

Professional Development Training Options 2026

For Disability Support Practitioners,
Inclusion Support Practitioners, Allied Health
Support Workers, Support Coordinators etc:

Play Therapy Tool Box Tips (2hr)

Utilizing Play Therapy Strategies
to:

- Effectively communicate and guide children's behavior.
- Set boundaries with confidence.
- Foster emotional intelligence and develop self-regulation techniques.

What is Trauma-Informed Practice? (2 hours)

- Understanding trauma response behaviors in children.
- Linking trauma responses to brain development.
- Techniques for communicating with children using trauma-informed practices.

Every Brain Matters - An Inclusion Journey (2hr)

- Build confidence in creating safe, inclusive support environments for children and young people, including neurodivergent participants.
- Learn practical strategies to recognise, respond to, and support individual strengths, needs, communication styles, and regulation profiles in daily support work.
- Explore real-world scenarios and tools to apply neuroaffirming, person-centred practices in routines, transitions, and relationships.

Contact Alison:

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“It takes sunshine and rain to make a rainbow. There would be no rainbows without sunshine and rain.”



- Two-hour hands-on, real world training sessions
- Offered on Saturdays and evenings
- Available both online and in-person
- Online mentoring can be incorporated

Feel free to reach out for more options and to discuss how we can customize the training to suit your needs!



What do Participants Say....

"Thankyou
It has been really good training
and it is great when you do see
your team using these new
skills and reflecting on their
practices."

Bright Horizons Childcare

"I wanted to reach out to you
and say how inspiring you were
at last nights training."

Free Range Kids

"Thank you so much Alison
from Little Life Warriors Play
Therapy for the important
professional development
training on trauma-informed
practice! You presented the
information in such a real,
relatable, and practical way—it
really hit home. Supporting
children's mental health is so
important, and we're already
using the strategies with our
Little Gumboots children."

*Little Gumboots
Early Learning Centre*

Alison Colville

Early Childhood Teacher, Registered Play Therapist, Early Intervention Practitioner

Hi, I'm Alison.

I'm a registered play therapist and early childhood teacher with over 30 years of experience supporting children and families through play-based and relationship-focused approaches.

I have worked as a play therapist for the past 4 years.

I founded Little Life Warriors Play Therapy in Bundaberg to create a space where children feel heard, seen, and safe.

A place where they can find their people.

A place where they belong.

Little Life Warriors proudly won Micro Business of the Year and the Innovation Award at the Bundaberg Business Awards 2026.

These awards reflect the heart of the work.

Building a community where children grow, connect, and build emotional strength through play.

My journey into play therapy began in the classroom.

I saw more and more children needing deeper emotional and relational support than I could offer in a group setting.

I knew something had to change.

So I changed my path.

I bring both professional training and lived experience to this work.

I am neurodivergent.

I am also the parent of a grown son with autism.

This shapes how I listen, how I support, and how I see each child.

I am currently studying a Master of Autism to deepen my understanding and advocacy for neurodivergent children and families.

At Little Life Warriors, children are not fixed.

They are understood.

They are supported.

They are welcomed exactly as they are.

Are you ready to join the Little Life Warrior learning journey?



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