



Kindy Uplift and Educator Training 2025

Play Therapy Tool Box Tips (2hr)

Utilizing Play Therapy Strategies to:

- Effectively communicate and guide children's behavior.
 - Set boundaries with confidence.
- Foster emotional intelligence and develop self-regulation techniques.

Building Emotional Intelligence and Self Regulation Skills (2hrs)

- Exploring social and emotional development.
- Strategies and ideas to implement in your classroom.

The Power of Play (2hr)

- Harnessing Child-Directed Play in Your Classroom
- Understanding the Impact of Unconditional Positive Regard
- Critically Reflecting on Your Practice

What is Trauma-Informed Practice? (2 hours)

- Understanding trauma response behaviors in children.
- Linking trauma responses to brain development.
- Techniques for communicating with children using trauma-informed practices.

Contact Alison:

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"It takes sunshine and rain to make a rainbow. There would be no rainbows without sunshine and rain."



- Two-hour training sessions
- Offered on Saturdays and evenings
- Available both online and in-person
- Online mentoring can be incorporated
- Consultations and reports provided for Quality Improvement plans

Feel free to reach out for more options and to discuss how we can customize the training to suit your needs!



Alison Colville

Early Childhood Teacher/ Registered Play Therapist

Hi, I'm Alison, a registered play therapist and early childhood teacher with 30 years of experience working with children and supporting their development, and advocating for play-based learning.

I became a play therapist after recognising an increase in the need for extra support for some children in my classroom, and in a large group. I was frustrated at not being able to offer this extra support.

I recently launched my private practice, Little Life Warriors Play Therapy, in Bundaberg and I'm passionate about sharing all the strategies I wish I knew when I was in the classroom. Are you ready to join the Little Life Warrior Learning Journey?



• **Priority Areas of Kindy Uplift Funding**

- **Little Life Warriors Play Therapies Educator Professional Development meets the priority areas in:**
 - **Social and emotional capability**
 - **Access and inclusion**

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