – University of Florida, Gainesville FL

BS, Community Health – Bemidji State University, Bemidji MN

BS, Exercise Science – Bemidji State University, Bemidji MN

Additional Skills

- Proficient in Microsoft Office 365 (Word, Excel, PowerPoint, OneNote, Outlook, Teams, SharePoint)
- Fluent in English, professional working proficiency in American Sign Language, limited working proficiency in Spanish