

Making Decisions Top Tips

Ask Questions

Asking questions can help us to know more things, which can make it easier to make decisions!

Know Your Values

Knowing your values will help you to make decisions that you feel more comfortable with.

Think Ahead

Have a think about how your decisions will impact the future, and not just the here and now! Try and think ahead a little.

Think of others

Think about how your decisions may impact others. Will it have a good or bad impact?

Talk About It

If you're finding it tricky to make a decision, talk to someone about it. They may be able to help you!

