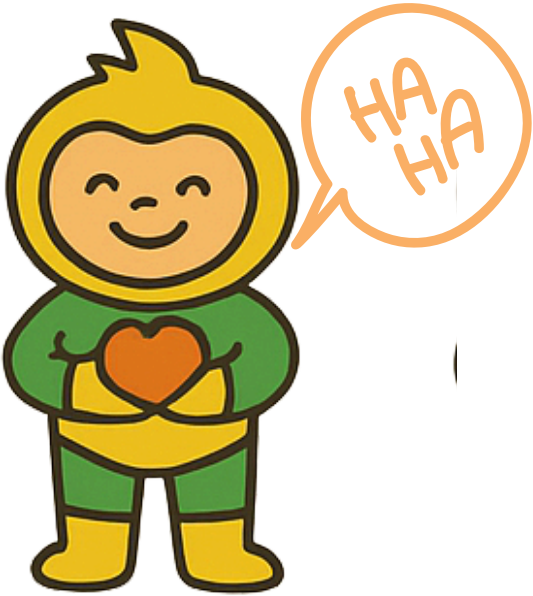
Little Life WARRIORS

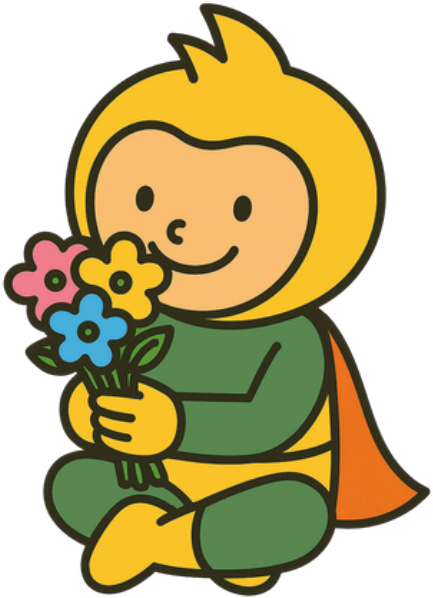
- What made you laugh today?
- Who do you love laughing with?
- How does laughing change the way your body feels?



Laughter

Little Life WARRIORS

- What is one kind thing you can do for someone today?
- How do you feel when someone is kind to you?
- When is it hard to be kind?
-



Kindness

Little Life WARRIORS

- Why is telling the truth important?
- How does it feel when someone is honest with you?
- What helps you speak the truth, even when it's tricky?



Honesty

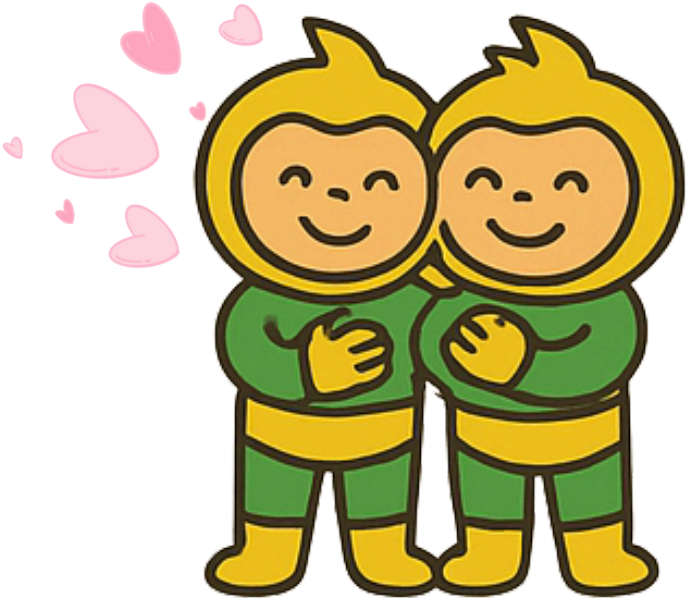
- How do you show respect at home or school?
- What does being respectful look like?
- How do you want others to treat you?



Respect

Little Life WARRIORS

- What makes someone a good friend?
- How do you look after your friendships?
- When do you feel most connected to a friend?



Friendship

Little Life WARRIORS

- What are three things you are thankful for today?
- How does gratitude change your mood?
- Who are you grateful for in your life?



Gratitude

Little Life WARRIORS

- Who do you trust and why?
- What helps you build trust with someone?
- How do you show others they can trust you?



Trust

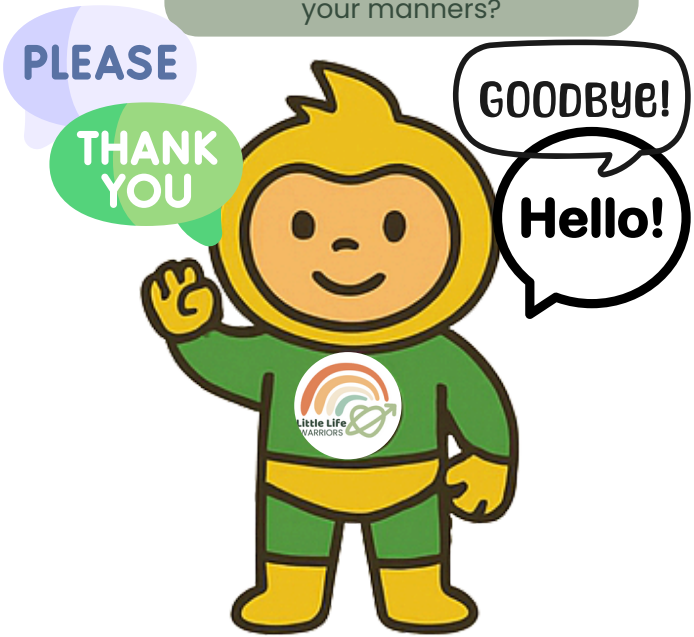
Little Life WARRIORS

- When was the last time you were brave?
- What helps you be brave when you feel unsure?
- Who do you think is brave, and why?



Bravery

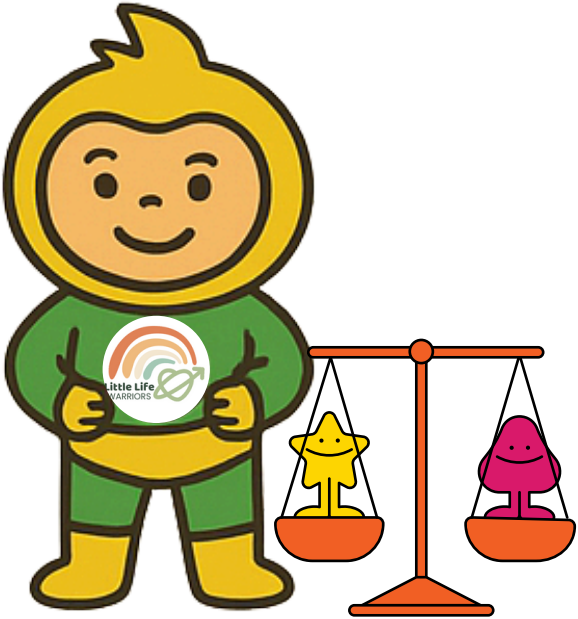
- What good manners do you use every day?
- How do manners make others feel?
- When is it hard to remember your manners?



Manners

Little Life WARRIORS

- What does fairness mean to you?
- How can you include everyone?
- How do you feel when things are equal for everyone?



Equality

Little Life WARRIORS

- What is something you do well?
- When do you feel most confident?
- How do you talk to yourself when you need a confidence boost?



Confidence

Little Life WARRIORS

- What do you love learning about?
- What is something new you want to explore?
- What questions are on your mind today?



Curiosity

- What makes someone a good leader?
- When have you helped lead others?
- How can you lead with kindness?



Leadership

- What helps your body feel calm?
- Where is your “peaceful place”?
- What can you do when things feel stressful?



Peace

- What adventure would you love to try?
- What makes an adventure fun?
- How do you feel when you try something new?



Adventure

Little Life WARRIORS

- What do you like to make or imagine?
- How does being creative make you feel?
- What helps your creativity grow?



Creativity

Little Life WARRIORS

- What does fair look like in your world?
- When have you stood up for fairness?
- How do you feel when things aren't fair?



Fairness

Little Life WARRIORS

- What brings you joy?
- Who makes you feel joyful?
- How do you share joy with others?



Joy