

"TOYS ARE CHILDREN'S
WORDS AND PLAY IS
THEIR LANGUAGE"
— GARY L. LANDRETH.



LITTLE LIFE WARRIORS
Play Therapy

KINDY UPLIFT TRAINING FOR EDUCATORS 2024

Using Play Therapy
Strategies to:

- Communicate and guide behaviour effectively with children.
- Set limits confidently.
- Value the power of play.
- Develop emotional intelligence and self-regulation strategies.



Alison Colville

Early Childhood Teacher/ Registered Play Therapist

Hi, I'm Alison, a registered play therapist and early childhood teacher with 30 years of experience working with children and supporting their development, and advocating for play-based learning.

I became a play therapist after recognising an increase in the need for extra support for some children in my classroom, and in a large group. I was frustrated at not being able to offer this extra support.

I recently launched my private practice, Little Life Warriors Play Therapy, in Bundaberg and I'm passionate about sharing all the strategies I wish I knew when I was in the classroom. Are you ready to join the Little Life Warrior Learning Journey?

To register interest please contact Alison:

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PLAY THERAPY

FREQUENTLY ASKED QUESTIONS

What does play therapy entail?

Play therapy is a developmentally appropriate method of child therapy rooted in theory, leveraging children's natural communication style. Therapists skillfully utilize play therapy to assist children in articulating their concerns when they lack the verbal skills to convey their emotions and ideas. In this approach, toys serve as the child's vocabulary, and play acts as their way of communication.

Priority Areas of Kindy Uplift Funding

Little Life Warriors Play Therapies Educator Professional Development meets the priority areas in:

Social and emotional capability
Access and inclusion

By Participating in the Workshop and Mentoring Sessions, Educators Will:

- Critically reflect on own beliefs and practises around communicating and guiding children's' behavior.
- Learn and utilize play therapy strategies in the classroom, including setting limits confidently.
- Explore the stages and themes of play and how they underpin children's behavior and their development in emotional regulation skills.
- Critically reflect on the power of play.
- Identify accommodations to promote an inclusive environment for all children.
- Have FUN on a journey of developing professionally and providing better outcomes for all children's social and emotional development.

- Four hour Training (Can be split into two sessions.)

- Available Saturdays and evenings.

- Online mentoring sessions included.

Contact me for more options!



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