

Parent Information Session

- 1.5-hour parent information session designed for Kindergarten families
- Introduces play therapy and how play is a child's natural way to communicate
- Builds understanding of how to connect with your child through child-led play
- Shares simple, practical ways to strengthen connection, trust, and safety
- Guides parents on setting clear and respectful limits and boundaries
- Teaches co-regulation strategies to support children through big emotions
- Focuses on responding with calm, consistency, and confidence
- Interactive and easy to follow with real-life examples
- Provides tools parents can use straight away at home to support emotional development



For More Information:



www.littlelifewarriors.com.au

My Approach

- Play is the pathway
- Connection comes first
- Behaviour is communication
- Safety and trust drive learning

About Me

Registered Play Therapist and Early Childhood Teacher

30 years supporting children and families and founder of Little Life Warriors.

I am passionate about:

- Play-based learning
- Supporting emotional development
- Working alongside educators and families
- Creating safe, non-judgemental spaces

-Diploma of Childcare (1999)

-Bachelor of Early Childhood Education (2004)

-Diploma of Business Management Community and Education (2015)

-Graduate Certificate in Play Therapy Studies (2023)

-Masters in Autism (qualifying as Developmental Educator 2027)

-Full Registration with Play Therapy Practitioners Australia (PTPA)

-Registration with Queensland College of Teachers

Your Parent Session:

Date:

Time: