

Child-Centered Play Therapy

Evidence-Based

2-12years

No referral Required

Little Life
WARRIORS

- **Child-Centred Play Therapy**
- **Outreach Play Therapy**
- **Teleplay Therapy**
- **CPRT Child Parent Relationship Therapy**
- **Educator Training**
- **LEGO Based Therapy**
- **Early Childhood Key Worker**

What is Play Therapy?

Ever wondered what Play Therapy is all about? Picture this: it's like a magical toolbox for child therapy, where toys are the secret language and play is their superpower! Skilled therapists dive into this world of play to help kids express their thoughts and feelings when words just won't cut it. It's like a fun, creative way for children to chat with their emotions!

Could Play Therapy benefit my child?

Studies show that play therapy is effective for children dealing with various social, emotional, behavioral, and learning challenges, such as:


Anxiety, Divorce, Trauma, ADHD, Autism Spectrum Disorder, Death, grief, and loss, Chronic illness, Physical and/or sexual abuse, Domestic violence, Natural disasters, Social and relationship challenges.

Contact Alison:

 0498558415

 alison@littlifelifewarriors.com.au

 1/20B Quay St Bundaberg.

 www.littlifelifewarriors.com.au



“It takes sunshine and rain to make a rainbow. There would be no rainbows without sunshine and rain.”