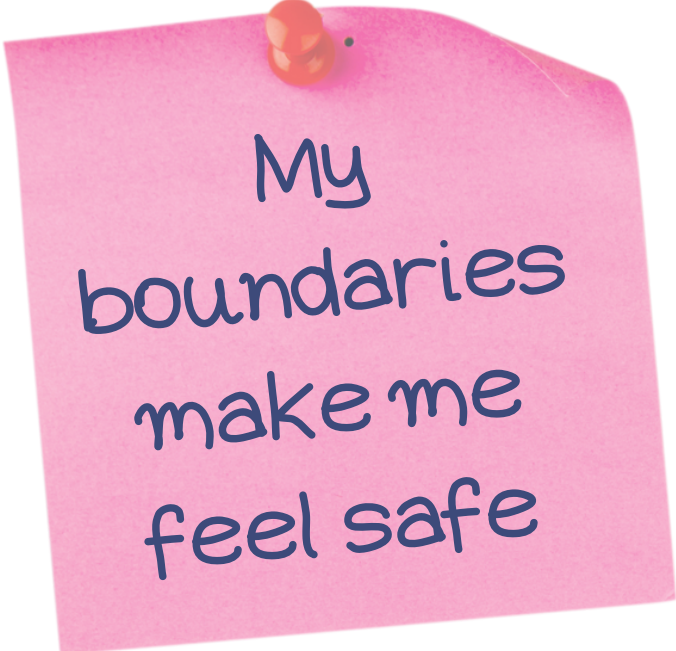
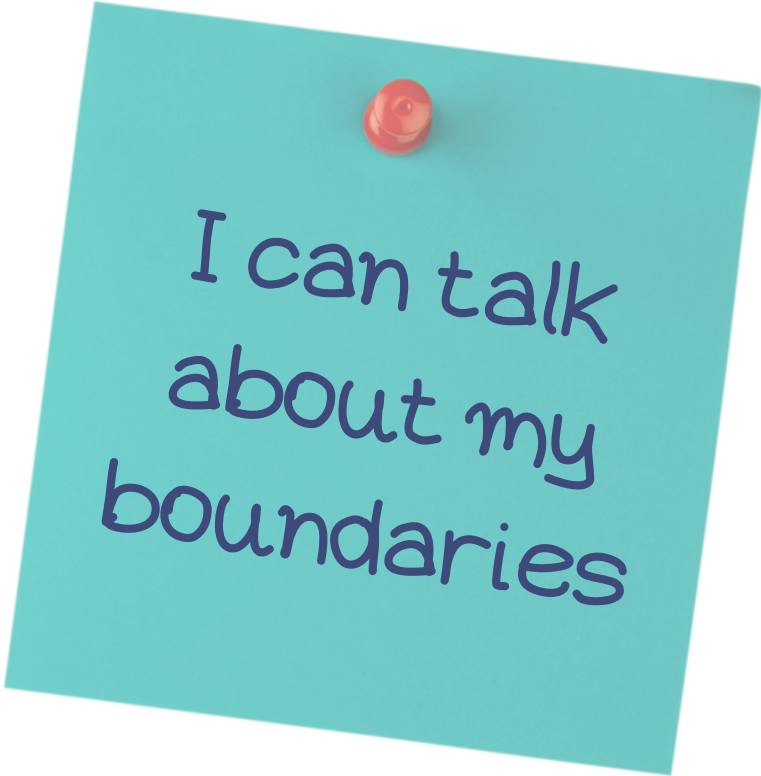


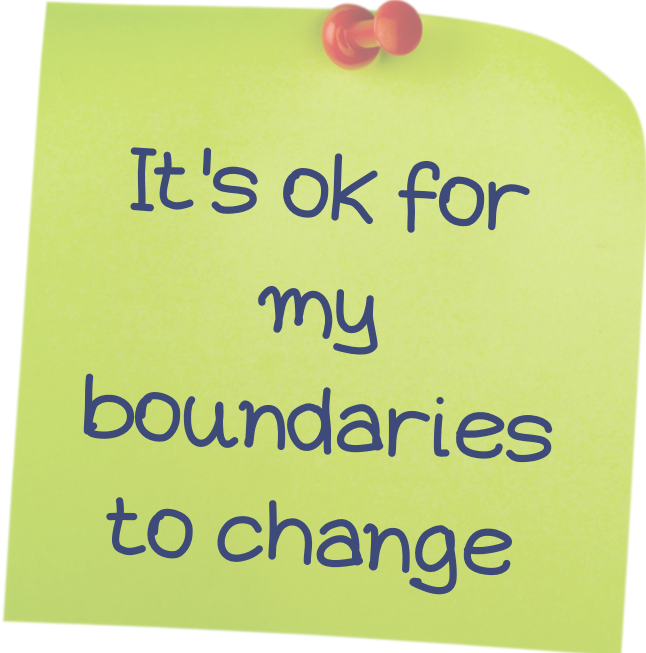
Boundary Affirmations



My
boundaries
make me
feel safe



I can talk
about my
boundaries



It's ok for
my
boundaries
to change



I respect
other
people's
boundaries